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How to find the perfect venue

Planning the office Christmas party? The most important thing to jot down on your to-do list is booking the venue as the best ones tend to be booked months in advance of the winter period, ***writes Sarah Barnard***.

When looking for a prospective Christmas party location, take into account factors such as accessibility from your office (there's no point booking somewhere that involves a three-hour commute in rush-hour traffic), the venue's capacity and, most crucially, the choice of catering on offer.

Location, location, location

There's nothing worse than hopping on to a coach in your glad rags only to be plonked outside a dilapidated Chinese restaurant on the outskirts of hell at the other end.

Of course, budgets can have an immense impact on your choice of venue, but it doesn't have to be The Ritz to impress.

Just be sure to choose somewhere that is vibrant, welcoming to the eye and has enough room to keep those dancing feet happy after the meal.

Catering for the crowd

A word to the wise is to take everyone's food tastes into account when perusing your party options. An ideal compromise may be a venue that offers a buffet selection, or somewhere that can cater for several different palates if chosen in advance. Be warned that there is such a thing as turkey overkill during the festive period, so it may be kinder to opt for something that your workmates may not be sick of by the time Christmas Day arrives.

Exclusivity

While it's unlikely that the office kitty can stretch to hiring out an entire venue alone, there can be nothing worse than sharing your annual celebrations with mountains of other drunken corporate stran-gers playing Pin The Tail On The MD or, worse still, bumping into your old boss and telling him what you really thought of him after one too many champers.

Try and aim for somewhere that can easily be divided into areas to house each party separately, or else a smaller location where your company can overrun for the evening and the venue will appreciate the business more.

All good things in moderation

No one can resist free alcohol. There tends to be an intrinsic reflex action in many of us to pounce on any gratis vino as if it were our last few hours on Earth and our lives depended on it. Needless to say, there is a pattern at many an office party which involves drinking five times your own body weight and either trying to chat up your boss's other half or making a nitwit of yourself in a fashion that will be repeated in every monthly company newsletter.

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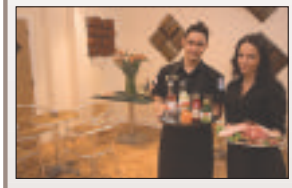

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SALT SHOCKER SHAKES TOWN

Drug dealers using historic Epsom Salts in cocaine

Epsom's most famous export is being used by criminal gangs to prepare illegal drugs.

Drug dealers use the salts, or magnesium sulphate, to add weight to pure cocaine or to purify crystal meth, a powerful amphetamine.

Forums on the internet teach step-by-step how to use Epsom Salts, which were first discovered in the town in 1618, for both purposes.

A man was recently jailed in Birmingham for his part in a multi-million pound drug smuggling ring which used Epsom Salts and glucose to cut high quality amphetamines into smaller batches.

Yesterday there was concern among residents about its illegal use.

by THAIS PORTILHO-SHRIMPTON
tpshrimpton@london.newsquest.co.uk

Epsom Protection Society Secretary Malcolm Boyd said: "It's a shame that the good name of Epsom is associated with that kind of activity. It's deplorable really.

"We certainly don't wish to be associated with it all," he added.

Epsom Salts were discovered by accident in 1618 by the farmer Henry Wicker. He found the mineral in water which had gathered in one of his cow's hoofprints as he grazed on Epsom Common.

The town then became a famous spa until the chemistry of Epsom Salts was revealed in 1695 and people realised magnesium sulphate was a very common substance and could be found in other places.

Nowadays, Epsom Salts is marketed by several different companies around the world, and has no relation to Epsom town apart from carrying the same name.

It is not the only controversial use for the chemical. There has been a demand for Epsom Salts in the Spanish bull-fighting industry for several years as a handful of it, given to the bull in time, makes it edgy and distracted, and no risk for the matador.

A spokesman for Surrey Police said: "Surrey Police is aware that powder-based drugs are often 'cut' with other substances to decrease their strength and increase profitability.

"This problem is not specific to Surrey and any guidance for chemists would be issued nationally."

But not everyone was worried. Tom Dethridge, former Chairman of the Epsom Protection Society said: "I wouldn't be terribly concerned about having Epsom's name related to it myself.

"As in the saying, no publicity is bad publicity."

❑ Salty opinion – see page 4

What do you think about Epsom Salts being used by dealers? Have your say at yourlocalguardian.co.uk

Inside

■ Smiling Big Issue seller becomes local cult hero . . page 5
■ Epsom Guardian becomes part of history . . . . . page 6

In tune: Why did these stars from ITV1's X Factor talent show come to Epsom this week? Find out on page 4

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Saturday
Join in the fun at the Friends of Ewell Court Library's Halloween Hallabaloo at Ewell Court Library, Lakehurst Road, Epsom.

Sunday
Honeywood Museum, Honeywood Walk, Carshalton, holds a spooky afternoon.

Monday
Take part in a family fun day at Cheam Methodist Church's hall, Church Hill Road, Cheam.

Tuesday
Former Young Ones star Adrian Edmondson's band Bad Shepherds will be playing at the Half Moon, Upper Richmond Road, Putney.

Wednesday
The Selfish Giant performs at the Epsom Playhouse, Ashley Avenue, Epsom.

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Stars come out to help the heroes

by HELEN CRANE
hcrane@london.newsquest.co.uk

X factor stars came to Epsom to record a video to help Britain's war heroes.

The singers went to Headley Court military hospital, in Epsom, on Monday to record a video for charity Help For Heroes.

They have already recorded a cover of Mariah Carey's hit Hero for the charity, X factor's first ever charity single, at Metropolis studios in London.

The single will help raise the money needed for refurbishing out-of-date facilities at the military's rehabilitation centres in Birmingham's Selly Oak Hospital and at the Tri-Services base, Headley Court.

All 12 finalists are set to perform the song live on the X factor stage on October 25 and the track will be available for download immediately after that night's show.

The single will hit the shops on October 27, a few weeks before Remembrance Sunday.

Judges Simon Cowell, Dannii Minogue and Cheryl Cole have shown support for Help For Heroes, by wearing the charity's colourful rubber band bracelets and Cowell predicted the single would be a number one hit.

Help For Heroes is a charity that supports the rehabilitation of British troops injured in Afghanistan and Iraq.

The charity offered to split the money from the single with the Poppy Day campaign.

Headley Court hospital currently serves 180 military patients and has recently increased the number of beds available for patients with serious injuries from 18 to 66.

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Simon Banks: Flying for a day Deadlinepix GH2591

A chance to be Peter Pan

Simon Banks, the stage and technical manager at Epsom Playhouse, has always kept his feet firmly on the ground – that is until last Wednesday.

The chance to play Peter Pan was too hard to resist and after having spent five hours installing the flying equipment for the Playhouse panto, Simon decided to try Peter's harness out for size.

"It is great – fantastic" he said as he swooped above the stage.

"I have waited 23 years for a chance to do this."

Specially trained technicians tugged on ropes and pulleys as Simon flew gracefully from one side of the stage to the other and tried out some other, rather less graceful, manoevres. Eventually he was so at home that he even had his afternoon cuppa suspended 10 feet above the stage.

Peter Pan is expected to play to packed houses when it opens.

What do you think of drug dealers using Epsom Salts to prepare drugs?

Cheryl Long, 35, housewife, of Leatherhead
"People who take drugs find lots of nice things to ruin. There's a whole generation of drug users who spoil things and I'm not at all surprised because they always find new ways to ruin good things."

Rupert Hoyle, 69, retired, of Aldershot
"I think it spoils the image of Epsom Salts and of Epsom, but if it works for them how are you going to stop them using it? This probably shouldn't be mentioned anyway, it's almost like giving people ideas."

Sarah-Jane Ashby, 20, Fashion Journalism student, of Epsom
"This is the first I ever heard of it, but I think it's bad. People who don't know anything about Epsom might get a bad idea of what the place is like."

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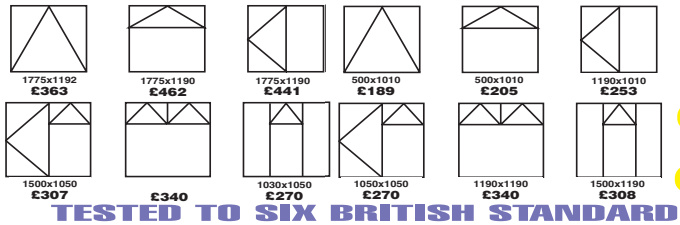

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Big Issue man is hit on Facebook

by THAIS PORTILHO-SHRIMPTON
tpshrimpton@london.newsquest.co.uk

A man who sells The Big Issue outside a mall in Epsom has been elevated to the status of local celebrity thanks to a social networking site.

Domitro Nicole, 35 – or John Domitro, as he likes to be called – has had a group created in his honour on Facebook.

The group has more than 1,500 members and is called Epsom Happy Big Issue Guy Appreciation Group.

The Big Issue seller, who works just outside Ashley Centre, came from Romania eight years ago. He said: "I didn't like it there, but I like the UK."

He makes an average of only £20 a day selling the magazines but is known to locals as an extremely happy person, who greets everyone warmly – even if they do not buy a copy.

Local celeb: John Domitro

Mr Domitro does not have access to the internet and was surprised to learn the people he calls "my friends" had created a group in his honour.

"They're all my friends, so this makes me very happy," he said. And although he speaks little English, Mr Domitro said he wants to stay in the UK. His family still lives in Romania.

The Big Issue man, who earns only the money from magazine sales, rents a bedroom from a friend for £65 a week and works everyday from 11am until he runs out of magazines or 5pm, standing outside Starbucks in Ashley Road.

Several messages were left on Facebook. Eloyse Lockyer wrote: "This is officially the happiest person I know."

"This guy is awesome. He like stands there and no one accepts, but he gets on with it. And he's a plain legend," wrote Jake Roberts.

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Happy: Megan Keast, nine, from Tadworth, has landed a role in Les Miserables

Deadlinepix EP23400

Miserable? Not Megan

A talented nine-year-old has landed a role in a West End musical.

Megan Keast of Tadoarne Road, Tadworth, auditioned for the roles of Cosette and Eponine in the musical Les Misérables, based on the novel by Victor Hugo.

She will play Eponine and be the understudy for Cosette. "It's not actually a big part, but it's still a part and I am very happy with it," Megan said.

The Downsend School year-five student was in class when her mother Katherine Keast, 38, received an email confirming the part. "She went all the way to my school to tell me I had got the part," said Megan.

Megan also attends the Epsom Stagecoach theatre school, where she sings and dances.

Mrs Keast said: "It was always my dream to see a daughter of mine in the West End. I think it's fantastic, but I'm a bit apprehensive about it because it's her first job in London."

Pupils put safety of others first

'A credit to the school': Connor Judson and Joe Derrington

Two schoolboys have been hailed as heroes after shepherding fellow students away from a blazing car that was in danger of exploding.

They were aided by former mayor of Epsom ex-councillor Brian Angus who also moved passersby away and directed traffic away from the fire during Wednesday morning rush hour.

Blenheim High School pupils Connor Judson, 15, and Joe Derrington, 16, saw the blazing car on the bridge over the railway line at West Ewell Station, one of the area's busiest routes.

Concerned that fellow students were standing too close if the car should explode, they moved them on and rang the police and fire brigade and walked down to the nearby junction to divert traffic away .

Fire engines arrived speedily but as there was no one to divert the traffic they hailed an off-duty fire van and asked the fire officer to block the road with his van to stop traffic heading for the bridge.

Mr Angus, who has a hi-visibility jacket for use in his work as president of Epsom and Ewell St John Ambulance, donned his jacket and went to work keeping traffic away.

"I walked along the queue telling hundreds of motorists 'you cannot get over the bridge but you can get to the station'. You could see this upset the travel plans of lots of people, including the mayor and mayoress!"

After the incident Blenheim High School received many calls from the public praising the students.

Headteacher Teresa Leech said: "Too often in the newspapers today you hear of the bad behaviour of teenagers.

"Today, we saw how two young Blenheim students immediately put the safety of others before themselves when faced with danger.

"They are a credit to the school and their parents'.

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Blaze: Firefighters put out the car fire

Photo Brian Angus

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Warning on Halloween

Special police patrols will be on duty in Ashtead at Halloween to stop antisocial behaviour on what has become the busiest night of the year for police.

Shops have been asked not to sell flour and eggs to youngsters and parents have been asked to talk to their teenagers about the difference between criminal behaviour and Halloween fun.

"We would be grateful if parents could discuss this with their children to ensure that they do not go out on Halloween and commit offences of criminal damage by throwing eggs or similar items at property," wrote PC Jason Woods, Ashtead's specialist neighbourhood officer in the neighbourhood watch newsletter.

"If you witness any incidents that you feel step across the line of what is acceptable, then please report them immediately on 0845 125 2222."

Putting babies in burgers

by HELEN CRANE
hcrane@london.newsquest.co.uk

A Ewell dad is cheerfully admitting to having a sick and twisted imagination and is hoping that it could lead to fame and fortune.

Tony McGuin has just published his first book, Ordinary World, which is likely to shock, horrify and amuse.

The repulsive topic is baby burgers, or fast food made from unspeakably nasty ingredients – which Guardian readers will be left to imagine – and the hero Gordon's struggles with big business.

Gordon owns a company, Recovered Unwanted Meat Deals (RUM Deals), and the book is about big business and the depths it will sink to if allowed to do what it pleases.

The story outlines how such a thing could come about and how it also becomes dramatically unstuck.

Tony, 36, who lives in Pams Way, was brought up in a family where all members frequently had their heads stuck in a book.

The next stage was to start writing himself.

"I am an extremely twisted and bizarre individual. I was blessed, or cursed with this twisted imagination and the safest thing is to put it down on paper. This is my first book. I have had other projects but usually just for friends and family," he said.

Tony, who works in business publishing, has another book on the way.

"I have a scheme which I am just fleshing out about a third sex, and genetically modified food. Nature throws up a third sex but I haven't yet decided whether it will be compatible with men or women.

"At home I am just a normal family man, married with two kids, neither of whom have appeared in burgers or baps!"

Ordinary World is published by LL-Publications.

For the best reviews visit yourlocalguardian.co.uk

Tony McGuin's controversial new book Ordinary World

New Tesco store 'unwelcome'

More than 90 per cent of the 850 people who completed a questionnaire about the proposed Ashtead branch of Tesco said the supermarket would not be welcome.

Only 8 per cent of the people who responded to the Ashtead Residents' Association questionnaire said a scaled down version would be acceptable, while 88 per cent agreed with the statement that another Tesco supermarket in Ashtead would restrict competition and consumer choice.

This week the residents' association sent a letter to Mole Valley District Council, outlining its objections to the proposed supermarket to be built on the site of the former Esso garage in The Street.

Tesco has put in a planning application for a supermarket with nine homes above it.

To comment on Tesco's plan go to yourlocalguardian.co.uk

Time capsule is buried to celebrate woodland walk

A copy of the Epsom Guardian was buried in a time capsule in the grounds of The Greville Primary School, Ashtead, on Monday, along with pieces of the children's work, newsletters, coins and stamps and a sample of school uniform.

The capsule was buried ready to be dug up in 50 years time when the older children at the school reach retirement age.

The burial was part of the ceremony held to mark the opening of the school's woodland walk, created to celebrate the school's 50th anniversary.

The walk was constructed by Mark Bingham, a parent at the school, who runs a gardening company called Green With Envy.

Part of the work involved clearing a large area of brambles.

Atkins of Leatherhead donated a storyteller's chair for the woodland and the school's gardening club has planted 1,000 bulbs to bring spring colour to the walk.

Headteacher Christine Webb said "This is the first phase of the woodland walk.

"The second will be to provide a seating area in front of the storytellers chair so that it can be used as an outside classroom. We also intend to plant the area with shrubs and flowers. Huge thanks must go to Mr Bingham and his team, together with members of staff who have worked extremely hard to make this such a lovely area."

Time Capsule: Ben Harding, Juliet Martin and Mark Bingham burying The Greville Primary School's time capsule

The best schools news is at yourlocalguardian.co.uk

NEWSbrief

CLOCKING IN: The civic amenity sites in Blenheim Road Epsom and Randalls Road Leatherhead have adopted their winter opening hours to mark the clocks going back on October 26.

The opening hours at the sites are from 8am to 4.5pm Monday to Friday and 9am to 4.15pm on Saturdays and Sundays.

JUST WARMING UP: Mole Valley Community Planning Group is holding an event in Leatherhead to help raise awareness of 'Warm Front', a new Government-funded initiative.

The number of older and vulnerable people living in fuel poverty who spend more than 10 per cent of their annual income on fuel is set to rise this winter.

The Warm Front scheme has been introduced to help people on certain benefits who need to keep warm but might not have been able to afford to do so.

The event, taking place in November 5 from 12.30pm to 2.30pm at Park House, Red House Gardens, provides the opportunity for any frontline staff, such as personal carers, social workers, community and housing wardens and anyone who regularly visits an older or vulnerable person, to find out more about Warm Front and the services on offer.

QUESTION TIME: School pupils are being invited to celebrate Local Democracy Week with a Question Time event chaired by BBC newscaster and journalist Nicholas Owen.

The event, taking place on November 5, will be held in the New Council Chambers in Reigate and Banstead Borough Council Town Hall.

Students will be able to question a panel consisting of a police officer, a councillor, a sportsman and a journalist.

Students will have an opportunity to use the electronic voting system and also vote in a "mock" election for the panel member who they believe was the most impressive.

BIKER INJURED: A man was injured in an accident involving a motorbike and a car.

The collision happened on Thursday, just before 8am at the junction of Alexandra Road and Kingsdown Road. The incident involved a black Saab and a black Piaggio scooter.

The driver of the scooter, a 31-year-old man, was taken to Epsom General Hospital with injuries to the leg, and has since been discharged.

The driver of the Saab, also a man, was not injured in the accident.

For more local news see yourlocalguardian.co.uk

Train just misses 'chicken' teen

by DAVID LINDSELL
hcrane@london.newsquest.co.uk

A teenager has narrowly avoided being hit by a train at Worcester Park station while playing "chicken" while his friends smashed windows with bricks, stones and bottles.

Four young people were arrested by the Met police outside the station on Friday for trespassing and endangering safety.

The 22:18 train from Worcester Park to Epsom was delayed because of the chaos on the tracks.

A spokesman for the British Transport Police said: "At least one youth reportedly stood on the tracks and narrowly avoided being struck by the incoming train.

"It appears he was playing chicken. Stones and sticks were also thrown at the train by up to three other youths."

An eye-witness reported the young men running across the track in front of a train and smashing up the windows by throwing bricks, stones and bottles.

Worcester Park councillor Stuart Gordon-Bullock, who used to work for the Health and Safety Executive, said: "I know that trespass on railways is a major concern. It beggars belief that children will do that.

"You only have to see the mess that a train will make on someone when it hits them. I have seen photos and it is not a pretty sight."

Worcester Park station was rewarded with a Secure Station award last month, by the Department for Transport and the British Transport Police.

The scheme requires stations to achieve standards in preventing and reducing crimes and pass a survey on whether passengers felt secure when using the station.

The accreditation followed a £1.8m investment by station owners South West Trains in a team of rail community officers, who patrol stations and trains on the network in an attempt to provide a safer railway.

For more local news see yourlocalguardian.co.uk

Bail given in murder case

The alleged killer of William Buckingham was granted bail in a court hearing this week.

Bus driver Daniel Press, 23, who was remanded in custody last Wednesday in Reigate Magistrates' Court, after being charged with murder, made an application for bail at the Old Bailey and was granted it for an £80,000 surety.

He remains in custody until the money is paid.

His sister, barmaid Alyssa Press, 28, and the mother of his two children Kerry Barnett, 23, also appeared in Reigate Magistrates' Court last Wednesday, charged with perverting the course of justice. They were both granted bail at the time.

Mr Buckingham, from Morden, was killed when he was struck by a car on the A24 London Road, Ewell, on Saturday, September 27. He died later that day.

A post mortem examination at the Royal Surrey County Hospital found he died after suffering severe head injuries.

Police are still forensically examining a car that is believed to be connected to Mr Buckingham's death.

Mr Buckingham had been out drinking with friends at the Star pub in Ewell Village. When walking with friends he was hit by a car that mounted the pavement.

Hitting the bullseye: Surrey Army Cadets all had the chance to perfect their archery skills

All aboard: Surrey cadets get to grip with a bit of canoeing while at the annual camp

Cadet camp adventure

White knuckle adventures filled a fortnight's camp for 400 Army Cadets from Surrey, including a contingent from Banstead, at the annual cadet camp on Salisbury Plain.

The cadets, aged between 12 and 18, had a go at kayaking, mountain biking and abseiling, as well as clay pigeon shooting and archery competitions.

In between, the cadets practiced their first aid skills, map and compass reading on orienteering courses, their military knowledge and safe weapon handling, before spending three days on a field training exercise.

A group of 23 cadets from Australia joined the camp for an annual exchange visit.

Get the latest crime stats at yourlocalguardian.co.uk

Arrests after bus swoop

A police car intercepted a bus and officers arrested two teenagers they suspected of trying to steal bicycles from outside Epsom train station.

Passengers of the 293 bus going towards Morden were surprised when a police car stopped in front of it, on Epsom Road, Ewell Village, to prevent it from moving, and an officer boarded the bus to question and search two youths in hooded tops.

The two 15-year-olds from Mitcham had boarded the bus in Epsom High Street, just outside McDonald's.

They were dressed in black tracksuit trousers and black tops, and told to step outside the bus. They were asked if they had any tools on them. Both said no and were told by the officer they would be searched.

Another officer then boarded the bus and found a JD Sports bag containing a pair of bolt cutters. The boys were told they were arrested on suspicion of going equipped to steal.

They were taken into custody at Staines Police Station and interviewed.

According to Surrey Police, it was the first time they had come into contact with them, so they have been referred to attend a youth intervention clinic where they will receive a formal final warning.

A spokesman for Surrey Police said: "Police were called by a member of the public who saw two boys trying to steal bicycles from outside Epsom station at around 3.15pm on Monday.

"From the descriptions given, CCTV operators noticed two similar boys boarding the 293 bus in Epsom High Street shortly afterwards.

Officers stopped the bus and searched the pair, finding a pair of bolt cutters inside a sports bag."

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Police question youths on the pavement after ordering them off the bus in Ewell

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Campaign sticks it to gum litter

An anti-chewing gum campaign has been a 100 per cent success in Bookham, according to Mole Valley District Council.

Even Leatherhead, a chewing gum hot-spot, has shown a marked reduction in gum thrown on the ground

Mole Valley District Council was one of 15 local authorities chosen by the Department for Environment, Food and Rural Affairs (Defra) to run public awareness campaigns to help combat the problem of chewing-gum litter.

The campaign ran for four weeks beginning in early August using bus stop advertising and posters to help raise awareness of the existence of fixed penalty notices of up to £80, which can be given to any individual caught dropping their gum.

The council's street care team monitored the 10 worst areas in Mole Valley for chewing gum on the pavement – five in Leatherhead, four in Dorking and one in Bookham.

The team measured the amount of gum on the pavements before and after the campaign and reported that overall there was a 36 per cent reduction in the amount of gum they had to clear away.

Need to contact the council?
yourlocalguardian.co.uk/li

Dig in to save the pennies and planet

by HELEN CRANE
hcrane@london.newsquest.co.uk

Environmentalist Sarah Clayton is calling on all vegetable lovers to dig for victory and to save the planet.

She wants to see some World War II habits reintroduced with the aim of beating the recession and a host of modern-day ills.

She is calling on everyone with a garden to grab a spade and head outdoors and turn their flower borders into a living larder to save money and cut the carbon emissions caused by transporting fruit and veg from all over the country and overseas.

She said: "Over the next 10 years the oil situation will be a lot worse and we need to plan now how we can be resilient. We need to start making changes now to become more self sufficient – to rely more on food produced close to home."

She would like to form a club to match up elderly people who cannot manage their gardens with people who need some garden to grow their own fruit and vegetables and who would share their produce with the owner.

"There are a lot of elderly people who are worried about their garden,who can't cope with them and who would love to have someone come in and use part of it," she said.

"There is a lot of expertise about – people who have always gardened and who can give advice.

"I grow my own carrots and beans. Some of them do look very odd but they taste wonderful. A lot of people find growing food satisfying and it can be good fun but it is something we seem to have lost as a society."

Sarah Clayton can be contacted on sarah.clayton7@ntlworld.com Waiting lists for allotments run by Epsom and Ewell Borough Council vary from 10 months to 18 months and could get longer according to a report prepared for next Monday's meeting of the leisure committee.

If the council cleared waste land and made some adjustments to its existing sites it could create an extra 60 plots.

Find out about local green groups at
www.greenguardian.co.uk

Dangling a carrot: Sarah Clayton is starting a campaign to encourage people to grow their own food

Deadlinepix EP23381

All singing, all dancing: Epsom Stagecoach students won first prize at the European novice challenge awards at Disneyland Paris

Parisian party as girls have time of their lives

A group of girls won a singing and dancing competition and had the time of their lives in Paris.

The 16 girls from Epsom Stagecoach theatre school were the big winners of the European novice challenge awards that took place at Disneyland on October 11.

The group, aged 10 to 14 years old, performed the song Time of My Life, theme of the 80s film Dirty Dancing, to scoop first prize.

They will now feature on the grand finale all winners' showcase, choreographed and rehearsed by Kylie Minogue's former trainer Tim Noble.

"Congratulations, Sutton Windows! you have got my vote for EXCELLENCE!!" Len Goodman

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NEWS*brief*

PLAYHOUSE DRAMA: The curtain is about to fall on a proposed £1m-plus investment in Epsom Playhouse to make dramatic improvements to its facilities and incorporate a small cinema.

But a report prepared for next week's Epsom and Ewell Borough Council leisure committee said that such a huge investment will not bring in enough additional income to cover the cost but it is likely that an extra £50,000 may be spent on improving the bar.

TOTS' TENNIS: Tots as young as three could soon start on their long journey to tennis stardom at a proposed new tennis school in Epsom.

Epsom Tennis Club has applied to Epsom and Ewell Borough Council for the use of three tennis courts at Alexandra Recreation Ground for four hours at the weekend to use for a youth coaching programme for children aged three and over. The club intends to charge £4 per child for a group session.

BEST PHARMACY: An Ashtead business snatched the title of best pharmacy in the south-east and is due to compete for best in the country. Lloyds Pharmacy, in The Street, won £5,000 to invest in services for the community, in the Pharmacies Academy Awards 2008.

Manager Rasha Elkary wants to help the community by providing services such as free diabetes and blood pressure testing, help to quit smoking and free emergency contraceptive for under-21s.

In the future, cholesterol testing will also be available.

The Ashtead pharmacy now represents the south-east of England in the national leg of the competition, set to take place in December.

MBE honour was 'a lovely surprise'

by THAIS PORTILHO-SHRIMPTON
tpshrimpton@london.newsquest.co.uk

A grandmother had a big surprise yesterday when she was named an MBE for 28 years of dedication to her community.

Friends of Margaret Chorlton, 64, of Chipstead Way, Woodmansterne, sent a petition and letters of support to the Cabinet Office.

She had no idea her friends were putting her forward to receive the honour, and was surprised to learn she was recognised by the Queen for services to the junior section of the Woodmansterne Operatic and Dramatic Society and the young people of the village.

Mrs Chorlton said: "It was a lovely surprise, thanks to my lovely friends who put so much effort into it."

Mrs Chorlton received the MBE from Prince Charles.

"He was lovely and all the staff were very helpful," she said.

Mrs Chorlton has been the voluntary director of the junior section for almost three decades and writes her own material for the annual pantomime performed every February by 30 young people.

Her husband, son, daughter and granddaughter went to the MBE ceremony at Buckingham Palace.

"It was surreal," said Mrs Chorlton. "I try my hardest to remember what the prince said to me, but I can't because I was very nervous."

View the latest local video news at yourlocalguardian.co.uk/news/video/videonews

Honoured: Margaret Chorlton MBE

Deadlinepix EP23420

Speaker: Ann Widdecombe checks out one of the stalls at the event

Ann talks on political life

Ann Widdecombe MP attracted an audience of more than 400 people when she was the VIP guest speaker at the annual Queen Elizabeth Foundation autumn ladies' lunch last Thursday.

She told the audience of her 35 years in politics and her recent career as an author at the lunch held at The Queen's Stand, Epsom Downs.

After the lunch she signed copies of her books and walked round the 40 stalls displaying crafts and gifts.

For the latest local news, or to leave a comment about any story on our forums, visit our website. Go to yourlocalguardian.co.uk

Quitting for two

A specialist stop smoking service aimed at pregnant women is helping women who are "quitting for two".

One of the women to benefit is Epsom baby shop owner Karen Lockwood who quit smoking with the support of the stop-smoking team after she learnt she was pregnant. She said: "Smoking just wasn't fair on my unborn baby. The help from my stop smoking advisor was fantastic and now that I've quit I feel so much healthier."

Liz Labrum, tobacco control specialist with Surrey PCT stop smoking team, said: "It's a real challenge to quit at the same time as coping with all the changes and uncertainties that pregnancy can bring.

"We recognise this and work hard to support women who want to take the positive step of quitting."

Quitting reduces the risks of serious problems including complications during labour, miscarriage, premature birth and even stillbirth. Giving up smoking also helps protect the baby from problems such as low birth weight, slower growth and a higher risk of cot death.

Almost 60 per cent of women who have asked for help have succeeded in giving up.

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Ice cream king's home could scoop lot of lolly

by KEVIN BARNES
kbarnes@london.newsquest.co.uk

The former Sutton home of the famous ice cream impresario Thomas Wall has been put on the market for a cool £475,000.

Christies estate agents have been instructed to sell the Blythewood property which was bought with early proceeds from the Wall's firm.

Thomas Wall moved to 12 Worcester Road in 1897 as he transformed his small family meat pie business into a sausage empire.

He lived there until his death 33 years later, by which time the world-renowned Wall's ice cream was enjoying sweet success.

Today Blythewood has been modernised into an upmarket three-bedroom property, with a secluded garden, glass-fronted ground floor rooms and a double garage. Only a brown heritage plaque bears testimony to its significance.

Richard Killoughery, a sales manager at Christies in Cheam, said: "Trading in sausages and pork-pies, Wall built the family business into a national one.

"His long-held concern about the number of staff he had to lay off each summer, due to the British public's aversion to eating pork during the summer months, led to the birth of the now famous Wall's ice cream brand, which today is a multi-million pound operation owned by Unilever."

Sweet property: Wall's house

The big blue W logo and the advertising slogan, "Stop me and buy one," announced Wall's ice cream to an adoring public.

In an era before refrigerators became regular fixtures, customers were told their ice creams bricks would keep for "up to two hours" while wrapped in newspaper.

Wall, born in 1846, refused simply to get fat on the profits of his business. A committed philanthropist, he financed several local education centres and founded Sutton Adult School, which has since been developed into the ground of Sutton United FC.

For more information about the Blythewood sale, call Christies on 020 8770 1625 or go to **christies-cheam.co.uk**.

Find out what homes in your street are selling for. Go to yourlocalguardian.co.uk/li

Making your day special

Brides-to-be flocked to Antoinette Hotel in Wimbledon on Sunday to see a comprehensive range of wedding goods and get advice from experts for their special day.

From wedding dresses to cakes, table decorations, cars, jewellery and photography, the hotel's first wedding fair had it all.

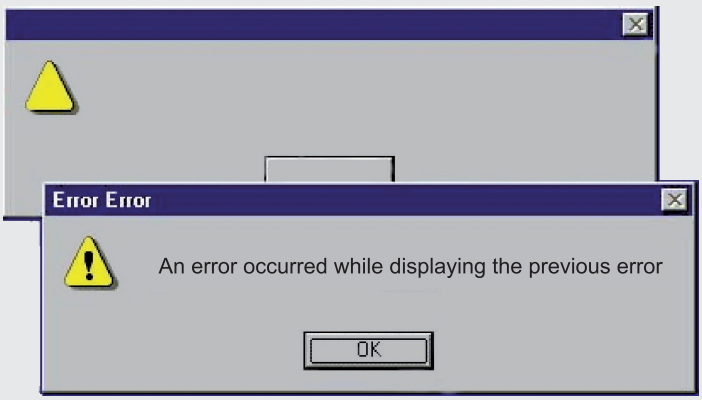
Five hundred people attended the fair and they also had the chance to take part in an amazing competition to win a £10,000 wedding package in a promotion run with the Surrey Comet and Wandsworth Borough News.

More than 80 couples took part, and three names were drawn on the day.

Don't miss the Surrey Comet or Wandsworth Borough News next week when we will reveal who they are and ask you to vote for the couple you think should win this fabulous prize.

For hundreds more local events go to yourlocalguardian.co.uk/events

Wedding belles: Frocks on show at the wedding fair



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Lucky: Jeremy Bates with Councillor Eric Howell

‘My heart attack showed me the value of exercise’

by JULIA KENNARD
jkennard@london.newsquest.co.uk

Seven years ago Eric Howell lay dead for four minutes on a cold tennis court after a heart attack.

Luckily his fellow player was a nurse who brought him back to life before the ambulance arrived 20 minutes later.

The experience set Mr Howell, 71, on a path to a healthier lifestyle and the former prison officer now uses his role as a councillor to promote the game.

This month Mr Howell stepped back on to the court to face Sutton Tennis Academy’s head honcho, former British number one Jeremy Bates.

Mr Bates, – one of only six men since the Second World War to have played 20 or more Davis Cup ties for Great Britain – is working, not merely to produce a Wimbledon champion, but also a string of front-line players.

Mr Howell said while the Academy was a vibrant training ground for players to progress to national level, tennis was also an accessible game for all to enjoy.

He said: “It was stunning to play with Mr Bates; we just had a knock about really, but he has phenomenal skill, students at the Academy are very lucky to have him.

“The point is to show that anyone can play sport, no matter what age, I’m 71 and there are kids there aged 16 and younger.

“I was given a second chance. I was still quite active before the heart attack but it showed me I needed to make changes.”

This year, Sutton Tennis Academy saw one of its former students, Laura Robson, win the 2008 Junior Wimbledon girls’ singles championship.

Mr Howell, a grandfather-of-five, said: “We have got to encourage more people to take up sport, most of it is affordable and it is all beneficial.”

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Banned governor looks to get re-elected

A school governor who was banned from its premises after speaking out against unruly pupils is planning to stand again, despite the headteacher’s disapproval.

Chris John, who was chairman of the governors at Dorchester Primary School last year, decided to run for re-election after he received backing from parents following the ban earlier this year.

Mr John was barred after raising concerns about the schools behaviour management policy. He highlighted a series of incidents, including one where a six-year-old pupil was allowed to roam the streets after stabbing a teacher with a pencil.

When Mr John took his concerns to the headteacher, he said she “resisted the need for any type of behaviour management policy.”

He was suspended from the governing body and his tenureship ended on September 1.

Mr John said: “I wanted to run for this year’s election because the issues have still not been addressed and I have a great deal of support from parents who have told me that what I did was right.”

Not allowed in: Chris John outside his daughter’s school

YOU’RE BARRED

Chairman of governors banned from entering school

Past papers: How we reported Mr John’s ban Deadlinepix GH2591

The election results will be announced after the October half-term, but Mr John believes the school and the Local Education Authority tried to keep him out of the loop. He said: “Although every other parent received a nomination form I didn’t, I had to ask for one. They are doing their utmost to try and stop me being a governor.”

Louise Austin, headteacher at Dorchester Primary school said that for Mr John to stand would be inappropriate. She said: “Mr John has every right to apply for the role, but he is under investigation because of his conduct. The governing body do not think it is appropriate that he stands again after he breached confidentiality policies.

“Raising behavioural issues was not his role, his role was to work with the headteacher and our relationship broke down. If he were re-elected, it would be very difficult.”

Are you affected by this story? Tell us about your experiences at yourlocalguardian.co.uk

All cake and no stick to get the jab done

Get the point: Nurses Lesley Merson and Angela Ogden demonstrate the flu jab Deadlinepix SU23393

A doctors surgery used the lure of cakes and coffee to try and get all their flu jabs done in a day.

Last Friday, nurses at the Shadbolt Park House Surgery, in Worcester Park, used the carrot of a raffle, tea and cakes to get people through the doors and onto the doctors table.

With the winter fast approaching, nurse Angela Ogden was keen to get as many people immunised as possible. She said: “We normally carry out the jabs over a period of time, but it makes it easier on everyone if we can get most of them done at once and doctors were walking around offering people advice.

“People can dread getting injections, but by making the day fun and sociable, I think it puts people at ease.”

The surgery opened from 7am to 7pm, and the patients’ forum were present to provide refreshments and advice. Nurse Ogden said the day went very well. “We had a lot of people and there was a nice environment for people who may not normally have chance to get out as much as they would like.”

See the future of Stanley Park High School

Designs for a £38m redevelopment of Stanley Park High School are open for public viewing.

Positioned on the former NHS-owned site at Orchard Hill, the school will offer 210 places per year, 350 sixth form places and a brand new centre for children with autistic spectrum disorders.

Planning permission for the site still needs to be granted but, once secured, the school should open to students in 2010.

Residents now have the chance to view plans and speak to representatives from Sutton Council, Stanley Park High School, designers and builders.

The council’s executive member for children, young people and learning services, Councillor Tony Brett-Young said: “I would urge anyone to come along next week and see how plans are developing.

“If residents have any concerns we will try our best to answer them.”

Site clearance of the former hospital will begin this month, but demolition will not start until all planning approval is secured.

A key priority of the plans is to ensure a cleaner, and more sustainable school environment.

An informal drop-in session will be held at the Orchard Hill site on Wednesday, October 29, between 4pm and 7.30pm.

Don’t miss our latest guide to local schools at yourlocalguardian.co.uk/education

Be on lookout for scams

David Dombey: Sutton seniors SU22418

by JAMES PEPPER
kbarnes@london.newsquest.co.uk

A postal scam which dupes old people into ringing a premium rate number to collect a parcel has resurfaced.

The scam involves a card being posted through a front door from a company called PDS (Parcel Delivery Service) saying that they could not deliver a parcel, in the same way Royal Mail inform customers that a delivery was not possible.

The person is asked to phone a premium rate number. When the number is called, the customer gets through to a recorded message and £15 is added to their phone bill.

The scam, aimed at seniors, was brought to the attention of David Dombey from the Sutton seniors forum.

David said: "I received a message from Help the Aged warning people about this scam. I was shocked to hear that something like this was going on, it's awful. I am going to put it in our newsletter to warn elderly people to be aware, especially coming up to Christmas."

A recent survey from Help the Aged and Barclays revealed that seven out of 10 older people in Britain – more than 6.6m people, are targeted by scams every month, either by telephone or letter. The survey also found that, in Britain, 38 per cent of older people are not confident in their ability to spot a scam, while 60 per cent of people aged 65 plus would not report a scam to a family member.

Rachel Corry, Help the Aged Your Money Matters programme manager, said: "Scammers can have a devastating impact on the lives of their older victims, and we know from our work that older people can feel embarrassed in reporting a scam."

PhonepayPlus, the phone-paid service regulator, formally known as ICSTIS is aware of the email which is circulating.

A spokesman said: "The chain email refers to a service that was shut down by us in December 2005. We subsequently fined the company that was operating the service, Studio Telecom, based in Belize, £10,000. The service is no longer running and has not been since December 2005.

"You do not need to contact us, or the Royal Mail, about this service as it was stopped almost three years ago.

If you receive a copy of the email warning you about the alleged scam, please do not forward it to others. Instead, please forward this statement from PhonepayPlus."

Have you been scammed? Let us know at yourlocalguardian.co.uk

Keep up to date with the debate
yourlocalguardian.co.uk

Two wheels good: Ellen Collins and Andrew Martineau with Joe Pearson Deadlinepix SU23314

Cash helped buy bikes

A school has received delivery of four new bicycles to encourage pupils, staff and governors to ride to school. The bikes, from Pearsons Cycles, were delivered to the Link secondary school last Wednesday.

Earlier this year, the school applied for a grant from Transport for London (TfL).

Through Smarter Travel Sutton, the school drew up a travel plan and successfully applied for a £1,000 grant from TfL to buy bikes, helmets and other equipment.

Speech and language therapist Carolyn Jones said the bikes will be put to good use. She said: "The students are very excited. We are just finishing off the cycle training but as soon as that is completed, people can take the bikes home.

"We have just had the perspex cycle shed erected so everything is in place for what is going to be an exciting project."

The Link school, based on Croydon Road in Beddington, specialises in meeting the needs of pupils who have speech, language and communication difficulties.

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Memorial: The grave of Robert Leslie Cox who died in a training exercise in World War II Deadlinepix SU23418

Looking for relatives to mark war heroes death

by JULIA KENNARD
jkennard@london.newsquest.co.uk

An airman killed in a wartime plane crash will finally be honoured at a service to commemorate those that died.

Sergeant Air Gunner Leslie Cox was part of an eight-man team on board the Halifax bomber when it crashed over RAF Faldingworth in Lincolnshire on December 16, 1943.

The crew – part of a heavy conversion unit which trained airmen from medium bombers to heavy bombers – are not on official rolls of honour because they were not lost in combat.

Now local historians want to pay tribute to the airmen by holding a commemoration service in September 2009 in Faldingworth village.

Colin Mitchell-Smith is appealing for relatives of Mr Cox, who was 21 years old when he died, to come forward so they can attend the ceremony.

Mr Cox, who was buried in Sutton Cemetery, is listed by the War Graves Commission as the son of Mr and Mrs Thomas Henry Cox and stepson of Lily Cox, of Cheam.

Mr Mitchell- Smith said: "These men are not officially recognised because they were not lost in combat, but we know that many of them had served on operations abroad and had already gone to hell and back. They were fighting in the same war as everyone else and were themselves a tragedy of it all, they died in a horrendous crash.

"Without them we wouldn't be who we are today so it's only right we commemorate their lives."

Mr Mitchell-Smith said the service would also remember men from the Polish Bomber Squadron, who operated from the same airbase. The retired 73-year-old said the idea for the service had sprung from years of growing interest in RAF Faldingworth.

Last year Mr Mitchell-Smith and friends constructed a memorial on the end of the runway in honour of the Polish Squadron and Halifax crew.

He said: "This service will be the next step to give them a proper commemoration.

"We'd really like to get in contact with the family to invite them to the service so if anybody reading this can help, please get in touch."

❑ **Are you a relative of Mr Cox or do you remember the family? If so contact the newsdesk on 020 8330 9541.**

For hundreds more local events go to yourlocalguardian.co.uk/events

Unemployed number rise 10 per cent

Unemployment has leapt in the last year as the credit crunch hits Carshalton and Wallington.

Government figures show the number of people out of work in the two towns has risen from 1,064 to 1,174 since September 2007.

The number of people claiming jobseeker's allowance has risen by 10 per cent.

The news came as it was revealed that nationally unemployment soared by 164,000, more than 10 per cent, in the quarter to August, while the number of people claiming jobseeker's allowance increased for the eighth month in a row.

The Government has been warned that unemployment could spiral to three million after the biggest jobless rise since 1991 left 1.79 million people looking for work.

Member of Parliament for Carshalton and Wallington, Tom Brake said: "With these figures set to rise even further as the full force of the events of the last few weeks trickle down to the rest of our economy and my constituency, what has the Government done to prepare the country and our economy to deal with this crisis?

"The Government has saved the banking sector, it must now turn its attention to unemployment and inflation.

"Real families all across Britain are set to suffer hard times over the coming months, not just those working in the Square Mile."

Prime Minister Gordon Brown vowed to do all he could to keep people in jobs, pointing out that unemployment was higher in America, Germany, France and Italy than in Britain.

The Prime Minister said one way to tackle unemployment and climate change at the same time was to train people to install loft insulation.

Find your next job at yourlocalguardian.co.uk/jobs

Littering fines spiralling up

Two men caught dumping a vacuum cleaner and dropping a cigarette butt have been handed a combined £931 fine.

Mark Dagnell of Godstone Road, Kenley was caught leaving an old vacuum cleaner at the Asda recycling site in Beddington Lane in June.

Sutton Magistrates' Court heard Dagnell had been given the opportunity to pay a fixed penalty but failed to do so.

He was fined £250 and ordered to pay £451 costs with a further £15 victim surcharge for littering at the hearing on Thursday, September 25.

Sutton Magistrates Court also found Mr Clifford Howell of Courtney Avenue, Clapham Common, guilty dropping a cigarette butt out of his skip lorry in London Road, North Cheam on May 16.

The court heard Mr Howell was given the opportunity to pay a fixed penalty for littering but failed to pay.

He was fined £100, ordered to pay £100 in costs and £15 victim surcharge at the hearing on September 25.

Executive member for the environment Coun Colin Hall said: "We will not tolerate littering in our borough.

"This double prosecution shows Sutton Council is serious about tackling the problem and we won't hesitate to impose fines on those people that litter our streets."

Get the latest crime statistics for your area at yourlocalguardian.co.uk/li

Revolution in dentures

An innovative dentist has become the first in the country to offer a new type of denture fitting

Dr Justin Stewart, who set up the Denture Clinic, was the first biofunctional prosthetic system (BPS) qualified dentist in the country. The clinic, based in Carshalton Beeches, is the only one in the country to offer this technology.

The innovative 3D or triple-impression technique involves taking a mirror image impression not only of the gums, but also of the way the tongue sits behind the teeth, as well as the surrounding lips and cheeks, whereas before, only the impression of the gums was taken.

Dr Stewart visited America last year and saw the technique being developed and decided to bring it to the UK.

He said: "At £1,500 a denture, it is much cheaper than getting denture implants."

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Top marks: Royal Marsden Hospital, above, and Epsom and St Helier Hospitals achieved great results in a recent Healthcare Commission report thanks to the hard work of staff, according to Epsom and St Helier chief executive Samantha Jones, inset

Healthcare watchdog awards hospital an 'excellent' rating

by HELEN CRANE
hcrane@london.newsquest.co.uk

The Royal Marsden Hospital has been awarded the highest possible ranking in the annual hospital healthcheck carried out by the Healthcare Commission.

It is the only health trust in London to be labelled "excellent" for the quality of its services and use of its resources at its London and Sutton branch three times running.

Royal Marsden chief executive Cally Palmer said: "I am extremely grateful to all staff for their outstanding performance, which is exceptional given the loss of operating capacity we experienced following the fire in January."

Although some trusts have improved over the last year, healthcare in London has deteriorated slightly. Seventeen trusts have improved, but 20 are doing worse according to league tables published by the health watchdog last week.

Epsom and St Helier University Hospital NHS Trust is one of the hospitals that has gone up a grade for the use of its resources.

All trusts are graded on a four point system from "weak" to "excellent" for the services they provide and their use of their assets

Epsom and St Helier was graded "good" for its services and has gone up from "weak" to "fair" for the use of its resources.

Chief executive, Samantha Jones, said: "Our staff and volunteers have worked extra hard this year to help us maintain the quality of the clinical services we provide to the people of Epsom, Sutton, Merton and beyond, while also ensuring our finances are managed efficiently. Our success is down to their hard work.

"But, as ever, we recognise that there is always room for improvement and we are not complacent.

Sutton and Merton Primary Care Trust (PCT) and Surrey PCT have both been graded as "fair" for their services and use of resources, up a grade in both categories for the Surrey PCT and up a grade for the quality of services for Sutton and Merton.

Bill Gillespie, chief executive for Sutton and Merton PCT, commented:"Overall, there has been much progress over the last year, thanks to hard work of our staff, clinicians and partners. We are pleased that this is reflected in the annual health check and we will continue to work to improve our rating further in next year's health check."

Chris Butler, chief executive of Surrey PCT said: "We are delighted that we have improved our rating from "weak" to "fair". Over the last year, we have made it an absolute priority to ensure improvements for Surrey patients, and today's score reflects the hard work and commitment our staff have put in, right across the county.

The London Ambulance Services has the same grades as last year, "good" in both categories, while the South East Coast Ambulance Service has jumped from "fair" to "good" on both assessments.

South West London and St George's Mental Heath Trust has been upgraded from "fair" to "good" for both its services and its use of resources while Surrey and Borders Partnership NHS Trust has been graded as "excellent" for the quality of its services and "good" for its use of resources a major jump from "fair" in both categories last year.

It is one of just 26 trusts in the country that has improved its quality of services by two grades from "fair" to "excellent".

The trust's chief executive, Fiona Edwards, said: "This is a great result and a huge tribute to the hard work and dedication of our 3,500 staff.

"It has taken a tremendous effort to move us from all-round"fair" ratings last year to "excellent" and "good" and it is a credit not only to the staff but to everyone who works with us."

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Your Local Guardian

Top marks: Amy Liu scored the best GCSE Chinese mark in the country Deadlinepix BT22668

We lead the way for GCSE performance

by KEVIN BARNES
kbarnes@london.newsquest.co.uk

Sutton schools set the standard for attainment at GCSE by leading the rankings of results across 148 mainland local authorities.

Two out of three pupils in the borough met the Government benchmark of five good grades including in English and maths.

Overall performance improved by two percentage points over last year, with 67.2 per cent of local pupils achieving the gold standard.

Sutton Grammar School for Boys, Wallington High School for Girls and nearby Wilson's School have already appeared among the top 25 state schools in England.

The league tables, published by the Department for Children, Schools and Families, seem to favour authorities with selective admissions systems.

The Sutton Guardian recently revealed how police were called as nearly 1,500 children competed for 126 places at Wallington County Grammar.

David Laws, a Liberal Democrat education spokesman, said: "The gap between the fortunate and the forgotten remains stubbornly wide as the lucky ones pull away from the rest as they progress through school."

But Councillor Tony Brett Young, executive member for young people, suggested comprehensives had also helped to propel the borough to the top of league tables.

He said: "Once again, Sutton has excelled at GCSE level and shown that it fully deserves its reputation as a place with the best schools in the country.

"What's driving us forward is the strong performance of all our schools. Sutton's comprehensives are showing particularly strong improvement.

"Our students and teachers can feel enormously proud of themselves. Sutton's impressive record is a testament to all their hard work and dedication."

How does your school compare to others in the borough? Go to yourlocalguardian.co.uk/education

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Safest buses but sex crime rises

by KEVIN BARNES
kbarnes@london.newsquest.co.uk

Sutton has won praise for running the safest buses in the capital, even though sexual attacks and drug dealing are soaring on the network.

New figures from Transport for London (TfL) show dedicated officers helped to cut robberies by a third and criminal damage by 21 per cent.

Transport heads were less keen to disclose there were five times as many drug offences or that sexual crimes increased by 83 per cent on last year.

TfL has claimed some offences appear to be rising simply because the network is being policed more vigorously.

Steve Burton, director of community safety enforcement and policing at TfL, said: "The fact that robberies on the buses have gone down by a third in the past year is great news for the people of Sutton and shows the really positive effect the safer transport teams have had in bearing down on bus related crime.

"By increasing the numbers of police on the buses in this borough, we have reduced crime overall. You are now even less likely to be the victim of theft, robbery or violence when you get a bus in Sutton than you were last year.

"Sutton's Safer Transport Teams are really getting to know their communities and are a visible deterrent to those who intend to commit crimes.

"Hopefully passengers are feeling the difference."

Tell us about your experiences on local buses at yourlocalguardian.co.uk

Safe journey? Sutton's buses are the safest in the capital according to TfL
Deadlinepix SU23353

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Obituary Notice

JACKIE HARRISON

Passed away 28th September 2008 aged 66 years.

Beloved wife, mother and grandmother, we will miss her so very much.

The family wish to thank everybody who attended the funeral on 7th October and for the beautiful flowers, donations and mass cards.

'As we look upon her picture
Sweet memories we recall
Of a face so full of sunshine
And a smile for one and all'

DAVID ALEXANDER NEAL

1972 - 2008

Sadly left us on 10th October after a long and turbulent illness. His struggle with life is finally over.

David was an inspiration to all who knew him. Despite his health issues and personal battle he remained generous, dedicated, loving and giving. He will be sadly missed but never forgotten.

May you finally rest in peace, David.

Funeral service will be held at 10am on Friday 24th October at Holy Cross, North Street, Carshalton, followed by his burial at Sutton Cemetery.

Flowers to WA Truelove Funeral Directors, 118 Carshalton Road, Sutton, SM1 4RL, or donations to the London Wildcare Centre, Beddington.

All our love always
Mum and Dad, your Brothers Anthony, Stephen and Paul, Sisters-in-law Jen, Sarah and Carla and Nieces and Nephews Callum, Emily and Alex. xx

DORIS KATHLEEN LEACH

Passed away on 17th October, aged 79.

Loving mother of Trevor, Peter and the late Gail and Gary. Much loved grandmother of Jack, Kerry, Darren, Jimmy and Stuart. Doris will be greatly missed by all her family and friends.

Funeral Service at North East Surrey Crematorium, Morden, on Tuesday 28th October 2008, at 2.30pm.

Enquiries to
W A Truelove & Son Ltd.
Tel: 020 8642 0089

EDWARD FREDERICK JAMES IVES

Passed away on 13th October 2008.

Formerly of Banstead Stores.

Beloved father of Tony and David.

All enquiries to
W.A.Truelove
01737 212160

In Memory of
JOAN CATHERINE DUNN

Aged 89

Who passed away peacefully on Wednesday 15th October 2008

She will be sadly missed by her family and friends.

Funeral will be held at Randalls Park Crematorium on Monday 27th October 2008.

Donations if desired to the M S Society
c/o W.A.Truelove,
14/18 Church Road,
Epsom KT17 4AB
Tel 01372 723337

EASTON JEAN ANNE

Passed away on 14th October 2008 aged 70.

Dearly beloved wife of Bern, sadly missed.

Funeral Service is to take place at the North East Surrey Crematorium on Wednesday 29th October at 2.30pm.

Family flowers but, if desired, donations to
"Disability Challengers"
c/o W A Truelove & Son Ltd,
31 High Street, Cheam SM3 8RE.
020 8642 3300

CHALLIS ALFRED JAMES

Passed away on 13th October 2008, aged 86 years.

He will be sadly missed by all his family and friends.

Funeral service at North East Surrey Crematorium, Lower Morden Lane on Tuesday 28th October 2008 at 1.30pm.

Enquiries please to Arthur Davey & Sons, Funeral directors
Tel: 01275 852 307

In Loving Memory of
PETER JOHN MUNNS

23/09/28 - 07/10/08

A much loved husband, father, grandfather and great grandfather.

You will be in our hearts forever

PATRICK BLUETT

Banstead, Surrey, formerly a GP in Isleworth, and originally from Co Mayo, Ireland passed away peacefully on 15th October 2008 at Epsom hospital, surrounded by his family.

Funeral to take place in Ireland.

He will be greatly missed by all his family, relatives and friends.

Rest in peace.

In Memoriam

STEPHAN ALAN SPILLER

30-8-1956 - 29-10-2002

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Chris, Mum & Dad, Mark, Martin & Julie, Darren, Jason, Lisa, Martyn, Kerry & all the family
xxx

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CHRISTOPHER CANAVAN

A dear husband, father and grandfather, died 16.10.1992.

Sadly missed by his wife Teresa, sons, daughters and grandchildren.

TOM FIDDIMORE

6.11.32 - 28.10.04

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Boo, Len and Zandra, grandchildren and great-grandchildren

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18th
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25/10/2008

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Luke and Kelly

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Barbara, Colin and his sister Eileen would like to thank all family, friends and the residents of Stayton Road, Sutton who attended Sid's funeral on Tuesday 14th October.

Thank you to everybody who sent flowers, cards, sympathy and donations to The British Heart Foundation.

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Breast intentions: Lesley Eyres' mosaic breasts will be exhibited at the Royal Society of Art SU23401

Artist's decorated breasts on display

A woman will have her cleavage on show at the Royal Society of Arts before they are put under the hammer.

A Modroc cast of Lesley Eyres' bosom was reinforced with polyfiller before it could be decorated with her own mosaic design.

The Cheam-based mosaic artist spent a week producing the two ample busts for a charity exhibition and auction later this month.

The cast was taken by US charity Breast Impressions after it contacted Lesley through her social network Myspace page.

Lesley said: "They added me as a friend, but before I accepted I had a look at their site. When I saw what a good cause it was, I put myself forward as a volunteer to have an impression of my bust made. They then asked me to decorate it myself for the exhibition and auction as they had seen my work."

The charity usually donates breast casting kits to women who have been recently diagnosed with breast cancer so they can make a memory prior to surgery.

Lesley said breast cancer is a disease that has affected her family. She said: "It is a very worthwhile cause, and it is one close to my heart. It is a pleasure to raise money for them."

Struggle to make opportunity equal

by JULIA KENNARD
jkennard@london.newsquest.co.uk

Equal opportunities have progressed slowly at Sutton Council over the past year but barriers to recruiting and retaining disabled people and young people must still be broken down, a report says.

The report by Sutton Council shows that in 2007/8 there was a fractional increase in the overall employment of people from black and minority ethnic groups but a small and significant increase in those in senior jobs earning £35,000+pa.

The proportion of women employed in senior jobs earning £35,000+pa also increased marginally, but it was a mixed picture for the proportion of disabled people employed in senior positions.

Figures show there was a slight drop since 2006/07 in the disabled workforce and there was also a reduction in the proportion of young people aged 16-24 employed over the past year.

At the equality and diversity forum councillors approved an action plan to improve targets. Measures will include building partnerships with external recruitment services such as Mencap Pathway, Sutton Centre for Independent Living and Learning (SCILL) and Royal London Society for the Blind.

Want to contact your local councillor? Go to yourlocalguardian.co.uk/li /

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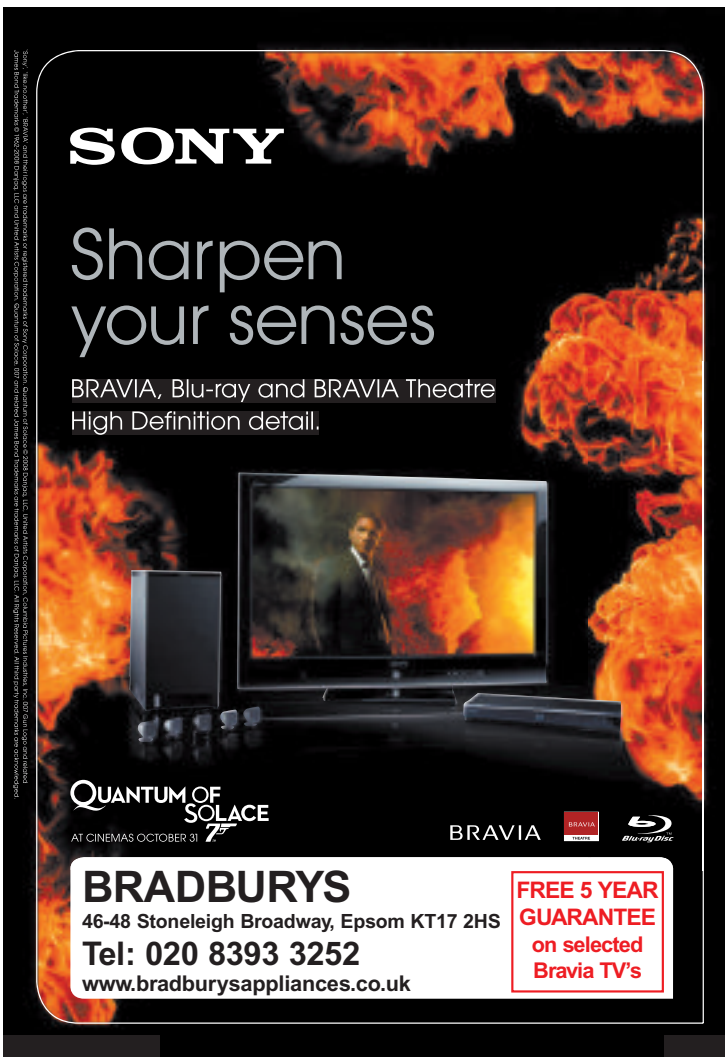

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High dudgeon: Tom Brake MP (centre) has taken his petition to Whitehall Deadlinepix SU21258

Take to highest level

by JAMES PEPPER
jpepper@london.newsquest.co.uk

The issue of the Your High drugs paraphernalia shop has been taken to the Home Office.

Tom Brake, the MP for Carshalton and Wallington, has taken his crusade against Your High shop in Wallington direct to the Minister of State at Whitehall, Vernon Coaker MP.

The shop, based on Stafford Road, is temporarily closed but is due to re-open next year.

In a debate on anti-drug awareness last Tuesday in Parliament, Tom said: "There is clearly a huge inconsistency when cannabis is illegal... but there are shops that are in the business of promoting and selling the materials that people need to consume it."

Mr Coaker, the Minister of State for Policing, Crime and Security said: "I am told that, legally action is difficult, but we are considering the matter to try to find a way forward. We have funded police guidance and have considered the policing of "head" shops. Work is ongoing in that respect."

A spokesman for Mr Brake said: "If the government is serious about its programmes for dealing with the growing problems of drug and alcohol abuse by children in this country, it must act upon these paraphernalia shops which currently have no age restriction on who they can sell to."

The petition against Your High continues to grow with another 100 people signing it on Saturday morning in Wallington.

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Undertaker gets front back

John Knox: Smashed on the day it was to be sold Deadlinepix SU20442

by KEVIN BARNES
kbarnes@london.newsquest.co.uk

An undertakers in Stonecot Hill has been given new life after a driver reversed through the shop front.

The John Knox premises were badly damaged last April when a 29-year-old woman found an unlikely resting place for her VW golf.

It has now emerged that the firm was being sold to Evershed Brothers Funeral Directors at the time of the grave manouevering error.

But the new owners, who arrange funerals across south-west London, were not dissuaded from trying to make the undertakers a profitable undertaking. The shop front has now been restored and work on rebuilding an internal wall is nearly complete.

Warwick Cobbett, a director at Evershed Brothers, said: "Following the damage to the shop front, John Knox undertakers is almost now back to normal and can offer all existing and new customers the service they have come to expect.

"We had gone too far to pull out of the sale and it was just an inconvenience to deal with the lady's insurers. We are now waiting for the builders to return to finish off everything, but the building is safe."

No one was harmed as the driver, in attempting to parallel park, shot six feet over the kerb and through a brick wall and panelled windows.

Caroll Gipps, the previous owner, had experienced some grief because she was expecting to hand over the keys to the property that day.

She said: "I was just out the back when I heard what sounded like crockery smashing or china plates being thrown down the stairs.

"I couldn't believe it when I saw this woman staring out of a car in my hall, with mess everywhere. It was an absolute nightmare. I just couldn't see how a car could reverse at that speed without stopping."

Good as new: The repaired shop front Deadlinepix SU23439

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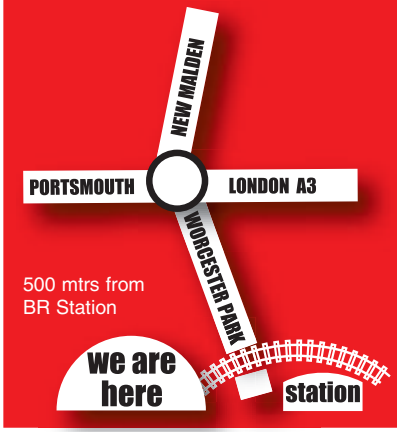

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Soul survivor's story

by JULIA KENNARD
jkennard@london.newsquest.co.uk

A businessman who lost his £150,000 job to scrape a living on benefits due to manic depression has written a book about his experiences.

Simon Russell, 49, of Carshalton, has been sectioned twice under the Mental Health Act, undergone voluntary ECT treatment and lost his job three times because of his illness.

The father-of-two who was diagnosed with depression in 1996 after three years of ill health has also been declared bankrupt after racking up a £150,000 debt and blowing £3,500 in one weekend in the height of one manic episode.

Triggered by the stress of his exhausting high-profile job, the pressure of paying his two children through private school, separation from his wife and an on-going bowel problem, the illness destroyed Mr Russell's former "enviable lifestyle".

Hole in my Soul is Mr Russell's attempt to explain his destructive journey through a collection of poems charting his life and thoughts.

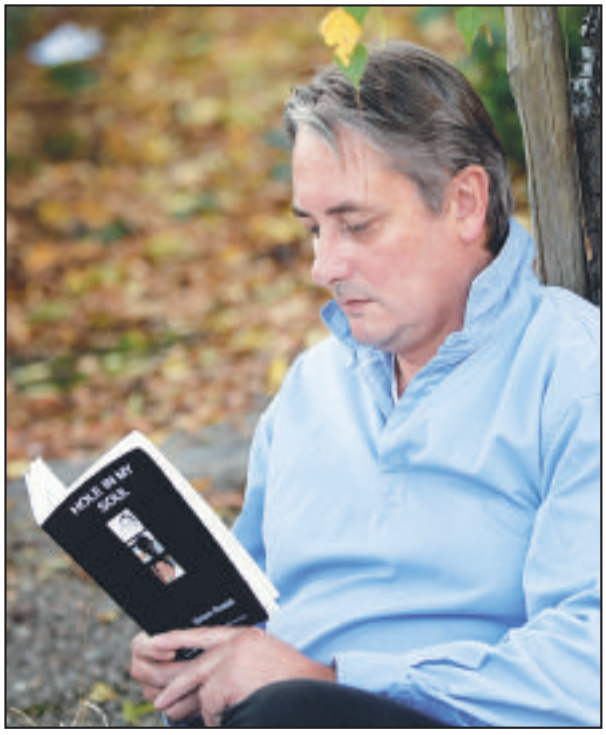
Mr Russell said: "By the end of my journey I had lost everything of value – my family, friends and emotional security, my career and financial well being, my house and home and my physical and mental health.

"Most critically of all I had lost myself and I knew that without a clear understanding of my own identity I would not have the ability and confidence to regain any of what I had lost.

"I had an enviable lifestyle and I lost it all. There was precious little that I could do about it as I was up against a power far greater than my own."

Mr Russell, who is now in the process of getting his life back by starting his own business, said he hoped his book could help raise awareness of mental health issues.

Mr Russell's book is available for purchase at **chipmunkapublishing.com**.



His tale: Simon Russel and his book Hole in My Soul SU23447

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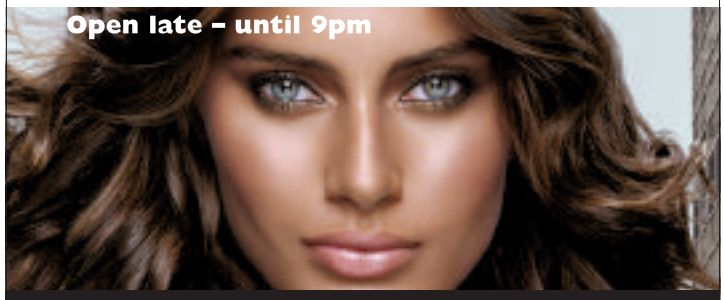

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Your local Green Reporter

If you have any green news stories, get in touch with James Pepper on 020 8330 9541 or email

jpepper@london.newsquest.co.uk

Travel business employees go back to basics in action plan

by JAMES PEPPER
jpepper@london.newsquest.co.uk

One of the borough's biggest companies, tour operator The Newmarket Group, has gone green.

The company has been taking significant steps in making its business more environmentally-friendly.

The travel and aviation industry is often criticised for the amount of CO2 emissions it produces, but the Newmarket group's 190 employees have been doing their bit to reduce their own carbon footprint.

The Worcester Park-based company has been cutting its carbon emissions since June.

After getting in touch with Bill Walter, the Southlondon.biz Greening Business Officer for Merton and Sutton, the company was given an action plan to improve its green credentials.

Debbie Martin, HR adviser for Newmarket, said: "We simply went back to basics.

"We have been replacing light bulbs with more energy-efficient ones. We have set timers so lights and computers automatically go off at night. We have also removed light bulbs altogether where we can."

With the help of Smarter Travel Sutton, the company put together a travel plan including encouraging employees to cycle to work.

Employees took away pedometers, back packs, rain macs, maps, and cycle accessories to help them turn motivation into a new habit.

Ms Martin said: "It has been a great success. We introduced the cycling scheme so people would not create as much pollution on the way to and from work.

"We realise how much criticism the travel industry gets, especially through flying.

"There are some people who will never change their habits, but we are trying to encourage them.

"We have taken away a lot of bins and replaced them with recycle bins to really push the message."

She added: "I'm not saying we are angels. As a company, we do rely on flights. But what we are doing now is reducing emissions, pollution and waste that would otherwise be causing even more damage."

In tandem: Worcester Park-based Newmarket put together a cycle to work scheme

Crisis: 1929 fall revisited

A recent Green New Deal report claims to have the answers to the financial and environmental problems ahead.

Taking inspiration from former US president Franklin Delano Roosevelt's New Deal in the wake of the 1929 stock market crash, the report authors included new Green Party leader Caroline Lucas

The Green New Deal consists of two main strands. First, it outlines a structural transformation of the regulation of national and international financial systems, and major changes to taxation systems.

Second, it calls for a sustained programme to invest in and deploy energy conservation and renewable energies, coupled with effective demand management.

Dr Lucas also backed a programme of free insulation for every home in Britain to create jobs, cut fuel poverty and reduce carbon emissions.

The tax-free way to cycle to work and get fit

Working in tandem: Coun Colin Hall promotes the bike to work plan

People who cycle to work will get 50 per cent off the value of a new bike under a scheme.

Under the bike to work plan Cycle Solutions, staff can choose a bicycle and cycling equipment up to a value of £1,000.

Any business can adopt the scheme. Sutton council is urging businesses to sign up to save employees money, get them fit, and help the environment.

In a Government tax-break, staff can sign up to an 18-month contract and pay a monthly sum straight out of their wages.

Those who sign up to the scheme will not pay income tax, national insurance or VAT on the bikes. The only catch is at least 50 per cent of the bike's usage must be for work purposes.

There are only minimal administration costs to businesses that adopt the scheme.

However, these are offset by national insurance savings an employer makes.

Councillor Colin Hall, executive member for environment on Sutton Council, said: "Cycle to work schemes are a great way to encourage more staff to choose cycling for their daily commute.

"For less than £10 a month and no initial deposit, they could get a new bike and make major tax savings, not to mention the money they would save if they are switching from the car or public transport.

"The benefits for business include less money spent on parking spaces and a fitter, more alert workforce – at no extra cost."

❑ For more information visit **cyclesolutions.co.uk**

Keep up to date with the debate
yourlocalguardian.co.uk

Top Tip

❑ Don't top your car up with fuel just because it has dropped 2p. Doing this when you already have enough fuel in your tank reduces your fuel economy. Filling to the top makes your car heavier, meaning it has to work harder – consequently using more fuel. You are better off waiting until you need the fuel.

❑ Have you got any green top tips (50 words max please)? Post them at www.greenguardian.co.uk by clicking on Get Involved and then Top Tips.

The Big Picture

❑ Ed Milliband, the new energy and climate change secretary, hinted last week that he would accept proposals from Lord Turner's climate change committee to increase Britain's target to cut carbon emissions from 60 per cent to 80 per cent by 2050.

In his first interview since being appointed secretary of state at the new Department for Energy and Climate Change, Mr Miliband insisted there would be no retreat from the Government's climate change agenda in the face of the coming recession.

ECOnews

WIN GUIDE: Homeowners in south London being squeezed by huge rises in their energy bills are increasingly being encouraged to turn to green solutions to save money and reduce their carbon footprint.

RICS Building Cost Information Service (BCIS) has come up with the Greener Homes Price Guide, which offers impartial expert advice on the cost, energy saving, payback period and disruptiveness of green improvements to your property.

To find out more about – and win a copy of – RICS Greener Homes Price Guide, go to **www.greenguardian.co.uk** and click on Offers. The deadline is October 31.

List your green event for free on the Calendar at www.greenguardian.co.uk

Q & A

Each week we will ask a question on a green-related subject. This week:

In 1970, 80 per cent of nine to 11-year-old children made their way to school by bike or on foot. How much had this figure dropped to by 1991?

Last week's answer: A leaky tap can waste up to 140 litres of water a week.

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Know the symptoms and catch them early

MENTAL HEALTH it's everyone's business

Feeling down in the dumps? Many people ignore the signs of mental illness until it is too late, as ELEANOR HARDING reports

Mental illness is like cancer: catch it in the early stages, and it doesn't have to be a life sentence. But many people refuse to seek help and the more ingrained it becomes, the harder it is to beat.

About 3 per cent of the population experience a psychotic episode, or bout of mental illness, at some time in their life.

If left untreated it can lead to illnesses such as schizophrenia or bipolar disorder, which can disrupt family life and work and require hospitalisation. Some extreme cases can result in problems with the police.

Dr James Woolley helps run an early intervention service to stop this happening. His team of professionals visit patients in their homes or at cafes outside work hours, providing support to get their lives back on track.

He says: "We meet them on their own terms in a place acceptable to them. Not in a hospital or a clinic. Everything we do is in consultation with the patient.

"People should seek help early and not be put off by the stigma of mental illness, because recovery is expected."

The service, run by South West London and St George's Mental Health NHS Trust, employs doctors, psychiatrists, careers advisors and occupational therapists who tend to every area of a patient's life.

New beginnings: Getting help early can get your life back on track quickly

Expertise is even available in housing, benefits and legal matters, and the patient can be entitled to weekly visits from a care worker for three years.

The formula works. About 80 per cent of patients are still in work or education after 18 months' treatment, while for those left untreated that figure is 20 per cent.

Symptoms of early "psychosis" or mental illness include suspiciousness, depression, anxiousness, mood changes, sleep disturbance, appetite changes, confusion and lack of motivation or concentration.

Psychosis often kicks in during late teenage years or early adulthood. If you experience any symptoms over a long period of time, visit your GP who can refer you to your local team.

Dr Woolley adds: "Traditionally a lot of mental health services have only got involved when things are very problematic and people are very distressed. But evidence shows the earlier you intervene the better you do."

Emma's story

In a few weeks Emma*, 28, from Wandsworth, will be donning a dapper new suit and going back to work after a five-year struggle with bipolar disorder.

She says: "I was 23 with a new job in marketing when I started to feel low and lethargic. I couldn't concentrate, and I wasn't performing well.

"I started hearing voices. It wasn't scary, but it was disorientating. I would hear people that I knew telling me their point of view about situations, even though I knew they weren't really there.

"Eventually I told my GP and was referred to the early intervention service. When I was diagnosed I was really upset because I had been scared of the stigma of mental illness. I'd thought I'd get better by myself. But it was also a relief because I finally knew what was wrong and it was a curable illness.

"They helped me address different areas of my life. It was like having an extra parent.

"Via cognitive behavioural therapy I learned to focus on the positive. If I hadn't received help something awful might have happened. I could have got into an accident because I was being so careless.

"Now I feel so much stronger so things don't worry me much. I hope the illness never comes back, but I know what symptoms to look out for if it does. If I had known about the service, I definitely would have come forward sooner."

* Name has been changed

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Alternative A-levels have arrived

Overton Grange School has become the first school in South London to offer pupils the International Baccalaureate (IB).

The IB programme is an alternative to A-levels and is favoured by universities and has received backing from the university admissions body, UCAS.

In the past four years the number of schools teaching the IB in the UK has more than doubled. 101 schools in the UK now teach IB to sixth formers.

On the IB programme, students select options – specialising in three – from first and second languages, humanities, sciences, maths, and the arts. They also write an extended essay of 4,000 words, undertake a theory of knowledge course and complete 150 hours of supervised of creativity, action and service time.

Under the tariff, a common IB score of 30 gives a candidate 419 UCAS tariff points against just 360 for three As at A-level. A top score is equivalent to more than six As at A-level.

Overton Grange on Stanley Road, Sutton was accredited as an IB World School earlier this year and started delivering the programme in September.

Don't miss our latest guide to local schools at yourlocalguardian.co.uk/education

yourlocalguardian.co.uk

Ex-Gurkhas celebrate being allowed to stay

by BEN THOMPSON
bthompson@london.newsquest.co.uk

A growing community of former Gurkhas living in the UK have applauded the landmark High Court judgement to allow the Nepalese soldiers who fought for the country to settle in the UK.

Members of the South London Nepalese Gurkha Association, based on the Haig Homes estate for former servicemen in Green Lane, Morden, were at a special party on Saturday to celebrate victory in the high-profile case.

The Morden association had joined the campaign, backed by leading politicians and celebrities including Joanna Lumley and Liberal Democrat leader Nick Clegg, to fight for the soldiers.

More than 230 people involved with the group, including Victoria Cross recipient Tul Bahadur Pun and mayor of Merton, Martin Whelton were at an event in Sutton to mark the victory.

"It really is great news," said Gam Gurung, chairman of the association. "A lot of people including some of our members had been hugely unhappy that they had to fight for Britain in two World Wars, Iraq and Afghanistan and then fight to live in this country.

"We are all very loyal and hard-working people, not the sort who are coming here just to claim benefits. We're a strong and active part of the community and we'll continue to go from strength to strength, especially if this judgement paves the way for more Gurkhas to settle here."

He added: "As an association, we want to welcome new Nepalese families to the area and help them find jobs, or even assist them in more straightforward things like opening a bank account or finding the right school to send their children."

Tul Bahadur Pun: Recipient of the Victoria Cross Deadlinepix SU23297

Revellers at the weekend event in the Thomas Wall Centre also celebrated the traditional Nepalese festival of Dashain with a feast of traditional food and music.

Get your events listed at yourlocalguardian.co.uk

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Bonhams valuer Howard Page will be at The United Reformed Church, Woodmansterne Lane, Banstead, SM7 3EX on Monday 3 November and Monday 1 December to give auction estimates on Ceramics, Clocks, Silver, Jewellery, Pictures and Collectables that you are considering selling.

This valuation day is by appointment only. To arrange an appointment or for further information please call the Valuation department on 08700 273 611 or you can email: valuations@bonhams.com

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See what it takes to help

Volunteer Centre Sutton is targeting early Christmas shoppers by holding two evening drop-in days.

The evening sessions are for those who want to find out about volunteering, but have not been able to find time to visit.

No appointment is necessary and anyone can drop in on Thursday, October 16, or Thursday, October 30, between 1pm and 7pm, at 31 West Street, Sutton.

The volunteer centre is situated next to the Empire Cinema on St Nicholas Way, making it convenient for shoppers on a late-night shopping evening.

All are welcome to talk about unlocking their volunteering potential and finding the right role for each individual. Whether you want to use your skills or develop new ones, make friends or boost your CV the volunteer centre can help.

Homes approved

A plan to build more homes in Sutton over the next five years has been approved by the council.

Sutton Council has identified 1,732 potential units, a figure that exceeds the target set by the Greater London Authority.

The plan will go to the Government for approval in December.

Sutton Council hopes the Government will award a £300,000 grant in 2009/10 and £500,000 in 2010/11.

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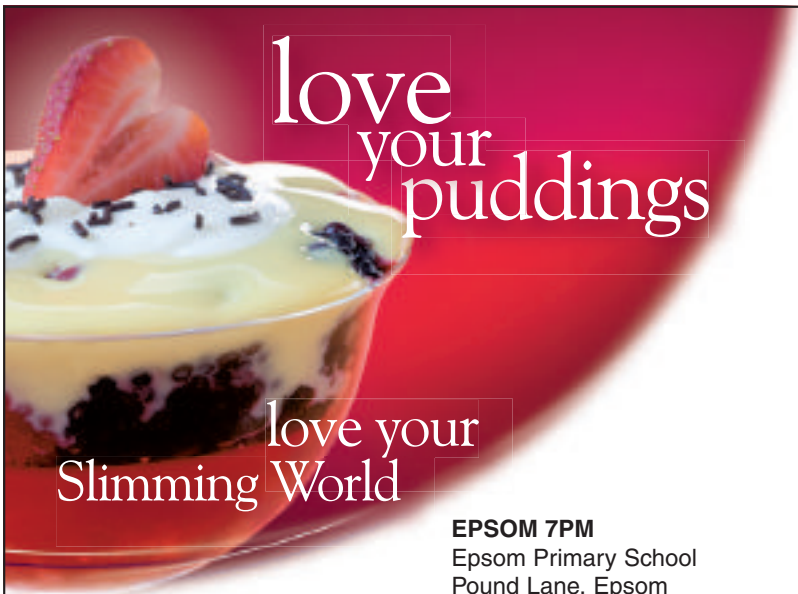

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Call Yvonne 01372 202685

SUTTON 10AM
St Nicholas Community Hall
Rumpus Room, Robin Hood Lane
Call Lucy 020 8786 7558

WORCESTER PARK 7PM
The Doris Venner Youth & Community Centre,
The Manor Drive
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42 The Broadway, Cheam
Call Lucy 020 8786 7558

EWELL 7PM
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- Wallington Dental Surgery, SM6 8EP: 020 8647 1135
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Bright idea: Cheam Village Chamber of Trade Tom Goodliffe with MP Paul Burstow Deadlinepix SU23202

Let there be lights

by JULIA KENNARD
jkennard@london.newsquest.co.uk

Traders driven mad by plans to rip out heritage-style street lights in Cheam and Carshalton have won their battle to preserve them.

Transport for London backtracked on its decision to replace the ornate lights after residents, Sutton Council and MPs said it would ruin the charm of the conservation areas.

TfL has now agreed to fund an upgrade of the existing lighting and provide extra heritage columns where necessary.

The highway authority had claimed the lights in Cheam Village and Carshalton needed to be replaced because its Streetscape review group claimed they are not bright enough and have a limited life span.

But executive member for the environment councillor Colin Hall rubbished the TfL research and said the council's own street lighting manager had deemed the heritage-style lights acceptable.

Cheam traders also said their lamps were only installed five years ago.

A TfL spokeswoman said: "Officers from TfL and Sutton Council met last week to review the options for retaining the heritage style lighting schemes in Carshalton and Cheam.

"It was agreed that TfL will further investigate providing an upgraded lighting scheme using the heritage style lamp post identical to those currently in use and reusing existing columns where possible.

"This decision was taken in recognition of Sutton Council's unitary development plan, which reinforces their commitment to heritage style lighting in conservation areas."

Member of Parliament for Sutton and Cheam Paul Burstow welcomed the news.

He said: "I'm glad that TfL have abandoned their plan and are now going to work with Sutton Council to upgrade the existing lampposts.

"Local pressure has helped them see sense and now we can look forward to better lighting for Cheam without any damage being done.

"I will be keeping up the pressure on TfL to ensure that that they respect the conservation status."

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Scouting family tree

by JAMES PEPPER

jpepper@london.newsquest.co.uk

Descendants of Robert Baden Powell, the founder of the Scout movement, joined in celebrations to mark the 75th anniversary of the 4th Worcester Park Scout Group.

The commemorative dinner, held at the scouts' headquarters in Worcester park on Saturday, gave current scouts the opportunity to talk to members of the famous family.

Earlier this month, scouts, beavers and cubs celebrated the group's milestone with an action-packed weekend of power boating, climbing and camping.

The grandson of the great Robert Baden-Powell gave a speech during the toast congratulating the group on their achievements.

The 4th Worcester Park group leader Paul Green, 27 said: "The Baden-Powells really enjoyed the dinner. They were very impressed at how long the group has been going and with all the work we have carried out at the headquarters. We even made a profit from the evening, it wasn't our intention but we had so much support. The money raised will go towards adventurous activity equipment for the group."

It is 100 years since Robert Baden Powell's first publication – Scouting for Boys in 1908. Since then, the scout movement has grown tremendously. The book had been intended as a training aid for existing organisations, but it became the handbook of a new and ultimately worldwide movement.

Get your events listed at yourlocalguardian.co.uk/events

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L'ORÉAL PARIS

Borough sets the standard with new home-treatment

Leader: Amena Warner

by HELEN CRANE
hcrane@london.newsquest.co.uk

Techniques developed in Sweden are transforming the lives of patients treated by Epsom and St Helier University Hospitals' NHS Trust.

One of the country's leading nurses in immunology, Amena Warner, who works for the trust says that a new home-treatment service for people with a genetically-linked disorder of their immune system is keeping people out of hospital.

People with the condition, known as primary immunodeficiency, lack the ability to fight infection. This prevents them from getting rid of germs or protecting themselves against them as well as they should.

Amena, who has been in the nursing profession for 29 years, said: "To spend two days in hospital once every three weeks is an enormous amount of anyone's life. If the patient is a young child, it would mean having time off school with parents having to juggle work and home life around infusions. The home-treatment service is resulting in huge amounts of patients' time being saved. It spares them the need of coming into hospital, so it also reduces their risk of picking up an infection from another patient."

Primary immunodeficiencies are genetic, meaning there is often a family history, but not always.

Until recently, sufferers had to endure a lengthy stay in hospital while they received the necessary treatment. This involved intravenous infusions that went on for many hours and, in some cases, overnight.

Patient Anita Henser, from Carshalton, said: "I was diagnosed with the condition in 1993 and at that time I had to travel to the Royal Brompton in London, which meant leaving the house early in the morning, having the treatment and not returning until very late. I transferred my treatment to St Helier about five years ago and last year started using the home-treatment service. Personally, it has given me back control, as well as independence, and has made me feel much better and I don't have to spend the whole day in hospital."

The trust's home-treatment service operates from St Helier Hospital – one of the few hospitals in England that has an immunology day unit.

Staff in the department treat approximately 50 patients with primary immunodeficiency each year, across Sutton, Merton, Epsom, as well as further afield – some needing treatment every week.

For information about your local hospital, go to yourlocalguardian.co.uk/li

Something for everyone: Children in traditional attire

Flavours of the month

A school celebrated Black History Month this week with multi-cultural cuisine.

Parents of pupils at Abbey Primary School were invited to come dressed in their traditional attire and bring a dish that reflected their culture.

"The make up of the school is very diverse," said Anna Williamson, the extended school co-ordinator. "It gave parents and children the chance to learn a lot about other pupils cultures and customs and at the same time they got to try some amazing food."

Black History Month is held in October every year and aims to promote knowledge of black culture and looks at important black contributions to British society.

The school has been carrying out a variety of events for Black History Month. Last week, pupils were read stories in different languages to help them enjoy and appreciate other cultures.

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No action against Tesco despite police complaints

No action is to be taken against Tesco Express in Ashtead by Mole Valley's licensing subcommittee despite of a string of complaints by police against the store.

Ashtead Tesco Express. Smallish store Lots of Bother. New Proposed Ashtead Tesco Superstore More bother?

Big Al, Epsom

High Down prison opens gourmet restaurant for the public

It promises to be the most exclusive dining experience in Britain – a gourmet restaurant is being built at High Down prison.

It's good to see the prisoners being given an opportunity to do something constructive with their time inside. Catering is both hard and skilled work.

The Clink has an exclusivity that can't be matched by even the most upmarket Soho restaurant. How long before we get a series of Jamie's Prison Dinners?

Adrianshort, Sutton

Did anyone see Jamie Oliver's Ministry of Food in Rotherham recently?

You see, I think that if it's "really" possible to feed prisoners so well for less than £1.68 per person per day, then it begs the question of why on earth we're paying cash benefits to poor people so that they can buy junk food and ready meals from the supermarket.

I'm not suggesting we should bring back the workhouse; not yet, anyway. But surely there's a case to be made for large-scale community restaurants, where people on benefits can eat three square meals a day for free (and where people who aren't on benefits can eat fairly cheaply too if they like).

Fred1, Surbiton

Restaurant has a criminal advantage

What an astonishing front page story. A non-profit restaurant, built in a prison at a cost of £300,000, serving meals at as little as £15-a-head.

For a start, where does the £300k come from? Of course the cost can be kept down with no business rates or minimum wage considerations. I am sure that local restaurant owners will be banging their heads against the wall at the prospect of such unfair competition.

I am all for prisoners being rehabilitated, but I am equally in favour of them being punished. One reads every week in your paper of convicted criminals getting community alternatives to prison sentences – those who have defrauded councils out of tens of thousands of pounds in benefits, recidivist burglars and violent thugs for example.

Those who do end up serving time are, generally speaking, those who won't stop offending. To reward them by giving them "normal" jobs, when in the real world unemployment is going through the roof, is an insult to those who wouldn't dream of committing one crime, let alone many.

If convicted criminals want to work in the catering trade they should endeavour to do so in equal competition with others and not be allowed to do so in a way that endangers the livelihoods of those who have invested heavily in their businesses.

BOB FERRIS
Banstead

Financial picture looks rosy at Epsom hospital

An article in last week's Epsom Guardian wrongly implied that funds from Epsom Hospital are being used to subsidise developments at St Helier (Our hospital's funds are paying for others, October 9).

The trust's financial standing has improved dramatically over the last 18 months, moving from a £5.5m deficit in 2007 to a surplus of £827,000 this year.

Furthermore, we are forecasting a surplus of £5.5m for the end of this financial year.

This change, combined with other important positive financial influences, means that there will be at least £80m-£100m available for Epsom Hospital, excluding any income we might receive from charitable or other sources.

We are currently working with our doctors and nurses, as well as Surrey Primary Care Trust and Epsom and Ewell Council, to develop plans for the future of the Epsom site.

We hope to be able to launch them in early 2009.

SAMANTHA JONES
Chief Executive

Robust not whinging

In your letters page (October 16) Dot Hodgetts criticises those who write letters but do not attend meetings.

Just for the record, Ms Hodgetts, I have attended both demonstrations and meetings about Epsom hospital before.

It would have been difficult to attend the AGM since (a) the first I heard of it was from her letter and (b) I have been on holiday. I am not a "dissenter", a word which suggests taking a path away from the mainstream consensus but very much part of that consensus about keeping our health services where they are.

As for "whingeing", I think my letters have been more robust than that word describes and regard myself as a watchful and concerned member of the public.

DR TED BAILEY
West Ewell

Impressed with fruit and veg retail

I visited the market in Epsom on Saturday morning and was very impressed with more different stalls but particularly the large vegetable and fruit stall was so colourful and beautifully arranged, it looked like a harvest festival.

Melons were cut in an artistic way with avocados in the middle and the fruit ranged from raspberries, peaches, oranges, apples etc.

There seems to be a new way of selling not only fruit but vegetables as well by putting it in a bowl and just charging £1 so you can actually see the amount you are purchasing. This is also quicker than tipping the contents of the bowl into a bag. With the friendly comments being banded about and a happy atmosphere it was certainly pleasing to spend time there on a sunny warm Saturday morning.

MRS J THOMAS
East Ewell

Pave with good intention

In view of the current economic crisis and at a time of restraint in spending for most of us, I was astounded to receive a letter from Surrey County Council informing me of the forthcoming (and long overdue) re-surfacing of Hook Road, Epsom.

Approximately three weeks ago the whole of Hook Road from Epsom to Ewell had all of the white lines and other road markings re-painted. No doubt this will all have to be redone on completion of the re-surfacing work.

Has Surrey County Council got money to burn?

I would really like some answers.

K WALTON
Epsom

Closure of beds sends us back hundred years

I am apalled at the news of the closure of local mental health beds. This is going backwards 100 years to the time when the large hospitals were built well away from the areas in which the patients live. Being unable to receive frequent visits from friends and family will have an adverse affect on their recovery.

If you do not know which areas of land are being sold off come and look at the huge sign (eyesore) outside the ex-council houses in Gainsborough Road. Surrey Borders NHS Mental Health Trust is selling the freehold of the land plus 13 houses.

The houses behind the board are largely privately owned and their freehold does not belong to Surrey Borders.

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Calm down

What a fantastic job these street pastors are doing (Guardian, September 25). I'm sure it's helping to keep crime off the streets at night – to calm down potentially volatile situations.

Sometimes all that is needed is a listening ear for some of these youngsters – and a calming presence in their young lives. The power of prayer can never be underestimated. Long may this service continue.

JANET HATTAM
West Ewell

Plenty of spending on prison

I am delighted that we can afford a multimillion pound expansion of prison facilities, which I trust includes building new prisons? Or maybe not.

Can Mr Crisci explain how the public's perception of prisoners has to be/will be changed?

Now they can cook, they are safe to be let out – is that the idea?

I am not old, but I guess I should be in a home for the bewildered at what is going on.

ANDY KIMBER
Sutton

Not our words on foxes

I was very concerned to see comments attributed to me regarding the feeding of urban foxes on the Sutton Guardian website.

When we spoke last week I forwarded you details of a website containing information on feeding urban foxes recommended by our wildlife department and advised that the RSPCA did not encourage people to feed foxes in their garden because of the implications for the fox. At no point did I say that the number of people who like to see foxes in their gardens is "vastly outweighed by those who do not want them near their family homes" and at no point did I suggest that foxes carry disease.

I pointed out that whether we like them or not – and many people love seeing fox cubs playing in their gardens – we have to learn to live with foxes, but people must understand that to feed foxes in their gardens will encourage them to visit.

KLARE KENNETT
RSPCA

Keep up to date with the debate
yourlocalguardian.co.uk

Compost dust up my nose

I had occasion to visit the recycling centre at Kimpton Park Way to obtain the free compost provided. However, there was only a small amount available and what there was proved very dusty. I loaded several bags and was worried that I was inhaling a lot of dust.

Can you please advise if the process used to make the compost is sterilised as normally you should not inhale ordinary professionally produced compost if on the dry side as there could be a risk of infection.

RAY JENKINS
Carshalton

Our thanks

On behalf of the Sutton branch of the Multiple Sclerosis Society, I would like to thank the residents of the borough for their continued support during the current difficult economic times.

We have held a number of street and store collections this year and have been touched by the generosity of the many thousands of people who have made donations to us.

If you would like more information about MS or would like to volunteer then please contact our helpline on 020 8395 6060 or visit our website at **mssociety.org.uk/sutton**.

ALISTAIR HUTCHINSON
Secretary
London borough of Sutton
Multiple Sclerosis Society

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See what sixth form has to offer

Greenshaw High School sixth form continues to grow in popularity, with both existing Greenshaw students and students new to the school attracted by the positive ethos and culture of success. Its main focus is on AS/A2 courses, with more than 25 on offer, but it also caters for students who want to follow a vocational course in ICT which, along with mathematics, is one of the school's specialist subjects.

It has a strong tradition of supporting students with a range of abilities and from a variety of backgrounds in their quest to attain the highest possible grades.

The vast majority of its students continue on to higher education, and Greenshaw students are currently studying at some of the country's most prestigious universities.

Its recent Ofsted report classed as 'outstanding' the quality of care and guidance that it offers, and the school takes great pride in establishing and maintaining strong teacher-student relationships.

Come along to Greenshaw's open evening on November 6 and see for yourself why so many students choose to continue their education at the school, and why they feel that, in the words of one former student "It was the best decision I ever made".

Are you buying the right software?

Is that software right for my business? According to research by Kingston University among more than 600 small companies in south west London, one of the biggest problems faced by IT managers is being able to evaluate if a piece of software is right for them.

In response, the university is opening the doors of its New Technology Institute to IT professionals, business people and individuals and creating a special drop-in centre.

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It's perfect for anyone who simply needs an hour or two of hands-on experience of a particular system.

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Located at Grove House in the university, the centre is operated by friendly, expert IT staff and is open at flexible times.

"Call us and we'll find a time that's convenient for you," explained Mohammed Imran, who heads up the centre.

Tim Ellis, Dean of Computing, added: "We are delighted to offer this new facility and hope it will be a valuable resource for local businesses."

For more information, please call Mohammed Imran on 07958 605835 or email expert@kingston.ac.uk

Reach higher with lifelong learning

It is possible to develop higher level skills in your staff through local and flexible learning delivered by colleges and universities based in south London. Come and find out how at the Reach Higher event on November 6, from 2-8.30pm at the Croydon Clocktower, Katharine Street, Croydon CR9 1ET.

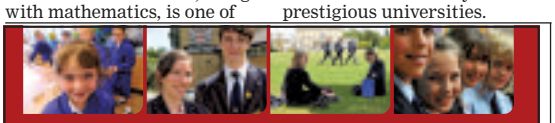
This event is targeted at employers like you, who may be interested in staff development and also at learners who are thinking about developing new skills or who simply want a higher level qualification to progress their career in one of the Lifelong Learning Network's (LLN) three sectors which are construction and engineering; health, social care, and biomedical science; sports, leisure and tourism.

Employers, take this one-stop-shop opportunity to meet representatives from the colleges and universities across the south London region who offer higher level courses in all three LLN sectors.

Don't wait for your staff to approach you about their training needs, come and find out what's on offer, which would allow them to combine study and work. Throughout the day, there will be series of workshops like 'Working with HE to accredit your own in-house training'.

Via its free workshops and one-to-one expert advice sessions, you will be able to discuss your higher level skills needs and explore how a better qualified workforce can help to improve your business and contribute to motivating and retaining your existing staff.

Book on any of its free workshops by visiting the website reach-higher.co.uk. Contact sllp@prospects.co.uk or call 0208 649 6421 for more details.



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Enjoy a taste of history this autumn

Take part in a range of activities at the royal palaces

As winter draws near, Historic Royal Palaces invites you to escape the cold and come and explore some of the greatest palaces ever built.

With so much to see in London, why not make your visit to the palaces part of an exciting day out in the UK's capital or even a weekend break?

With stunning architecture and spectacular sights at every turn, endless shopping and world class theatre, you will never be short of things to do in this wonderful historic city.

After an action-packed day of exploring, how about delighting your taste buds in one of the city's 6,000 restaurants or kicking back for the evening at a relaxing hotel?

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The iconic Tower of London is a must-do attraction in the heart of the city. See the sparkling Crown Jewels up close, meet the world-famous Yeoman Warders and hear their bloody tales of bygone days.

Learn about the legendary ravens of the tower, stand where famous heads rolled and get to know the characters who have left their mark on nearly a thousand years of history at this famous fortress. And this is only the start of what the tower has to offer.

This autumn you and your family can take part in a range of exciting new activities and events – guaranteed to make a visit to the tower an experience that you and your family will never forget.

Special events: October 25 to November 2:

● Fire a siege weapon! Discover life-size medieval siege machines located in the Tower moat. Learn about how they were made, and if you're game, even try firing one yourself!

● Soldiers of the Tower. What was it like to be a soldier living in the Tower of London? What did they eat and where did they sleep? Discover what life was like as one of the Tower's soldiers many years ago.

Hampton Court Palace

Crowned the UK's top heritage day out, Hampton Court Palace is a great experience for you and your little princes and princesses.

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For more information on what to see and do visit hrp.org.uk

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Wine and dine

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When guests can dine for free

Quality food and drink doesn't have to come at a premium – that's according to the management at The Drill in Worcester Park which is inviting 150 guests to attend an open night at the pub.

Guests will be able to enjoy a complimentary open buffet, wine tasting and sample the new range of juices that are sourced direct from Chegworth Valley Farm in Kent.

Colin Chapman, general manager at the pub, has been working closely with his new Italian chef, Marco Bonifacio Di Marzo to create a traditional menu with a fusion of classic Italian flavours.

Both Colin and Marco share a passion for delivering high quality, fresh food that everyone can enjoy.

"A quality dining experience should not just be limited to fine dining establishments that charge a premium," says Colin. "Our guests can enjoy quality fresh food and flavours and warm professional service without being concerned about the cos. This is vital during this current financial climate!" Colin explains the rationale behind the open night: "It is easy to just advertise your business in newspapers and media. But I really want people to understand and sample the passion and quality of experience that they can enjoy these days at The Drill. I truly believe that once people see and taste what we do, the word will quickly be passed on and that is the greatest marketing tool in the world!"

Marco, an experienced chef from Bari, Italy, produces fresh breads, sauces, sun-dried tomatoes. Creating fresh quality dishes is something which comes naturally to him. His recipes and creations have been handed down the family line for generations. When you combine these Italian influences with a traditional pub menu the results are a quality of food that is hard to beat with dishes for all to enjoy with everything from fish and chips to Italian Calzone!

Food is available all day every day from noon until 9pm. On Sunday a selection of roasts is added to the specials board. An excellent wine list, served by the glass or bottle, is also available to compliment the food offer.

The Drill boasts a large function suite that can be hired for parties, weddings and funeral buffets as well as business conferences and company open days. Full details are available upon request.

Live entertainment is on offer at The Drill with live bands every Friday evening and fortnightly jazz nights on a Tuesday. Other entertainment includes an "Open Acoustic Music Night" for budding musicians on Thursdays and a brain teasing quiz on a Sunday. The Drill has full satellite coverage, with a large screen for the all important matches/occasions.

For your chance to be one of the lucky 150 guests on Tuesday, November 11 telephone 07731 529 447. Doors open at 6.30pm until 8.30pm. Places are strictly limited.

To book a table or for any further information telephone 020 8337 4784. or visit thedrill.co.uk

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Find out what's coming up at Sutton's theatres this Christmas

See page 50

Milton keen

TALKS: The Paradise Of Paradise Lost, Leatherhead Theatre

Will Gore

Lance Pierson is a poetry evangelist – the performer has dedicated his career to promoting the works of his favourite poets, including Sir John Betjeman and Gerard Manley Hopkins in his one-man shows.

Now the latest wordsmith to benefit from his zeal is John Milton, the author of Paradise Lost.

To celebrate Milton's 400th anniversary, Pierson has created a show entitled The Paradise Of Paradise Lost, which is coming to Leatherhead Theatre next week (October 28) as part of the Mole Valley Arts Alive Festival.

He will perform the all-important book nine from Paradise Lost, the epic poem which tells the story of Adam and Eve's fall from the garden of Eden, and Pierson hopes the show will help reinstate Milton's reputation as the second most revered English poet after Shakespeare.

He says: "Book nine is the most important of the 12 as it is where Adam and Eve give into temptation and paradise is lost.

"The power of the devil really comes through when it is acted out."

In fact, the portrayal of Satan is so successful that it once lead William Blake to say Milton was "of the devil's party without relaising it."

Does Pierson agree? "No – Milton is showing how attractive the devil and temptation can be and points to how easy it is to stumble."

A committed Christian, Pierson's faith has drawn him to Milton and the other poets he performs shows about.

He believes there is common ground that brings the likes of Betjeman and Milton together.

Pierson says: "All the poets are Christian believers like me and they are all battling against some misfortune or sadness and, as a result, their writing shares an emotional quality.

"In Milton's case it was his blindness."

The fact Milton was blind, says Pierson, has given his work a power and a musicality that perfectly lends itself to dramatic adaptation.

He adds: "Unlike most poets, Milton never saw his work written down on the page. It was all done in his head and this certainly helps when performing as it is almost impossible to do badly.

"In Samson Agonistes, the way he deals with Sampson's blindness is very moving.

"Three of his sonnets also dealt with blindness – he only wrote 23, far fewer than the Elizabethan poets, but they are all gems."

Pierson believes that, despite Milton's fall from pre-eminence since the turn of the 20th century, the writer's influence continues to have a huge impact on English literature.

"CS Lewis's Narnia and Tolkien's Middle Earth were influenced by Milton," he says. "Philip Pullman is a huge Milton fan and JK Rowling is influenced by him too, although she is probably less aware of it.

"If you attempt a blockbuster nowadays you can't help but be influenced by him. He introduced ideas of space travel and shifting body shapes into our literature, many things we now take for granted.

"Milton also introduced more phrases to the English language than any other writer, including 'all hell broke loose' and 'tripping the light fantastic' – and people say to me at the shows they can't believe so much of our language came from him."

The Paradise of Paradise Lost, Leatherhead Theatre, October 28, 7.30pm, £8 (£6 members), 01372 365141, the-theatre.org

Passionate: Lance Pierson comes to Leatherhead Theatre with The Paradise Of Paradise Lost

Scout along on the crest of a wave

THEATRE: South-West Gang Show, Secombe Theatre

Will Gore

The roof is going to be raised at Secombe Theatre this half-term as 100 Scouts and Guides sing: "We're riding along on the crest of a wave" at full volume and earn their entertainment badges in the South-West Gang Show.

A gang show is a variety show including dancing, singing and sketches from original shows through to contemporary ones and audiences will be whisked from a 70s car wash to the Wild West, via Las Vegas.

South-West is Sutton and Epsom's local gang show and it is one of the few that has won the red scarf, awarded to productions that attain the high standard set out by Ralph Reader, the gang show founder.

The gang show originated in England in 1932. Reader, a former Rover Scout, became a famous sought-after Broadway choreographer and he wrote and staged the first gang show to raise money for his local swimming pool.

His show was instantly recognised by Baden-Powell as a great addition to the Scouting movement and this encouraged him to continue writing and producing shows.

Reader went on to establish the world-famous London Gang Show, as well as writing words and music to hundreds of songs and sketches, including the infamous "We're riding along on the crest of a wave" in 1934.

Many famous names have been involved in gang shows, including Sir Harry Secombe, Sir Richard Attenborough, Peter Sellers, Spike Milligan and Tony Hancock.

South-West Gang Show, October 28 to November 1, Secombe Theatre, Sutton, for ticket prices and showtimes visit suttontheatres.co.uk

The week ahead

Pamper night

Ladies will be pampered tonight at West Hill School in Leatherhead. Treatments will include back, neck and foot massages, mini-facials, and eyebrow waxing. The luxurious event is to raise funds for the school. Pamper evening, October 23Kingston Road, £5, 7.30pm, 020 8224 2729

Jazzing it up

Enjoy some late night-jazz (9pm-2am) at the Native Tongue in Epsom.This twilight session brings top acts from the London circuit together for a night of ecletic music. **Native Tongue, High Street, October 29, 9pm, free, 01372 720450**

Wood you believe it?

Tonight a Sutton Association of Woodworkers' meeting will cover woodturning and many crafts including carving, marquetry and pole-lathe turning. The society says all visitors will be made to feel welcome and the first visit is free, so why not give it a try. Community Hall, Cheam Methodist Church, Church Hill Road, October 23, 7pm, 020 8642 6227.

Young folk

BBC Two Folk Award nominees Mawkin – a young Essex folk four-piece band – and young baritone Jim Causley join forces for a concert at Epsom Playhouse tonight. **Mawkin:Causely, Epsom Playhouse, Myers Studio, Ashley Avenue, October 23, 8pm, £10, 01372 742555.**

Choral of approval

At St Andrew's United Reformed Church on Saturday, Carshalton Choral Society performs Brahms Ein Deutsches Requiem and Fauré Requiem as part of an impressive programme with Stoneleigh Choral Society. St Andrew's United Reformed Church, Northey Avenue, October 25, 7.30pm, £10 (£5), 020 8643 8317

For more events turn to page 51

Films What's on this week

GHOST TOWN (12A – pictured): Ricky Gervais graduates to Hollywood leading man in Ghost Town, David Koepp's supernatural comedy about a curmudgeonly British dentist who discovers he can see dead people on the streets of Manhattan. Unfortunately, the award-winning star simply doesn't have the charisma to carry an entire film, falling back on his usual repertoire of comic tics and mumbled asides. ★★

EAGLE EYE (12A): Shia LaBeouf stars in director DJ Caruso's ludicrously overblown romp about two strangers drawn into a web of murder and deceit by an unseen puppet master (voiced by Julianne Moore) who ultimately wants them to commit mass murder. The would-be assassins find themselves on the run from the cops and FBI as Eagle Eye barely pauses for breath between each slam-bang action sequence. ★★★

BURN AFTER READING (15): After the agonising tension and brutality of their Oscar-winning opus No Country For Old Men, writer-directors Joel and Ethan Coen return to comedic territory with this pithy tale of espionage and infidelity. While not classic Coen brothers fare, Brad Pitt keeps us smirking as the dim-witted gym employee who, with co-worker Frances McDormand, tries to blackmail a former CIA agent (John Malkovich) to fund her plastic surgery needs. Also features George Clooney and Tilda Swinton. ★★★★

THE ROCKER (12A): Strumming to the same beat as School Of Rock – albeit with a younger target audience – the new film from director Peter Cattaneo (The Full Monty) hits some of the right notes but there's nothing we haven't seen or heard before. And coming so soon after the 2003 Jack Black film, The Rocker – which has Rainn Wilson of the American version of The Office in its lead role – is little more than a feel-good cover version, replete with a denouement where the underdogs prove their not-so-heavy mettle. ★★★

IGOR (PG): Director Tony Leondis's animated take on the evil scientist/pitiful sidekick Frankenstein scenario is as brain-dead as some of its grotesque characters. Igor, voiced by John Cusack, is given an unlikely opportunity to invent something himself but unfortunately his monster believes she is an actress destined to audition for the role of musical heroine Annie. Children will be bored almost as quickly as parents. ★★

MIRRORS (15): Kiefer Sutherland returns to the big screen in this ridiculous horror yarn as a former cop who stumbles into a nightmare world in his new job as a night security man. With his marriage wrecked by alcohol problems, Sutherland is unaware mirrors in the store he protects are possessed and need him to carry out their despicable plan – or face the consequences. ★★

MUTANT CHRONICLES (18) British director Simon Hunter makes a strong bid for the worst film of the year with his second feature, a futuristic action-adventure that locks and loads but only shoots blanks. The film, which features John Malkovich, and Hellboy star Ron Perlman, mimics the look and relentless gore of a noisy arcade machine game and labours under the illusion that a few snazzy visual effects will satisfy thrill-seeking audiences for the best part of two interminable hours. ★

It'll be all Frite on the night

GIGS: Stage Frite, Wallington Halls

Will Gore

StageFrite will be living up to its name for a Halloween special Frite Nite at Wallington Halls (October 31) and the show will feature seven rocking bands who will all be aiming to ensure things go bump on the night.

Frite Nite will feature a set of indie rock from young whippersnappers The Theory of Six Degrees, fantastic emo from Some of Us Never Die (pictured) and None The Less will bring their own brand of "metal'n'roll" to the StageFrite stage (see Band Focus opposite.)

There will also be performances by Humbug, the Confined, Crisis Journey and Security Within Shadows – and the really frightening part is that seeing all of this great music will only set you back £7.

Organiser and host of StageFrite "Big" Dave Clarke can't wait for the spooky extravaganza. He says: "It is going to be a great mix of rock, punk and metal for our Halloween Frite Nite. It will be fancy dress and we will be giving tickets away for our 10-band mega gig headlined by Cinders Fall on November 15 to the worst-dressed people!

"There will be lots of Halloween stuff going on. There will be lots of fun stuff to keep everyone entertained, so it's not just about seeing your favourite band."

The bands should also be sounding better than ever as StageFrite has teamed up with a new sound engineer.

"Our new sound man has worked with Coldplay and Eric Bell from Thin Lizzy – it will sound absolutely awesome," says Clarke.

On a sad note, the StageFrite team is currently mourning the loss of a much-loved crew member. Tim "Big Hair" Kearns, who worked as a steward at the band night, died suddenly in his sleep recently and his loss has left a huge gap in the StageFrite family.

"Tim passed away on the day of our most recent gig," says Clarke. "He was the most lovely guy, as fit as a fiddle and a great actor – he was studying acting at university.

"He was loved by everyone at StageFrite and nationwide, too. If people fell over in the moshpit he was always the first person to go in and make sure every one was OK.

StageFrite, Frite Night, October 31, Wallington Halls, 3 Stafford Road, Wallington, 7pm, £7, visit myspace.com/-stagefrite

Getting into the right spirit

EVENTS: Halloween at the Greyhound Hotel, Carshalton

Will Gore

Make The Greyhound Hotel one of your favourite haunts this Halloween as the Carshalton pub is getting into the spirit of things.

That Legendary Wooden Lion will be playing live music throughout the evening.

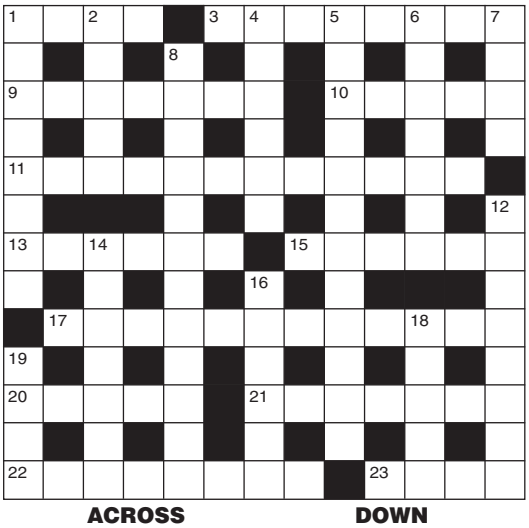
And punters are encouraged to "dress to fright", so dig out the white blanket and the fake blood and prepare to get scary.

The Greyhound will also be laying on tarot readings, free spells, apple bobbing and a Devil's Punchbowl.

The bar will also be open until the witching hour – so no driving as your carriage will have turned into a pumpkin!

Halloween at the Grey Hound Hotel, 2 High Street, Carshalton. Visit greyhoundhotel.net for more information on the event.

Quick Crossword



ACROSS

1. Wither (4)
3. Closet (8)
9. Non-professional (7)
10. Parrot (5)
11. Hymn (4,2,6)
13. Diffident (6)
15. U.S. inventor (6)
17. Sea bird (6,6)
20. Unsuitable (5)
21. Bandits (7)
22. Enrolled (8)
23. Boss (4)

DOWN

1. Terrible (8)
2. Empty (5)
4. Immature (6)
5. Artillery attacks (12)
6. Charges (7)
7. Daybreak (4)
8. Shows (12)
12. Enveloped (8)
14. Obedient (7)
16. Past (6)
18. Respond (5)
19. Reign (4)

Last Week's solution:

Across: 6 Disease; 7 Under; 9 Pleat; 10 Minimum; 12 Instruction; 14 Constituent; 18 Natural; 19 Droll; 21 Actor; 22 Advance.

Down: 1 Aisle; 2 Retain; 3 Use; 4 Insist; 5 Set upon; 8 Liqueur; 11 Ethical; 13 Monarch; 15 Stupor; 16 Normal; 17 Slack; 20 Odd.

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Band focus
None The Less

Who's who?

We are None The Less, a five-piece metal'n'roll band. We have achieved fifth-best unsigned band of 2007 by Kerrang magazine, have supported (and due to support) some great bands, and have made some amazing friends along the way.

When did it all start?

The band has been going for a few years now but we have been playing with our current line-up since September 2007. That's when it all really took off for us.

Sound/influences

We describe ourselves as metal'n'roll. We always keep elements of metal in our music but also like our songs to have a rock'n'roll vibe, too. These days, bands stick too much to one or the other, where as we have found that blending the two genres together works pretty well.

Where do you play?

We try to play as many shows as possible, in every corner of the country. We have played in Scotland and Wales, as well as East Anglia, the Midlands, and everywhere between down south to right up north.

Scariest member?

Well, we can all be pretty scary when we are mad, especially as all we do is wind each other up.

Favourite horror film?

Everything from the Saw films to Nightmare On Elm Street, to classics like The Excorcist and Night of the Living Dead.

Trick or treat?

Trick!

Favourite Hallowe'en tune?

MC Roach and MC G – Halloween Tune!

Best moment?

The best moments for us are always playing to a great crowd. It is really cool when the kids go mental and look like they are enjoying themselves.

Any releases?

We have an EP titled Keep Your Hands To Yourself and we have just recorded our first mini-album titled The Way To Save Ourselves which will be available as of early 2009.

What's your dream?

I guess we all just want to play music for a living. It's what we all enjoy doing most and we have such fun doing it. We have been lucky to travel the country, and would love to continue doing this, but hopefully on a bigger scale.

What's your fantasy festival line-up?

It would definitely have to include Exit Ten, Fightstar, Slipknot, Metallica, and all the other Epic bands out there!

Anything else?

See myspace.com/nonetheless online

ATTENTION!

Want your band featured?

Email Will at wgore@london.newsquest.co.uk

NOTICEBOARD *Music*

More music Visit yourlocalguardian.co.uk

No Nonsense Blues will play at The Star in Ewell Village on October 25 (9pm). The band is also heading into the studio to record a new demo on November 4. Visit myspace.co/nononsenseblues

email wgore@london.newsquest.co.uk

On November 1 the Ed Hudson Band is playing the Prince Regent (High Street, Sutton). Expect powerful classic rock covers from AC-DC to ZZ Top, starting at 9pm.

Kid and Conundrum are currently recording two of their best tracks, Champion of the Winter Games and Postman, soon to appear on their website to download – kidandconundrum.com or myspace.com/kidandconundrum

Chop, Chop: Bear Touch? present their debut single to the mammals of the world at MotherBar, 333 Old Street, on November 7. The Dancefloor is a Scary Place/ Dying To Know Nothing double A-side and the band wants fans to design the sleeve. See myspace.com/chopchopbeartouch

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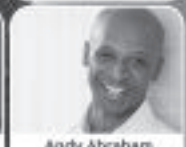
OCT			
Thu 23	The Searchers	AT	Merseybeat/Rock
Fri 24	60s/70s Party Evening	AG	Party Evening
	The Elvis Collection	AT	Elvis Tribute
	Musical Box Performs Genesis	CH	Genesis Tribute
	Croydon Comedy Club	MR	Comedy
Sat 25	Level 42	CH	80s/90s Music
Sun 26	Rhema Ministries	AT	Worship Event
Mon 27	Croydon Asian Youth Group	AT	Performing Arts
Tue 28	The New Foxtrot Serenaders	AT	Lunchtime Event
	Katy Setterfield as Dusty Springfield	CH	Dusty Springfield Tribute
Wed 29	Basil Brush's High Skool Mania	AT	Family Show
	Ralph McTell	CH	Folk/Country
Thu 30	Magic - A Kind of Queen	AT	Queen Tribute
	Tango Tango	CH	Dance Show
Fri 31	C'Mon Everybody	AT	50s/60s Music

Jared Osmond Wed 12 November 8pm

Dominic Kirwan 5 November

Rudi Lickwood 6 November

Jane McDonald 15 November



Andy Abraham 14 November

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Massive public attendance
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Charity No: 1095197

Car Boot Sales

The Shooting Star Children's Hospice
GRAND CAR BOOT SALE
Jct Tamworth Lane & Cedars Avenue, Mitcham
SUNDAY 26th October
- Next event 2nd November
Cars £8, Vans £10 no booking required
Sellers 10.30 am, Buyers 11.00 am
Admission is only 50p per adult, £1 before 11.00 am
FREE PARKING ON SITE
ALL ENTRANCE & STALL FEES GO TO THE HOSPICE.
TOILETS, REFRESHMENTS AND BOUNCY CASTLE
For enquiries, please contact 07813 052 539

GRAND CAR BOOT SALE
Wimbledon Stadium Car Park, Plough Lane SW17
Every Saturday – Cars £10 Vans £20
Admission £1 after 8.30am or £2 before
No New Goods Allowed All on hard standing
07546 579748

GIANT SUNDAY MARKET
Wimbledon Stadium
Every Sunday 8.30am-2.30pm
Stall enquiries call
020 7240 7405
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Every Wednesday 10.30am - 2.30pm
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EPSOM MEDICAL EQUIPMENT FUND
CHARITY CAR BOOT SALE
In front car park
EPSOM GENERAL HOSPITAL
Sunday 26th October
8am-12.30pm.
Cars £10, small vans only £12, trailers £3 extra.
Tel Enq 020 8337 8181

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OPEN EVERY SUNDAY ALL YEAR
SUNDAY 26th OCTOBER 2008
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24th October - 30th October

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SAW V (18) 18:50, 21:00
BURN AFTER READING (15) 13:30, 15:50, 18:10, 20:20
IGOR (PG) 12:20, 14:30, 16:40
EAGLE EYE (12A) 15:30, 20:30
CITY OF EMBER (PG) (11:20) Not Fri
HOUSE BUNNY (12A) (11:10) Not Fri, 13:20, 18:00
MIRRORS (15) 20:50
EMPIRE JNRS All tickets £1
JOURNEY TO THE CENTRE OF THE EARTH (PG) (11:00 Sat/Sun)
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Tickets

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THEATRE: Christmas at Secombe Theatre and Charles Cryer Theatre

Will Gore

A winter wonderland of theatrical productions is heading to Sutton this Christmas as the Secombe Theatre and the Charles Cryer Studio Theatre bring four special family shows to the stage.

At the Secombe Theatre the classic fairytale Beauty and The Beast will be brought to life with puppets and music, and the production promises to be the perfect evening's entertainment for family's after a traditional Christmas show. In contrast, Peter Pan – A Rock Fantasy will offer a very different take on a panto favourite.

JM Barrie's famous story will be brought kicking and screaming into the 21st century with a rocking score especially composed for the production by Sam Hall and Debbi Parks.

All the much loved characters will be present and correct, including Tiger Lily and the naughty Tinkerbell, as well as the ones audiences love to hate - the villainous Captain Hook and his bumbling sidekick Smee.

Led by a professional cast, Peter Pan – the Rock Musical will also feature a chorus of sixty local community actors and young performers.

At the Charles Cryer Studio Theatre Wings Productions, who have previously brought their sellout shows The Snow Queen, The Little Mermaid and Clara and The Nutcracker to Carshalton, return for another Christmas run at the intimate venue. This year they will be performing The Sorcerer's Apprentice.

Loosely based on the Goethe poem and made famous Disney's Fantasia film, the story follows a young boy who is plucked from poverty and who, after being intoduced to the mysterious and magical world of sorcery, embarks on a series of thrilling adventures.

Wings have also developed a new interactive show for the littlest theatre-goers, Twinkle, Twinkle Little Star.

The show has been devised for 0-5 year olds and all audience members will be able to get involved in the action.

Beauty and The Beast, December 11-18, Peter Pan – the Rock Musical December 22 – January 3, Secombe Theatre, Sutton, The Sorcerers' Apprentice, December 4 – 24, Twinkle Twinkle Little Star, December 10 – 19. For showtimes and ticket prices call the box office on 020 8770 6990 or visit suttontheatres.co.uk.

Dream chance

Centrestage a new theatre school opening in Sutton is giving people of all ages the chance to tread the boards and realise their dramatic dreams.

Led by director and choreographer Annette Aubrey in association with Pneumata Dance Productions.

Centrestage will train people from five and over for the stage and the screen.

As well as developing performers' individuality, Centrestage will also train people for career in the arts media industry and there will be classes available from beginner to masterclass level.

Classes are strictly limited in size and those interested will have to pass an audition.

Auditions will be held in St Nicholas Community Halls, Sutton, on Saturday, November 1 from 11am.

Modules for selected students will include dance fusion, drama, singing and circus skills. To register for audition email info@centrestage.com or phone 07740 676 486.

The school will runs for 42 weeks of the year on Saturdays with breaks for Easter, Christmas and summer.

Centrestage auditions, November 1, St Nicholas Community Hall, Sutton, 11am.

YOUR EVENT could appear HERE

Fill in a form at yourlocalguardian.co.uk/events

What's on

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What's On

thursday, october 23

EVENTS

Pop Quiz. 9pm. Windsor Castle, 378 Carshalton Road, Carshalton. £2. 020 8669 1191. windsorcastlepub.com/music

Quiz. The Greyhound, 2 High Street, Carshalton. £2. 020 8647 1511. greyhoundhotel.net

Sutton Association of Woodworkers. 7pm. Cheam Methodist Church, Church Hill Road. Free first visit. 020 8642 6227 or 020 8644 6911. audrey@saunderson.net

GIGS

Live Jazz. Epsom Jazz Club. 8.30pm. The White Horse, 63 Dorking Road. Free/£2. 01372 726622.

Acoustic Open-Mic. 8.45pm. The Drill, 101 Cheam Common Road, Worcester Park. Free admission. 020 8337 4784. thedrill.co.uk

Mawkin/Causley. Folk four-piece and Jim Causley. 8pm. Epsom Playhouse, Myers Studio, Ashley Avenue. £10. 01372 742555. epsomplayhouse.co.uk

friday, october 24

EXHIBITIONS

The Past in Pictures. Until Nov 2. 11am. Honeywood Museum, Honeywood Walk, Carshalton. £1.60, child 80p. 020 8770 4297. lbshoneywood @btconnect.com

EVENTS

Not Strictly Ballroom. Until Nov 31. Dances taught incl foxtrot, waltz, cha cha and swing. 7.30pm. Leatherhead Theatre, 7 Church Street. Four-week course £45. 01372 365141. boxoffice@the-theatre.org

Three Heads in a Well – Storytelling Club for Adults. Tell or listen to ghost stories – max 10 min per story. 7.30pm. The Sanctuary, St Michael's Church, Church Street, Ewell. £5 (con £3). 07834 194215. JanetTells@gmail.com

GIGS

The ELO Experience. Tribute. 7.30pm. Boom Boom Club, Sutton United FC, Borough Sports Ground, Gander Green Lane. £12 (£10 adv). 020 8761 9078. feenstrap@yahoo.co.uk

In Dreams. Johnny Curtiss as Roy Orbison, Suzi Jari as Dusty Springfield, Michael King as Billy Fury. 7.30pm. Secombe Theatre, 42 Cheam Road, Sutton. £15 (£8 children). 020 8770 6990. suttontheatres.co.uk

Headfunk Live Bands Fri/Sat @ Native Tongue. Breakbeat, funk, jazz, nu soul and indie bands every Fri and Sat. 8pm. Native Tongue, 93 High Street, Epsom. 01372720450. Text Native Headfunk to 60006 or email info@nativetongue. co.uk

The Backtrack Band. Covers band. 8.45pm. The Drill, 101 Cheam Common Road, Worcester Park. Free. 020 8337 4784. thedrill.co.uk

THEATRE

High School Musical – On Stage! Until Oct 31. Various times. Leatherhead Theatre, 7 Church Street. £17 (£15/£60). 01372 365141. the-theatre.org

saturday, october 25

EVENTS

Autumn Craft Fair. 10am. Holy Trinity Church, Manor/Maldon Road, Wallington. £1, 50p conc. 020 8401 2006. alisonsoul@msn.com

Friends of Whitehall End-Of-Season Bookstall. 10am. Whitehall, 1 Malden Road, Cheam. 020 8643 1236. whitehallcheam@btconnect. com

The Pilgrim Quilters' 18th Exhibition. Until Oct 26. Display of quilts and wall-hangings by The Pilgrim Quilters. Raffle, stalls, tombola. In aid of Headley Court Help For Heroes. 10am. Priory School, Bolters Lane, Banstead. £1.50 (accomp U16s free). 01737 350177. evelyn.smith@btinternet.com

Hallowe'en Hullabaloo. Witches' and Wizards' Hat, and Hallowe'en Picture competitions. Picture must incl cat! Bring entries on day. Make witch puppet and CD pumpkin. 10am. Ewell Court Library, Lakehurst Road. Free. 020 8393 1069.

1st Ruxley Snail Race Night. Animated races. Fish and chips incl – £5.50, £3.50 child. Adv booking only. In aid of 1st Ruxley Sea Scout Group. 5.30pm. Scout Hall, Kingston Road/Tealing Drive, Ewell. 07980 130270.

GIGS

Juicy Lucy. Rock led by Ray Owen. 7.30pm. Boom Boom Club, Sutton United FC, Borough Sports Ground, Gander Green Lane. £10 (£8 adv). 020 8761 9078. feenstrap@yahoo.co.uk

Bad Influence. Rock and blues. 9pm. Windsor Castle, 378 Carshalton Road, Carshalton. Free. 020 8669 1191. windsorcastlepub.com/music.html

Sidewinder. Rock. 9pm. Royal Oak, 265 Kingston Road, Leatherhead. Free.

CONCERTS

Carshalton Choral Society. Brahms Ein Deutsches Requiem and Fauré Requiem with Stoneleigh Choral Society. 7.30pm. St Andrew's United Reformed Church, Northey Avenue, Cheam. £10 (£5 U18s). 020 8643 8317. carshaltonchoral.org.uk

sunday, october 26

EVENTS

Charity Car-Boot Sale. Sellers 8am. In aid of Epsom Medical Equipment Fund. 9am. Car Park, Epsom General Hospital, Dorking Road. Cars £10, small vans £12, trailers £3 extra.

GIGS

Jam Session @ Native Tongue. Kit provided. 9pm. Native Tongue, 93 High Street, Epsom. Free. 01372720450. Text Native Jam to 60006 or email info@nativetongue.co.uk

Driver. 9pm. Windsor Castle, 378 Carshalton Road, Carshalton. Free. 020 8669 1191. windsorcastlepub.com/music.html

monday, october 27

EVENTS

Quiz. 8.30pm. White Horse, 63 Dorking Road, Epsom. 01372 726622. enquiries@whitehorseepsom.com

Mr Bungle. Magician. Until Oct 31. 10am-3pm. Bocketts Farm Park, Young Street, Fetcham, Leatherhead. Various prices. 01372 363764.

Family Fun Day. 10.30am & 2pm. Cheam Methodist Church, Church Hill Road. Free. 020 8644 3999.

Scream. U16s Party. Prize for most scary costume. With MC Zani. 7.30pm. Chicago Rock Cafe, 5-8 Spread Eagle Walk, Epsom. £5. 01372 747499.

THEATRE

Over the Rainbow. Until Oct 28. Eva Cassidy story. 7.45pm. Epsom Playhouse, Ashley Avenue. £18.50 (£14.80). 01372 742555. epsomplayhouse.co.uk

GIGS

Denise Lawrence band. Jazz, blues and gospel. 8pm. £9.50 (£8.40). Epsom Playhouse (see above).

COMEDY

Monday Night Comedy @ Native Tongue. 8.30pm. £5/£4. Text Native Comedy to 60006. Native Tongue, 93 High Street, Epsom. info@nativetongue.co.uk

tuesday, october 28

GIGS

Barry J Swing Sensation. 8pm. The Bell Inn, Ewell Road, Cheam. Free. 020 8394 2000. julie.sarbutt@gmail.com

EVENTS

Gang Show. Until Nov 1. 7.30pm. Secombe Theatre, 42 Cheam Street, Sutton. From £5. 020 8770 6990.

THEATRE

The Best of John Betjeman. Lance Peirson recites poems. 7.30pm. Leatherhead Theatre, 7 Church Street. £8 (£6). 01372 365141. boxoffice@the-theatre.org

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3'SEATER SOFABED White machine washable covers, L204 x D92 x H70 cm, good condition £160 07930 413 287 can email picture

OAK TV Stand (Argos 610/3750) In excellent condition £30 ono for collection from Cheam James 07790 243 802

BEDROOM SUITE Double wardrobe, chest of drawers, bedside cabinet, dressing table, stool £95 07769 684 438

QUICK SALE 2 White Wardrobes £10. Wooden Bunk beds £10. 4ft double divan bed with 4'drawers £20. 020 8715 7336

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ADD-A-DRAWER Two small white polystyrene drawers to fit under worktop, £6. Tel 020 8647 0195

PHILLIPS DOLBY Vitual surround silver corner TV with glass stand £100 07799 263 765 or 07799 531 278

IKEA WARDROBE PAX antique pine H 236cm four doors £95 tel 020 8395 6202 mob 07810 321 417

VERY PRETTY White cane peacock chair £20 good condition in Epsom 01372 726 875

VERY PRETTY Effect rocking chair £20 good condition in Epsom 01372 726 875

WHITE CANE Door cupboard 82H x 70W x 36D £20 good condition in Epsom 01372 726 875

42' ROUND TABLE and chairs. Medium Yew wood. Vgc. £500ono. Will deliver. Call 07986 447 956

COCKTAIL CABINET Medium Yew wood, two parts, vgc, fitted lights, £500ono. Will deliver. 07986 447 956

SIDE DINING cabinet. Medium Yew wood, vgc, £200ono. will deliver. Call 07986 447 956

TEAK EXTENDING Table & 6 chairs including 2 carvers, 1 has broken arm £70 01372 817 515

ANTIQUE PINE Dresser, detachable top section VGC £70 tel 01737 218 884 (matching table & chairs available)

ANTIQUE PINE Twin pedestal extending table, 4 chairs & 23 carvers VGC £95 (matching dresser available)

2 SEATER Settee, soft cream leather nice condition £85 020 8337 3579

TALL STANDARD Lamp, beach wooden stand and large cream lampshade as new £20 020 8337 3579

General

FLOOR UPLIGHTER Reading lamp £7 Floor lamp £5 4 months Sutton 07591 639 582

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General

TESCO LIQUIDISER 1.6ltr VGC 4 months old £10 Sutton 020 8643 2669

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BRAND new Pro-form elliptical 690HR cross trainer programmable space saving technology £100 no offers 020 8395 3325

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Public Notice

EPSOM AND EWELL BOROUGH COUNCIL

TOWN AND COUNTRY PLANNING ACT 1990
PLANNING (LISTED BUILDING AND CONSERVATION AREAS) ACT 1990
TOWN AND COUNTRY PLANNING (GENERAL DEVELOPMENT) ORDER 1995
NOTICE OF APPLICATION FOR MAJOR DEVELOPMENT
ARTICLE 12B

In accordance with the above, notice is hereby given that application(s) have been made to the Epsom and Ewell Borough Council for permission to carry out the following proposal(s).

08/00742/FUL **46A Ewell Downs Road, Ewell, Surrey**
Installation of replacement double-glazed aluminium framed windows to the front of the property (landing window, bedroom window and bathroom window).

08/00937/TPO **Ivel Cottage, 9A Worple Road, Epsom**
Light crown lifting and selective lateral branch reductions of Sycamore in the rear garden.

08/00876/FUL **49 The Green, Ewell, Surrey**
Replacement of Crittal windows with new white upvc windows.

08/00861/FUL **4 East Street, Epsom, Surrey**
Amendment to condition 1 of planning permission 04/00294/FUL, to allow opening until 2am Sunday to Thursday.

08/00939/FUL **91 & 92 Bracken Path, Epsom, Surrey**
Insertion of timber sash windows.

08/00929/CAT **6 Downside, Epsom, Surrey**
Crown pruning to two Lime trees; a Magnolia and Conifers. Felling of a Cherry tree and a false Acacia.

08/00924/CAT **St Marys Church, London Road, Ewell**
Felling of a Norway Maple in the churchyard.

08/00922/TPO **19 Mospey Crescent, Epsom, Surrey**
Crown lifting and crown thinning to two Beech trees in the rear garden.

08/00923/TPO **Orchard House, 9 Lady Forsdyke Way, Epsom**
Crown thinning and selective lateral branch reduction to the Oak tree in the rear garden.

A copy of these applications and accompanying drawings will be available for inspection by the public during normal office hours at the Town Hall, The Parade, Epsom, Surrey and at Bourne Hall, Ewell, Surrey. Bourne Hall is also open for the viewing of plans between the hours of 9.00am and 3.00pm on Saturdays.

Any representation concerning the application(s) should be sent to the Planning Department, Town Hall, The Parade, Epsom, Surrey KT18 5BY, to arrive within 21 days from the date of publication of this advertisement.

IT SHOULD ALSO BE NOTED THAT ANY REPRESENTATION RECEIVED MAY BE MADE AVAILABLE FOR INSPECTION BY THE PUBLIC, AND MAY BE COPIED AS A RESULT OF THE PROVISIONS OF THE LOCAL GOVERNMENT (ACCESS TO INFORMATION) ACT 1985. REPRESENTATION WILL NOT BE ACKNOWLEDGED UNTIL AFTER AN APPLICATION HAS BEEN DETERMINED. LATE REPRESENTATIONS CANNOT NORMALLY BE TAKEN INTO CONSIDERATION.

Please note that the Council do not accept any responsibility for any incomplete or inaccurate descriptions

HEAD OF PLANNING,
EPSOM & EWELL BOROUGH COUNCIL

IN THE MATTER OF THE INSOLVENCY ACT 1986
AND IN THE MATTER OF
MAGNOLIA CATERING LIMITED

NOTICE IS HEREBY GIVEN pursuant to SECTION 98 of the Insolvency Act 1986, that a MEETING of the CREDITORS of the above named company will be held at Hotel Antoinette, 26 Beaufort Road, Kingston KT1 2TQ on 5 November 2008 at 11.30am for the purpose mentioned in Section 99 et seq of the said Act.

Robert Stone of R. Duncan Stone & Co., Sunrise House, Newdigate Road, Beare Green, Dorking, Surrey, RH5 4QD, is the Licensed Practitioner dealing with the affairs of the company, who will, free of charge, supply creditors with any information they may reasonably require.

DATED this 13 October 2008

BY ORDER OF THE BOARD

MRS A MCCORMACK *Director*

Legal Notice

ON-IT LIMITED
(In Creditors Voluntary Liquidation)
In accordance with Rule 4.106 of the Insolvency Act and Rules 1986, on 07/10/2008, Andrew Andronikou and Peter Alan Kubik both of UHY Hacker Young LLP, Quadrant House 17 Thomas More Street Thomas More Square London E1W 1YW, were appointed Joint Liquidators of On-It Limited by resolutions of Members and Creditors. Notice is hereby given that the creditors of the above named company, which is being voluntarily wound up, are required, on or before 07/11/2008 to send in their names, addresses and descriptions, full particulars of their debts or claims and the names and addresses of their Solicitors (if any), to the undersigned Peter Alan Kubik of UHY Hacker Young LLP Quadrant House 17 Thomas More Street Thomas More Square London E1W 1YW, the Joint Liquidator of the said company, and, if so required by notice in writing from the said Joint Liquidator, are, either personally or by their Solicitors, to come in and prove their debts or claims at such time and place as shall be specified in such notice, or in default thereof they will be excluded from the benefit of any distribution made before such debts are proved. Dated 07/10/2008
PETER ALAN KUBIK, Joint Liquidator
T239226

PHILIP SIDNEY LOVE (Deceased)
Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased late of 86 West Hill Avenue Epsom Surrey KT19 8JX, who died on 29/12/2007, are required to send particulars thereof in writing to the undersigned Solicitors on or before 31/12/2008, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.
TWM SOLICITORS LLP
123 High Street Epsom
Surrey KT19 8AU *T239644*

JOSEPH HENRI MONASTERIO (Deceased)
Pursuant to the Trustee Act 1925 any persons having a claim against or an interest in the Estate of the aforementioned deceased, late of Upper Flat Walton Manor Walton Street Tadworth KT20 7SA, who died on 03/02/2001, are required to send particulars thereof in writing to the undersigned Solicitors on or before 31/12/2008, after which date the Estate will be distributed having regard only to claims and interests of which they have had notice.
NICHOLS MARCY DAWSON
77 High Street
Walton on Thames
Surrey KT12 1DR *T239051*

JOBS & Careers

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Tel: 020 8330 9955 Fax: 020 8330 9911

Rosebery is a community based Housing Association with very high standards. We manage over 2,400 units of accommodation and pride ourselves on striving to deliver excellent services to our customers. These two posts will compliment our housing team in the delivery of that excellence vision. If you are up for the challenge, we will offer you an outstanding working environment, exceptional training and a competitive package of benefits. In return we will want from you an ability and commitment to deliver positive outcomes for our customers.

Housing Officer

We are looking for an enthusiastic and committed housing professional with excellent organisational and communication skills and the ability to work to targets and deadlines. With a focus on meeting the needs of our customers, you will be self-motivated and possess an aptitude to meet challenges and adapt to change. You will be responsible for the delivery of an effective and efficient housing service within a dedicated patch, playing a key role in tackling anti-social behavior and tenancy and estate management. You will also be responsible for arrears prevention and working with partners to deliver a community based service.

The successful applicant should be educated to GCSE level, BTEC, GNVQ Intermediate, NVQ Level 2 or equivalent. Experience of working in a similar environment is essential. Practical knowledge of MS Word and Excel and office administration is important.

Salary: £23,610 - £25,663 + car allowance
Cut off date: 7 November 2008
Interview date: w/c 17 November 2008

Estate Services Officer

We are looking for a fit, active and enthusiastic person to be able to work outdoors all year round. As a member of the housing department you will be part of a team working to improve the quality of the environment on our estates. You will be responsible for monitoring cleaning and grounds maintenance services and to ensure that those services are efficient and to the satisfaction of customers. Your work will help to make sure that residents can enjoy and take pride in their local area.

The successful applicant should have the ability to understand the needs of customers, have good communication skills and the ability to write clear and concise letters and reports. Possession of a driving licence and the ability to drive a van are essential.

Salary: £22,754 - £24,733
Cut off date: 7 November 2008
Interview date: w/c 17 November 2008

For further information on the above positions, please visit our website www.rosebery.org.uk or call Pippa Coutinho on 01372 814030.

Carers

CARE ASSISTANTS:
Work for Ambition24hours and earn up to £500 per week. Tel 0871 87 33350 or interview@ambition24hours.co.uk (agcy)

PANACHE NURSE/CARE AGENCY
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Required for specialist Orthodontic Practice. Dental experience preferred. Excellent Salary for the right candidate. Reply with CV to Epsom 020 8394 2324 or email: ewellortho@aol.com

2 DENTAL NURSE POSITIONS
available in Ripley Village, Woking, Surrey. Experience advantageous. Salary £16500 to £20000 depending on experience and qualifications. Call 07968135115 or e-mail CV's to chigamin@aol.com

Education & Nursery

NURSERY ASSISTANT REQUIRED
for friendly Wimbledon Day Nursery, good salary plus paid overtime. Call Donna: 020 8540 8820

LONDON BOROUGH OF SUTTON

The London Borough of Sutton is committed to improving the lives of vulnerable and disabled people and their carers by providing services that promote choice, control and independence. To help us achieve this commitment we wish to enter into a contract with a user-led organisation that is suitably skilled and qualified to provide the following services:

1. An Independent Living Service, that is based on the principles of centres for independent living to promote independence by providing information and support for young disabled people in transition; vulnerable and disabled people, as well as self-funders to make their own choices and develop their own care plans. The service shall also include the provision of independent living skills and support for people with physical, sensory, dual sensory disabilities or any combination of these, including cognitive impairment who live in the borough and who have been assessed by a Care Manager as requiring an independent living service, that includes rehabilitation, training, therapeutic, social and day opportunities.
2. A Self Directed Support Service for people in receipt of community care services who want to take more control and have increased choices over the support they receive through personal budgets.

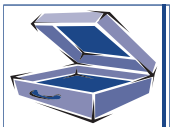
Organisations will have an opportunity to submit a tender for either or both services and should have an excellent track record of providing similar services. Each contract will be for a period of three years with an option to extend for a further two years. It is anticipated that the service will commence in April 2009.

For further information and to receive a tender pack please visit the London Borough of Sutton website or contact:

Richard Edwards
Contracts Officer
Adult Social Services & Housing
Civic Offices
St Nicholas Way
Sutton
Surrey SM1 1EA
Tel: 020 8770 4780

Website link:
http://www.sutton.gov.uk/index.aspx?articleid=3411

The closing date for receipt of completed tenders:
Midday, Friday 28 November 2008.



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Want to make a difference, use your skills and work with a great team of people?

Community Fundraising Assistant

£16,500 Tadworth, Surrey

The Children's Trust is looking for a pivotal person to join the fundraising team. We're a national charity making sure that the UK's most vulnerable children can live their lives to the full.

We are looking for someone super efficient, enthusiastic and organised who loves people and is ready to seize every opportunity. You will organise local events, motivate and manage volunteers, help and be part of a team providing first rate support to Community Fundraisers around the UK.

You are sociable, organised and an excellent communicator, you'll already have great IT skills and the ability to prioritise your own work. You must be happy to work flexible hours, including evenings and weekends as necessary. We will consider part-time working too.

Please apply online at www.thechildrenstrust.org.uk or request an application pack by emailing recruitment@thechildrenstrust.org.uk You can also phone 01737 365063 (24 hrs).

For more information please call Katie Roberts on 01737 364 322.

Closing Date: 7th November 2008.

The Children's Trust is fully committed to safeguarding children and young people.

Registered Charity number 288018

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Apply in confidence, to hr@jameshull.co.uk or contact 02920 772955

Education & Nursery

NVQ3 IN CHILDCARE?
Afters, after school club, in Epsom, has a vacancy for a manager. Salaries from £7-£10ph. 3-6pm, Monday-Friday, term time. NVQ level 3 or equivalent required. Please contact Aileen on 01372 743178 or stamfordgreen@aftersclubs.co.uk

General

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Green Wrythe Primary School

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Tel: 020 8648 4989
Fax: 020 8646 2454
Email: greenwrytheprimary@suttonlea.org

Midday Supervisors

APT & C Grade 1c/3 (£15,384 - £17,907) pro-rata
Term-time only
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Term-time only for 6.25 hours per week
Hours 11.55am - 1.10pm or 11.45am - 1.00pm

We are looking for cheerful, energetic, persons to join our friendly team. The post includes supervising in the dining hall, initiating play activities in the playground and supervising in the classrooms, during the lunchtime period.

Please contact the Schools HR Team, Stonecourt, 2 North Street, Carshalton, Surrey SM5 2HU
Tel: 020 8770 6570 for an application pack.

Closing date:
Friday 7 November 2008.
Interviews:
Thursday 13 November 2008.

Sutton

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Hands up who wants a hands-on challenge

Part of the Children's Trust, St Margaret's School is a purpose-built non-maintained residential special school that provides innovative education, therapy and care for pupils with profound and multiple learning difficulties and complex medical needs. Described by Ofsted as "a good school with many strengths", it's a uniquely inspiring place to be. Join us and you'll quickly discover why.

Classroom Assistant/ Special Support Assistant

£14,844-£15,752 pro rata (32.5 hours per week)

Tadworth, Surrey

You'll help teachers create a highly supportive learning environment in which our students can thrive and fulfil their potential. Providing one-to-one attention where appropriate, you'll maintain records of progress while ensuring the highest standards of hygiene and safety are upheld at all times.

To take on this worthwhile position you'll be a good communicator who's observant, dedicated and enjoys working as part of a closely-knit team. An NNEB, BTEC or NVQ Level 2 in Care would be an additional advantage, as would experience of working in a classroom or with children with disabilities.

We also have part-time and supply positions available.

As well as advantages such as a contributory pension scheme, subsidised on-site nursery and access to key worker housing scheme, you can expect exceptional training and opportunities for a challenging and satisfying time with us.

It's amazing what our students - and you - could learn. Please apply online at: www.thechildrenstrust.org.uk or request an application pack by emailing recruitment@thechildrenstrust.org.uk or phoning 01737 365063 (24hrs). For more information please contact Val Hobbs on 01737 365817.

Closing date: 7th November 2008.

www.thechildrenstrust.org.uk

We're a multi-award-winning charity – including Third Sector Excellence Awards 2006, UK Charity Awards 2006, and Nursing Times Top Charitable Organisation to Work For 2007.

INVESTOR IN PEOPLE

The Children's Trust Tadworth

The Children's Trust is fully committed to safeguarding children and young people.

Registered Charity number 288018

Sutton

Revenues and Benefits

We are an innovative authority with an impressive record including Charter Mark and achieving Excellence in the Comprehensive Performance Assessment for the past two years. Despite these achievements we need to make continuous, sustained improvements to reach top quartile performance. At Sutton being average is definitely not good enough!

Our Housing Benefit Service has been recently reorganised to meet our need for continuous development and improvement in Service Delivery. To compliment and support our ambitions we have purchased Northgate Ebenefits to help us provide a quality and supportive Customer focussed service.

As part of our reorganisation we have a number of vacancies:

Development and Support Manager

£34,983 - £37,542 | Ref: R651/S003
Interview date: 26 November 2008.

Training and Policy Officer

£29,859 - £32,289 | Ref: R652/S003
Interview date: 4 December 2008.

Quality, Development and Support Officer

£23,097 - £27,009 | Ref: R653/S003
Interview date: 27 November 2008.

Computer Support Assistant

£16,848 - £20,118 | Ref: R654/S003
Interview date: 2 December 2008.

If you are interested in applying for this role, please visit www.sutton.gov.uk and express your interest online Alternatively, you may contact the recruitment line on 0870 700 0108 quoting the relevant reference, between the hours of 8am to 8pm Monday to Friday and 10am to 5pm on Saturdays.

Closing date for all posts:
Midday, Monday 10 November 2008.

POSITIVE ABOUT DISABLED PEOPLE | INVESTOR IN PEOPLE

www.sutton.gov.uk

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Banstead Sports Centre
We are looking for:
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Who must be confident swimmers, we will provide the training for you to qualify for the National Pool Lifeguard Qualification.
To be flexible with working hours and to work on a shift basis of earlies and lates.
Cleaning duties involved and to provide a high level of Member Service.
Interested? . . . Contact us

- **By phone 01737 361933**
- **By e-mail**

john.webb@courtneys.co.uk
Banstead Sports Centre
Merland Rise, Tadworth
Surrey KT20 5JG
Closing date:
7th November 2008

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*** PROPERTY MANAGER**
(Own cars essential)

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Send a covering letter and CV to sat@tpsea.net

Better at Home is a rapidly growing domiciliary care provider in Surrey. We have strong values and a passion for high standards. Due to our continued growth we seek excellent candidates for the following roles in various locations in Surrey:

Registered care manager up to £34k + bonus*
NVQ4 / RMA qualified, excellent people management skills, ambition and compassion to match. The ideal candidate will have the experience of rapidly growing care hours whilst maintaining the highest standards of care.

Deputy care manager up to £25k + bonus*
Working to high standards to support the care manager and manage the office team.

Long term placement coordinator up to £22k + bonus*
To coordinate a growing team of 24x7 carers. Strong sales development, interpersonal and customer service skills are vital. Care experience, whilst helpful, is not essential for this role.

Recruitment Officer up to £18k
A highly motivated & proactive individual is required to recruit carers. Flexible hours may be negotiable for the right candidate.

Field based supervisors & senior carers
Excellent prospects for the right candidates
NVQ2 and NVQ3 qualified carers with experience of care assessments, risk assessments, supervisions and appraisals of staff.

*Strong people skills and computer literacy are essential to the role.

For further details, please call Andrew on 07979 851136 or Mike on 07824 563140 in confidence or email your CV to andrewt@betterathome.co.uk

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Also required 2 Senior Care Workers to offer support write care plans and risk assessments.

Whether you are looking to work just a few hours a week or full time hours we'll give you all the training you need to turn your caring nature into a fantastic career.

Our rewards include up to 24 days' holiday, free uniform and training, as well as 50% towards the cost of your CRB. You can also earn £50 with our recommend a friend scheme.

Call Matt on: 0208 688 8149
www.alliedhealthcare.com
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We'll look after you

Rush are recruiting for a

General Maintenance Worker

We require someone who is semi-skilled and has their own tools and van to use.

The hours will be 40 per week and will include some night work as well.

Please submit your application to:
Keeley Cooper,
Email: **Keeley@rush.co.uk**
Phone Number: **020 8241 2086**
Postal Address: **23 George Street, Croydon, Surrey CR0 1LA**
by Friday 7th November

Ruxley Lane
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"it is a strong community, an equitable and harmonious place of learning." Ofsted 2005.

Resistant Materials Technician
35 Hours per week - 40 weeks per year
Salary SP5.1 £16131 (Full Time) £13712 Pro Rata

We require an energetic and enthusiastic person to provide support for the staff and students working in the Technology Department. Tasks will include the preparation and display of students work and maintenance of the workshop areas and equipment. Experience in the use of specialist equipment is desirable.

Do you:
- like to work with young people?

Are you:
- positive and enthusiastic?
- flexible and adaptable?

For further details of all posts and an application form please contact Chris Kebble, Headteacher's Secretary. Closing date for applications Thursday 6th November 2008.

Epsom and Ewell High School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. Successful applicants will be required to undertake a Criminal Records Bureau Enhanced Disclosure.

Competitions, events, jobs, weird facts, cars, strange sports, homes, useful numbers, cinema reviews, blogs, - and so much more!
yourlocalguardian.co.uk

Sales Ledger Administrator

Ref: 2757652

The All England Lawn Tennis Club is the home of the Wimbledon Championships.

A vacancy has arisen for a full time Sales Ledger Administrator with some credit control responsibilities reporting to the accounts supervisor. Duties include invoicing, statements, cash allocations, credit control and other ad hoc responsibilities within the accounts department. The ideal candidate will have excellent sales ledger administration skills, experience of high value credit control, strong communication skills, good attention to detail and a working knowledge of MS Excel. In return the Club offer a salary commensurate with experience and attractive benefits including pension and bonus.

To apply for the role please send your CV together with contact details to rapwimbledon@reed.co.uk

Closing date: 31 October 2008.

t: 020 8944 3800

Reed Accountancy, 5-7 Wimbledon Bridge, London SW19 7NW.

All CVs sent to The All England Lawn Tennis Club, will be forwarded to Reed Accountancy.

Part-time Administrator For the Epsom, Ewell and Banstead 14 - 19 Learning Network

Administrative Assistant for the Epsom, Ewell and Banstead 14-19 Co-ordinator. Part-time, one day per week or equivalent, based at Epsom and Ewell High School. From December 2008 or as soon as possible thereafter.

The post-holder will support the Network 14-19 Co-ordinator. You will be involved in helping to develop links between the Network (one college and 5 schools) and employers, universities and other organisations. The successful candidate will have initiative, good communications skills and the ability to use Microsoft Office programmes.

Salary: £2742 per annum (pro-rata to £16131 full time x 40 weeks). There is a possibility of additional hours for a suitably qualified candidate.

For an application pack please contact:
Mrs C Kebble at Epsom and Ewell High School,
telephone number 020 8974 0400.
Closing date for applications is Thursday 6th November 2008.
Interviews will be held on Thursday 13th November 2008.

The Royal Marsden NHS Foundation Trust is a centre of excellence for research, development, education and care in the treatment of cancer.

Research Network Administrator

South West London Cancer Research Network

Band 3

Full or Part-time to cover a 6 month development secondment

Fixed term contract for 6 months

The South West London Cancer Research Network (SWLCRN) is part of the National Cancer Research Network (NCRN). The NCRN was established by the Department of Health in April 2001 to provide the NHS with an infrastructure to support cancer clinical research.

A Research Network Administrator is required to work with the Network Research team as part of the SWLCRN and will be based at the Royal Marsden Hospital NHS Trust in Sutton.

The post requires someone who is an excellent communicator and able to demonstrate initiative, accuracy and attention to detail. You will need to possess experience in an administrative post and experience in a Hospital environment is desirable. Computer literacy on PC platform (email, Microsoft Word, Excel, Access and Power point) is essential.

The Administrative Assistant will be an integral part of this team and will provide secretarial services to the SWLCRN Manager and be responsible for the day to day office administration. In addition, you will be the initial point of contact for the SWLCRN and will liaise with health care professionals within the NHS Cancer Research Network and field public enquiries.

You will be employed by The Royal Marsden NHS Foundation Trust and will be occasionally required to travel between organisations within the SWLCRN.

Informal enquiries and visits are strongly encouraged. Please contact Kim Tye Research Network Manager or Jen Morrison, Lead Nurse on 020 8661 3049.

Apply online at www.royalmarsden.nhs.uk

Closing date: 6th November 2008.

The Trust reserves the right to amend the closing date of job vacancies at any time.

www.royalmarsden.nhs.uk

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We are looking for an experienced

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to work on a busy and demanding Helpdesk within the Fire Alarm Industry.

The applicant must be able to work under pressure, have an excellent telephone manner, computer literate and well organized. Previous helpdesk experience would be an advantage as well as Sage experience.

The hours are to work daily 9am to 5.30pm.
BDS Fire and Security offer a competitive salary depending on experience, four weeks holiday and a company pension scheme.

If you are interested in this position please send your CV by post to the address below or email to janshepperson@bdsfireandsecurity.com
Jan Shepperson
BDS Fire & Security Limited
Shepley House, Restmor Way, Hackbridge, Surrey, SM6 7AH
020 8773 3377

Epsom College, an independent day and boarding school on the edge of Epsom Downs is looking for the following staff in the vibrant and highly successful Games Department.

Netball Coach for 3 afternoons per week (total 6 hours), for one term commencing 6th January 2009.

Netball Umpires for Saturday afternoon matches during the Lent term, commencing 6th January 2009.

Gym Instructor to run a gym club for novice gymnasts, initially one hour a week.

Competitive rates offered to successful applicants, along with holidays and other benefits.

For further details please contact Maureen Scott on 01372 821133

These posts are exempt from the Rehabilitation of Offenders Act and as part of the selection process a Criminal Records Bureau check will be required.

advertise your job call Classified on 020 8330 9955

Kisimul School - Woodstock House

We require a **Maintenance Operative** to become a member of our Maintenance Team and assist in the up keep of our properties. Duties will involve scheduled and reactionary maintenance tasks, as well as involvement in improvement projects. The ideal candidate will have previous experience, working as part of a team and have demonstrated effective planning and organizational skills within a similar environment.

Also required is a **Painter and Decorator** to join our maintenance team to assist in the upkeep of our properties and other reactionary tasks. The successful applicant must have previous experience, be able to work as part of a team and also able to assist with other duties where necessary.

- 40 hours per week, Monday to Friday
- 33 days annual leave

Closing date for these positions 3rd November 2008 - Interviews week beginning 10th November 2008.

We require
Full Time Day Residential Support Workers.
Applicants must be caring individuals who enjoy team work, within a family environment.
Hours are 38 per week on a rotating shift basis - 7:30am to 2:30pm and 2:00pm to 10:00pm
Career progression for suitable candidates, including progression to our Senior teams.
Training in Common Induction Standards, leading onto NVQ 3, all of which is fully funded by Kisimul School.

We also require **Full Time Classroom Assistants** due to the development of a new classroom.
Applicants must be caring individuals who enjoy team work.
School hours are 9:15am to 4:00pm, Monday to Friday

For details of how to apply for both positions, please contact the Human Resources team on (01522) 866014, or email HR@kisimul.co.uk.

housing21

Want to make a difference?

Oakleigh House, Sutton. A Day Service for Older People with Dementia.

Housing 21 is one of the UK's leading providers of housing, care and support services for older people. That is why we have been awarded the contract to provide a day service for older people with dementia at Oakleigh House in Sutton. We are committed to improving older people's lives, and have a history of designing and delivering successful, innovative services for people with dementia. We are looking for a complete range of staff to deliver a first class service to fifteen people a day, seven days a week.

Day Service Centre Manager

£26,390

You must be an energetic self-starter with experience of day centre management, and have worked with older people with dementia. You must also have up-to-date knowledge of dementia care and experience of group activities. Strong communication skills will help you use your experience to ensure our service users receive the highest standards of service. **Ref: B1055DCM**

Part-time Adminstrator

21 hours - £7,644

A team player with relevant experience in an office environment, you'll carry out a range of administrative duties, using both manual and computerised systems. Quick-thinking with excellent communication skills, you'll have a positive attitude to older people and be ready to make a real impact from the word go. **Ref: B1056A**

Senior Day Service Worker

£21,450

We are looking for two people with staff management experience to assist in the operation and development of the day centre. You'll need strong communication skills, experience of day care and running group activities. You must also have experience of care planning and working with people with dementia. You need to be over 21 years old and have held a clean driving licence for at least two years in order to drive the centre's mini-buses. **Ref: C0039SDSW**

Day Service Workers

£18,018

A number of posts are on offer to complete the team at Oakleigh House, and it will be a team effort that ensures our service users physical, social, recreational and therapeutic needs are met. Although not essential, creative skills in music, art or drama will add an extra dimension to our group work.

You must be patient and sensitive to the needs of others and have experience of working with a vulnerable client group. You need to be over 21 years old and have held a clean driving licence for at least two years in order to drive the centre's mini-buses. In return for your dedication and enthusiasm we will provide you with a rewarding work environment and excellent training. **Ref: C0040DSW**

To apply, please visit our website or call our 24-hour recruitment line on 0370 192 4567, quoting the appropriate reference number.

Closing date for all posts is 6 November 2008.
Interviews will take place in mid November 2008.

www.housing21.co.uk

WITHOUT A COMMITMENT TO EQUAL OPPORTUNITIES, WE CANNOT DO THE WORK WE DO.

The Royal Marsden NHS Foundation Trust is a centre of excellence for research, development, education and care in the treatment of cancer.

Switchboard Operators x 2

Part Time (annualised hours averaging 20 hours per week)

Band 3: £14,834 - £17,732 plus £3,855 high cost area supplement (pro rata) plus shift allowance and unsociable hours enhancements

Switchboard Sutton Site

The Trust's Sutton based Switchboard has vacancies for 2 x Part Time Switchboard Operators.

The main objective of the posts is to respond efficiently to telephone calls to the hospital's busy Switchboard. You will work to a standard shift pattern (including weekends and occasional bank holidays) ranging from 7.00am to 3.00pm, 3.00pm to 11.00pm, 11.00pm to 7.00am and daytime hours. Hours may vary from week to week dependant on the needs of the service but will average 20 hours per week over the course of a year.

For an informal discussion please contact Yvonne Preston on 020 8661 3395.

To apply visit www.royalmarsden.nhs.uk or telephone 020 8661 3061 quoting Ref: 810.

Closing date: 6th November 2008.

The Trust reserves the right to amend the closing date of job vacancies at any time.

www.royalmarsden.nhs.uk

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The Royal Marsden NHS Foundation Trust is a centre of excellence for research, development, education and care in the treatment of cancer.

Staff Nurses x 2

Band 6 – £24,103 to £32,653 plus 15% HCAS

Full Time – 37.5 hours per week

Surgical Day Unit, Sutton

The Surgical Day Unit in Sutton is a state of the art day case facility which is part of the modular theatre complex. The 7 bedded ward admits day case patients from all surgical specialities within the trust and we are currently looking to recruit 2 band 6 staff nurses.

You will need to have surgical experience ideally in the oncology setting. You will need to be able to work well both independently and as part of a team, demonstrating confidence and excellent interpersonal and clinical skills. You will be committed to your ongoing professional development in which we will support and encourage you.

You will need the commitment and drive to help develop the surgical day unit over the coming months.

For further information or to arrange an informal visit please contact the Charge Nurse, Iain Faulkner on 020 915 6060 or through the hospital main switchboard on 020 8642 6011 ext 1454 or please contact Jag Grewal Matron Theatres, DSU and Endoscopy on 020 7808 2725.

To apply visit www.royalmarsden.nhs.uk or telephone 020 8661 3061 quoting Ref: 793.

Closing date: 7th November 2008.

The Trust reserves the right to amend the closing date of job vacancies at any time.

www.royalmarsden.nhs.uk

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Personal Assistant (PA)

Band 4

Salary: £17,316 to £20,818 +15% HCAS

The Nuclear Medicine and PET/CT department of the Royal Marsden Trust on the Sutton site is a vibrant and extremely busy department. We are looking for a capable and well organised PA to join our friendly and dynamic team.

This PA will work for a team of Nuclear Medicine Consultants and will report to the Service Lead in Nuclear Medicine and PET/CT.

You will undertake a key role in organising the scheduling of the Nuclear Medicine Consultants' timetable, liaising and organising documentation with national and international trusts for visiting doctors.

He/she will spend a significant proportion of his/her working day liaising with our specialist Radioisotope Therapy Team, co-ordinating care for a small but complex group of patients.

You should be an enthusiastic and committed individual with a secretarial and administration background and an eye for detail. You will have an accurate audio-typing speed of 55+wpm and able to work independently and accurately under pressure to meet deadlines. The AMSPAR certificate in Medical Terminology would be an advantage. You will be able to interact with staff and patients in a polite and confident manner, and you will take an ongoing proactive role in improving the service of our prestigious department.

For further information on this post please contact Bernadette Cronin on 020 8661 3296.

Closing date: 14th November 2008.

The Trust reserves the right to amend the closing date of job vacancies at any time.

www.royalmarsden.nhs.uk

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Carers Required Full / part time

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www.betterathome.co.uk
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Plumbing & Heating Engineer
£33k pa + overtime

Required for CORGI registered Maintenance company.

Applicants must have current ACS qualifications.

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General

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Office

OFFICE ADMINISTRATOR
Duties to include Sales force liaison, telephone response/quotations. Order processing, invoicing etc. Experience required.
CV to: MD DP Medical Systems Ltd. 15a Oakcroft Road, Chessington, Surrey. KT9 1RH. 0208 391 4455.

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PART-TIME ACCOUNTANT /BOOKKEEPER - CARSHALTON
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12. We shall not be liable if our publishing activities are restricted or prevented by any law, act or event beyond our reasonable control (including, for example, industrial dispute). In such case, the advertiser shall accept publication when available or otherwise may cancel the order by written notice and pay only for work done and materials used.
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NEW ROAD CAR TEST : PEUGEOT 207 RANGE

Movin' on up

To follow one phenomenal success story with another takes some doing, but to do it a third time has given Peugeot a huge challenge, writes Steve Ghosley.

Its 205 supermini started it all off in 1983 and things got even better 15 years later with the 206, a car that was to sell more than five million units worldwide. Now the onus has fallen upon the model we look at here, the latest 207.

Priced from £9,295, Peugeot is taking care that the 207 is positioned closely to key competitors like Renault's Clio and Fiat's Grande Punto.

That's despite the fact that it claims its latest model sets new class standards in terms of trim quality and equipment levels. The design of this car follows the corporate image seen on other models in the range like the 307 and 407 with the large 'smiling' grille and sharky front light clusters. The neat styling has shades of 206 about it, yet the car is completely different, based on the company's 'Platform 1' floor pan which it shares with the 1007. The striking and rather sporty look, which was designed in-house by Peugeot's own stylists, should ensure a strong customer following.

The car is offered in both 3-door and 5-door hatchback form or as a CC folding hardtop coupe. If you need estate versatility, there are also SW derivatives on offer.

Peugeot is offering a choice of six petrol and three diesel engines. The petrol models offered are a 1.4-litre 8-valve unit producing 75bhp, a 1.4-litre 16-valve unit producing 90bhp, a 1.4-litre VTi with 95bhp, a 1.6-litre VTi giving out 120bhp, plus 150 and 175bhp 1.6-litre turbo options.

The diesel offerings are all second generation common-rail high-pressure direct injection powerplants and start with a 1.4-litre HDi producing 70bhp. This is followed by a 1.6-litre HDi 16-valve delivering 90bhp and a range-topping version of the same engine with a variable geometry turbocharger producing 110bhp.

Sitting inside the 207, you can immediately sense that this car is far removed from the 206 in terms of its quality and elegance. Plus the 207, even in its most basic trim level, is head and shoulders above its equivalent 206 model in refinement.

The elegant centre panel houses all the usual heating, ventilating and audio switches and the binnacle behind the steering wheel features three circular dials, mirroring those usually seen on a motorcycle. The overall effect is very pleasing and gives the impression of a very up-market product. The front seats are very comfortable and appear to give good support. In the rear, as with most vehicles in this sector, the available space is rather limited to the size of the passenger and driver seated in the front. With the front seats fully extended backwards, the space in the back can be a bit restricted.

Equipment levels? Well, air-conditioning is available in two specifications, dual zone manual or automatic. Useful features include automatic activation of the dipped beam, automatic front windscreen wipers, electric front windows with one-touch automatic reverse control and a remote control for the radio situated under the steering wheel.

Safety has been designed into the 207 and has already earned a five star rating from the EuroNCAP tests. The 207's front end contains two impact absorption structures borrowed from the 407 that distribute impact energy more efficiently in the event of a collision. Sill reinforcements and tubular bars in the doors aid structural rigidity.

Numerous airbags are installed in the 207 and the front two 'adaptive' airbags have a dual-generator function that can vary their pressures according to the severity of the impact.

Car fact file

CAR: Peugeot 207 range

PRICES: £9,295-£15,675 – on the road

INSURANCE GROUPS: 3-11

CO2 EMISSIONS: 120-166g/km

PERFORMANCE: [1.4 8v] 0-60mph 15.6s / Max Speed 104mph

FUEL CONSUMPTION: [1.4 8v] (urban) 33.6mpg / (extra urban) 56.5mpg / (combined) 44.8mpg

STANDARD SAFETY FEATURES: Twin and side airbags, ABS

WILL IT FIT IN YOUR GARAGE?: Length/Width/Height mm 4030/1720/1472

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Whichever finance option you go for, it adds up to an affordable Volkswagen.

Typical 7.9% APR

Polo E 1.2 70 PS, 3-year, 10,000 miles per annum Solutions examples.		
	Option 1	Option 2
35 monthly payments of	£109.00	£169.00
Deposit	£2,070.44	£169.00
Total amount payable	£9,470.44	£9,656.20
Retail cash price	£8,340.00	£8,340.00
Acceptance fee*	£0.00	£0.00
Amount of credit	£6,269.56	£8,171.00
Optional final payment	£3,400.00	£3,387.20
Excess mileage (per mile)	4.23p	4.23p
Option to purchase fee†	£185.00	£185.00
	7.9% APR	7.6% APR

Golf S 1.4 80 PS, 3-year, 10,000 miles per annum Solutions examples.		
	Option 1	Option 2
35 monthly payments of	£159.00	£259.00
Deposit	£3,569.83	£259.00
Total amount payable	£13,799.83	£14,119.36
Retail cash price	£12,280.00	£12,280.00
Acceptance fee*	£125.00	£125.00
Amount of credit	£8,710.17	£12,011.00
Optional final payment	£4,480.00	£4,250.36
Excess mileage (per mile)	5.64p	5.64p
Option to purchase fee†	£60.00	£60.00
	7.9% APR	7.7% APR

Drift Bridge Volkswagen

Reigate Road, Epsom. Telephone: 01737 360111.

www.driftbridge.volkswagen.co.uk

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Approved Used

POLO

2008 Volkswagen New Polo 1.4 Match (80PS) Auto, 5-dr, Grey Anthracite, driver seat adjuster, multi functional steering wheel, tinted glass, head restraints, alloy wheels, aircon £10,495

2007 Volkswagen New Polo 1.4 S (80PS) Auto, 5-dr, 6-spd, Diamond Black, 4,000 miles, pas, multi functional steering wheel, tinted glass, aircon, electric windows, abs, immobiliser, alloy wheels.....£9,895

2008 Volkswagen New Polo 1.4 Match (80PS) Manual, 5-dr, Reflex Silver, 12,000 miles, driver seat adjuster, pas, multi functional steering wheel, radio/CD, airbags, immobiliser, alloys.....£9,595

2008 Volkswagen New Polo 1.4 Match (80PS) Manual, 5-dr, Grey Anthracite, 3,000 miles, driver seat adjuster, pas, multi functional steering wheel, front fog lights, split rear seats £9,595

2007 Volkswagen New Polo 1.4 S (80PS) Manual, 5-dr, Reflex Silver, 6,250 miles, pas, multi functional steering wheel, front fog lights, heated rear screen, abs, aircon, immobiliser, alloy wheels ...£8,595

2007 Volkswagen New Polo 1.4 S (80PS) Manual, 5-dr, Olympic Blue, 11,500 miles, pas, multi functional steering wheel, front fog lights, tinted glass, aircon, head restraints, split rear seats, abs.....£8,495

2007 Volkswagen New Polo 1.4 S (80PS) Manual, 5-dr, Olympic Blue, 10,000 miles, pas, multi functional steering wheel, radio/CD, body coded bumpers, aircon, airbags, immobiliser, alloy wheels...£8,495

2005 Volkswagen New Polo 1.4 S (75PS) Manual, 5-dr, Olympic Blue, 5,000 miles, pas, multi functional steering wheel, aircon, 14" alloy wheels, immobiliser, tinted glass, body coded bumpers £6,750

GOLF

2008 Volkswagen Golf 1.4 TSi GT Sport (170PS) Manual, 5-dr, Reflex Silver, pas, multi functional steering wheel, parking sensors, alloys, radio/CD, rain sensors, immobiliser, multi airbags £19,995

2008 Volkswagen Golf 1.4 TSi Match (122PS) Manual, 5-dr, Reflex Silver, 6,500 miles, pas, multi functional steering wheel, radio/CD, 6-speakers, winter pack, climate control, immobiliser.....£13,995

2008 Volkswagen Golf 1.6 FSi Match (115PS) Automatic, 5-dr, Steel Grey, pas, multi functional steering wheel, radio/CD, aircon, airbags, alarm, alloy wheels, centre console, front armrest.....£12,995

2007 Volkswagen Golf 1.6 FSi Match (115PS) Manual, 5-dr, Steel Grey, 12,000 miles, pas, multi functional steering wheel, seat height adjuster, aircon, airbags, alloy wheels, immobiliser £11,995

2006 Volkswagen Golf 1.6 FSi Match (115PS) Manual, 5-dr, Reflex Silver, 24,000 miles, pas, multi functional steering wheel, radio/CD, tinted glass, ESP, centre console, alarm, immobiliser £10,495

2005 Volkswagen Golf 1.4 S Manual, 5-dr, Ink Blue, 20,000 miles, pas, multi functional steering wheel, radio/CD, 6-speakers, aircon, abs, multi airbags, ESP, front elctric windows, immobiliser ...£7,995

2003 Volkswagen Golf 1.4 S Manual, Tornado Red, 27,000 miles, pas, multi functional steering wheel, immobiliser, airbags, seat height adjuster, electric windows, key central door locking £5,995

NEW PASSAT

2008 Volkswagen New Passat Estate 2.0 TDi SE (140PS) Manual, Reflex Silver, 12,000 miles, pas, seat height adjuster, cruise control, multi functional steering wheel, ESP, abs, immobiliser £14,995

2007 Volkswagen New Passat Estate 2.0 TDi SE (140PS) DSG, Reflex Silver, 7,000 miles, seat height adjuster, pas, driver information system, multi functional steering wheel, alloy wheels £14,995

2007 Volkswagen New Passat 2.0 TDi SE (140PS) Manual, Deep Black, 11,000 miles, pas, cruise, multi functional steering wheel, aircon, radio/CD, 8-speakers, heated rear screen £13,495

2007 Volkswagen New Passat 2.0 TDi SE (140PS) DSG, Reflex Silver, 11,000 miles, 6-spd, driver information system, pas multi functional steering wheel, aircon, abs, ESP, immobiliser £12,995

2006 Volkswagen New Passat 2.0 TDi SE (140PS) DSG Automatic, Reflex Silver, 12,500 miles, pas, multi functional steering wheel, radio/CD, aircon, abs, alarm, ESP, immobiliser £12,995

2007 Volkswagen New Passat 2.0 TDi SE (140PS) Manual, Reflex Silver, 15,500 miles, pas, multi functional steering wheel, aircon, abs, 16" alloy wheels, immobiliser, ESP, head restraints £12,995

2007 Volkswagen New Passat 2.0 TDi SE (140PS) Manual, Reflex Silver, 13,500 miles, pas, multi functional steering wheel, aircon, front/rear armrests, abs, 16" alloy wheels, immobiliser.....£12,995

TOURAN

2008 Volkswagen Touran 2.0 TDi SE DSG 7-str, Deep Black, 11,000 miles, seat height adjuster, computer, pas, multi functional steering wheel, radio/CD autochanger, ESP, aircon, immobiliser £17,995

2007 Volkswagen Touran 2.0 TDi SE DSG 7-str, Biscay Blue, 6,000 miles, seat height adjuster, radio/CD autochanger, tinted glass, multi functional steering wheel, head restraints, alloys £17,495

2007 Volkswagen Touran 2.0 TDi SE 7-str MPV, Mountain Grey, 12,500 miles, pas, cruise control, pas, alarm, multi functional steering wheel, front armrest, radio/CD, ESP.....£15,995

2005 Volkswagen Touran 1.6 SE FS8 7-str, Manual, Maul Blue, 18,000 miles, pas, multi functional steering wheel, ESP, alarm, head restraints, radio/CD autochanger, aircon, immobiliser £8,995

TOUAREG

2008 Volkswagen Touareg 2.5 TDi Altitude Automatic, 5-dr, Diamond Black, 6,000 miles, seat height adjuster, computer, radio/CD autochanger, climate control, body coded bumpers.....£25,995

SHARAN

2007 Volkswagen Sharan 1.9 SE TDi PD Tiptronic, Island Grey, 10,000 miles, computer, pas, multi functional steering wheel, tinted glass, multiple airbags, aircon, roof rails, alloy wheels £15,495

2006 Volkswagen 1.9 S TDi PD (115BHP) Automatic, Shadow Blue, 9,500 miles, pas, rear wash wipe, multi functional steering wheel, aircon, airbags, front electric windows, immobiliser £12,250

2004 Volkswagen Sharan 1.9 SE TDi (110BHP) 7-str Automatic, Grey, 40,000 miles, pas, multi functional steering wheel, aircon, abs, body coded bumpers, front elctric windows, immobiliser £9,995

OTHER MAKES

2008 Volkswagen Eos 2.0 T FSi Individual Cabriolet Manual, Island Grey, 9,000 miles, abs, aircon, pas, EPS, multi functional steering wheel, body coded bumpers, radio/CD, front fog lights.....£22,995

2007 Volkswagen New Beetle 2.0 Automatic, Deep Black, 2,000 miles, pas, ESP, multi functional steering wheel, radio/CD, aircon, 6-speakers, alarm, body coded bumpers, immobiliser.....£11,995

2006 Volkswagen Jetta 1.9 TDi SE 4-dr Saloon, Shadow Blue, 12,500 miles, pas, multi functional steering wheel, ESP, aircon, airbags, radio/CD, 8-speakers, alloy wheels, immobiliser.....£10,250

*Payable with first payment. †Option to purchase fee with optional final payment. Further charges may be payable if vehicle is returned. Indemnities may be required. Subject to status. Offer available until December 31st, 2008. Volkswagen Finance Freepost VWFS. Offer may be varied or withdrawn at any time. Details correct at time of going to press.

Official fuel consumption in mpg (litres/100km) for the Volkswagen range: urban 57.6 (4.9) – 13.3 (21.2); extra urban 88.3 (3.2) – 26.9 (10.5); combined 74.3 (3.8) – 19.5 (14.5). CO_2 emissions 99 – 348g/km.

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55 Ford Fiesta Zetec 5dr

Cash Price	Deposit	Amount of Credit	48 Monthly Payments
£5,991	£2,000	£3,991	£96.95

Total Charge For Credit	doc & option fee	Total Amount Payable	Typical 10.9% APR Freepost FordCredit
£662.80	£299	£6,952.60	

57 Ford Focus 1.6 Zetec Climate fordDirect car

From £7,991

Typical **10.9%APR** Freepost FordCredit

			WAS	NOW	SAVE
KA					
05 05	**Ka One,** Moondust Silver, PAS,		£3,490	£2,990	£500
06 06	**KA Design,** Panther Black metallic, Power Steering, C/Locking, E/W.		£4,690	£3,990	£700
06 06	**Ka Collection,** Colour Coded, Air Con, power steering,CD, E/W		£5,490	£4,990	£500
08 08	**Ka Luxury,**Panther Black, Black leather, Air Con, CD, Alloys		£8,490	£7,490	£1,000
FIESTA			WAS	NOW	SAVE
05 55	**Fiesta Zetec Climate 5 door,** Air Con, CD, Alloys, C/Locking,PAS, E/W.		£6,490	£5,990	£500
07 57	**Fiesta Style 3 door,** Moondust Silver, CD, C/Locking,E/W		£6,490	£5,990	£500
07 57	**Fiesta Style Climate 3 door,** Panther Black, Air Con, CD, E/W		£7,490	£6,490	£1,000
08 57	**Fiesta Zetec Climate 3 door,** Air Con, CD, Alloys, C/Locking,PAS, E/W.		£7,990	£6,990	£1,000
08 57	**Fiesta Zetec Climate 5 door,** Air Con, CD, Alloys, C/Locking,PAS, E/W.		£8,490	£7,490	£1,000
FUSION			WAS	NOW	SAVE
05 05	**Fusion 2 1.4 5 Door,** Machine Silver, Air Con, CD, C/Llocking, E/W,		£5,990	£5,490	£500
06 56	**Fusion Zetec Climate 5 Door,** Moondust Silver, Air Con, Alloys, C/Locking, CD		£6,490	£5,990	£500
07 07	**Fusion Zetec Climate 5 Door,** Moondust Silver, Air Con, Alloys, C/Locking, CD		£7,990	£7,490	£500
05 05	**Fusion + 1.6 Auto 5 Door,** Air Con, Alloys, C/Locking, E/W		£6,990	£6,490	£500
08 08	**Fusion Zetec Climate 5 Door,** Moondust Silver, Air Con, Alloys, C/Locking, CD		£9,990	£8,490	1500
C-MAX			WAS	NOW	SAVE
05 05	**C-Max 1.6 Zetec 5 Door,** Panther Black, Air Con, CD, Alloys,C/locking		£5,990	£5,490	£500
05 05	**C-Max Ghia 2.0 Tdci,** Moondust Silver, Air Con, CD, Allloys,		£7,490	£6,990	£500
FOCUS			WAS	NOW	SAVE
05 05	**Focus Zetec Climate 1.6 5 door,** Tonic, Air Con, CD, Alloys, C/Locking,PAS, E/W.		£6,990	£5,990	£1,000
07 07	**Focus 1.6 Sport 5 Door,** Moondust Silver, Alloys,CD, Air Con, E/W		£7,490	£6,990	£500
07 07	**Focus Zetec Climate 5 door,** Air Con, CD, Alloys, C/Locking,PAS, E/W.		£7,990	£7,290	£700
06 56	**Focus Ghia 1.8 Tdci 5 door,** Air con, Alloys, C/locking, CD,		£8,990	£8,490	£500
06 56	**Focus ST3 3door,** Performance Blue, Black Leather, Alloys, Climate Control,		£12,490	£11,990	£500
07 07	**Focus ST3 3door,** Panther Black, Black Leather, Alloys, Climate Control,		£14,490	£12,990	£1,500
08 08	**Focus Zetec Climate 5 door** DEATC Air Con, CD, Alloys, C/L,PAS, E/W.		£13,490	£11,990	£1,500
MONDEO			WAS	NOW	SAVE
07 57	**Mondeo Tdci Zetec Estate (New Shape)** Stardust Silver, Air Con, Alloys, CD,		£12,990	£12,490	£500
07 57	**Mondeo 2.5 Titanium X 5dr (New Shape)** Black Leather,Sat Nav, C/C, Alloys,		£14,490	£13,990	£500
08 08	**Mondeo 1.6 Edge 5 Door,** New Shape, Blue, Air Con, CD,C/locking		£12,990	£11,990	£1,000
S-MAX			WAS	NOW	SAVE
07 07	**S-Max 2.0 Tdci Zetec,** Moondust Silver Metallic, Alloys,Air Con, 7 seats		£14,990	£13,990	£1,000
07 57	**Ford S-max 2.0 TDCi Titanium 5dr,** Black x Pack, CD, A/C, Alloys, 7 Seats		£15,990	£15,490	£500
07 57	**Ford S-MAX 2.0TDCi Titanium 5dr 6sp 140PS,** Blue ,Air Con, Alloys, 7 Seats		£15,490	£14,990	£500
GALAXY			WAS	NOW	SAVE
05 05	**Galaxy LX 1.9 Tdci,** Metallic Silver,Air Con, CD, 7 seats,		£10,990	£9,990	£1,000
08 08	**Galaxy 2.0 Tdci Auto Ghia,** Panther Black, Alloys, AC, CD, 7 Seats,		£18,990	£17,990	£1,000
08 08	**Galaxy 2.0 Tdci Manual Ghia,** Panther Black, Alloys, AC, CD, 7 Seats,		£18,990	£17,490	£1,500
KUGA			WAS	NOW	SAVE
08 08	**Kuga Titanium 2.0 Tdci** Panther Black Alloys,CD,6 Disc, Leather, Panorama Roof		£21,990	£20,900	£1,000

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NUOVO ITALIANO

FIAT 500 1.4 SPORT Bossa Nova White/grey, aircon, delivery mileage £10,450

BENTLEY

97/R **BENTLEY BROOKLANDS 6.7 R AUTO** Royal Blue, hide trim, aircon, 48,000 miles £19,995
95/M **BENTLEY TURBO R** Royal Ebony, cream hide, climate, 2 owners, 37,000 miles £18,995

JAGUAR

04/04 **S-TYPE 4.2R AUTO** Ultra Violet Blue/oatmeal hide, aircon, 23,000 miles £14,995
03/03 **S-TYPE 4.2R AUTO NAVIGATOR** Zircon Blue/stone hide, aircon, 49,000 miles £11,995
04/54 **S-TYPE 2.5 SE** Platinum Silver/sand half hide, aircon, 1 owner, 7,000 miles £11,995
05/05 **X-TYPE 2.0 DIESEL SPORT PREM, ESTATE,** Zircon Blue, aircon, 50,000 miles £9,995
01/51 **X-TYPE 3.0 SE AUTO** Platinum Silver/black hide, aircon, 45,000 miles £5,995

HOT HATCHES

06/06 **SKODA OCTAVIA 2.0 FSI VSR 5DR** Race blue/grey, a/c, 1 owner, 27,000 miles £11,450
06/56 **RENAULT CLIO 2.0 SPORT (197) SPORTS** Blue/Grey, aircon, 1 owner, 15,000 miles £10,750
07/56 **MINI COOPER 1.6 3-DR (FACELIFT)** British Racing Green/grey, 1 owner, 5,000 miles £10,750
06/56 **SKODA FABIA 1.9 TDi 130 VRS 5-DR** Corrida Red/grey, aircon, 14,000 miles £8,750
05/05 **MINI COOPER 1.6 3-DR** British Racing Green/Grey, a/c, 27,000m £7,995
02/52 **MINI COOPER 1.6 3-DR** Black with white roof/red/grey half hide, 16,000 miles £7,450
07/57 **RENAULT TWINGO 1.2 GT TCE 100** Extreme Blue/grey, aircon, 6,500 miles £7,750

SPORTS, COUPES & CABRIOLETS

02/52 **PORSCHE BOXSTER 3.25 TIPTRONIC** Met Blue/hide, hard top, 18,000 miles £18,995
04/54 **MERCEDES CLK270 CDi AVANTGARDE** Brilliant Silver/red/grey duo hide, 28,000 miles £15,995
03/53 **AUDI TT 3.2 V6 QUATTRO DSG AUTO** Flash Red, 1 owner, aircon, 20,000 miles £12,995
02/02 **AUDI A4 3.0 SPORT CABRIOLET AUTO** Caribbean Blue/Grey hide 42,000 miles £11,995
05/05 **MAZDA MX5 1.8 ICON** Silver/grey, 14,000 miles £9,450
05/05 **TOYOTA MR2 1.8 VVYi** Lagoon Blue/black, 21,000 miles £9,740
05/55 **HYUNDAI COUPE 2.0 SE AUTO** Black/grey, sunroof, aircon, 13,000 miles £8,495
04/04 **MAZDA RX8 (231)** Winning Blue/black hide, aircon, 20,000 miles £8,995
00/W **AUDI CABRIOLET 2.6E FINAL EDITION AUTO** Blue/hide, aircon, 40,000 miles £6,995
00/X **TOYOTA MR2 1.8 ROADSTER** Sahara Sun Yellow/black hide, 23,000 miles £6,450
03/53 **PEUGEOT 206 CC 2.0 ALLURE** Aegean Blue/black hide, aircon, 16,600 miles £6,950

VAUXHALL

07/56 **ZAFIRA 1.9 CDTi CLUB AUTO 7-STR** Metro Blue/grey, aircon, 8,000 miles £9,995
06/06 **ZAFIRA 1.6 LIFE 7-STR** Star Silver/grey, aircon, 1 owner, 8,000 miles £7,450
06/55 **VECTRA 1.8 DESIGN** 5-dr, Black/half hide, aircon, 13,000 miles £6,995
07/07 **CORSA 1.2 CLUB 5-DR** Star Silver/grey, aircon, 16,000 miles £6,995
05/05 **ASTRA 1.8 LIFE 5-DR AUTO** Moonland/grey, aircon, 1 owner, 11,000 miles £5,995
04/54 **ZAFIRA 1.8 LIFE 7-STR** Silver Lightning/grey, aircon, 1 owner, 23,000 miles £5,995

FORD

07/07 **FOCUS 1.6 GHIA 5-DR, AUTO** Moondust Silver/Grey, a/c, 8,000 miles £9,750
07/57 **FIESTA 1.6 GHIA 5-DR AUTO** Tango red/beige hide, a/c, 1 owner, 6,000 miles £8,995
07/57 **FIESTA 1.6 STYLE CLIMATE 5-DR AUTO** Panther black/Grey, a/c, 7,000 miles £7,995
07/07 **FUSION 1.4 ZETEC CLIMATE 5-DR** Panther Black/b/grey, aircon, 1 owner, 7,000 miles £7,450
06/06 **MONDEO 2.0 LX 5-DR, AUTO** Ambition Blue/grey, a/c, 19,800 miles £6,995
06/06 **MONDEO 2.0 LX 5-DR AUTO** Sea Grey, grey trim, aircon, 18,800 miles £6,995
06/06 **FIESTA 1.4 ZETEC CLIMATE 5-DR AUTO** Moondust Silver/grey, a/c, 9,000 miles £6,995
05/05 **FOCUS C MAX 1.8 GHIA** Tonic Blue/grey velour, aircon, 1 owner, 22,000 miles £6,850
05/05 **FOCUS 1.6 LX AUTO 5-DR** Moondust Silver/grey, aircon, 1 owner, 27,000 miles £6,495
06/55 **FOCUS 1.6 LX 5-DR** Aquarius Blue/grey, aircon, 27,000 miles £6,450
08/08 **KA 1.3 (70) ZETEC CLIMATE** Panther Black/blue, aircon, only 600 miles £6,450
06/56 **FIESTA 1.25 STYLE CLIMATE 3-DR** Tonic Blue/grey, aircon, 1 owner, 11,000 miles £5,995
05/55 **FUSION 1.4 '2' 5-DR AUTO** Moondust Silver/grey, aircon, 1 owner, 17,000 miles £5,450

LEXUS

05/55 **GS300 SE-L NAVIGATOR AUTO** Palladio Silver/grey hide, aircon, 27,000 miles £18,995
05/55 **GS300 SE NAVIGATOR AUTO** Canterbury blue/hide, aircon, s/roof, 13,000 miles £17,995
06/06 **IS250 SE MULTI MEDIA AUTO** Argenta Silver/hide, aircon, 1 owner, 14,000 miles £17,995
05/55 **IS250 SE AUTO** Canterbury Blue/grey hide, aircon, 1 owner, 28,000 miles £16,995
06/55 **IS220 TD SE MULTI-MEDIA** Brechin Slate/beige hide, aircon, 22,000 miles £15,995
03/53 **GS300 SPORT AUTO NAVIGATOR** Platinum ice/black half hide, aircon, 27,000 miles £11,995
05/05 **IS200 SE AUTO NAVIGATOR** Astral Black/hide, a/c, 27,000 miles £10,995
05/05 **IS200 SE AUTO NAVIGATOR** Astral Black/hide, a/c, 32,000 miles £10,995
04/04 **IS200 SE AUTO NAVIGATOR** Platinum Ice/exmore hide, 1 owner, 26,000 miles £9,995
03/03 **IS300 AUTO** Glenarvon Pine/Exmoor hide, aircon, 23,000 miles £8,995
03/03 **IS200 SE AUTO** Strathcaran blue/oakham h hide, a/c, 37,000 miles £8,450

SMALL AUTOMATICS

07/07 **FOCUS 1.6 GHIA 5-DR AUTO** Moondust Silver/grey, aircon, 8,000 miles £9,750
07/57 **FIESTA 1.6 GHIA 5-DR AUTO** Tango Red/beige hide, aircon, 1 owner, 6,000 miles £8,995
06/56 **HONDA JAZZ 1.4 SE 5-DR AUTO** Tungsten grey/grey, aircon, 1 owner, 15,000 miles £8,995
07/07 **POLO 1.4 S 3-DR AUTO** Shadow Blue/grey, a/c, 1 owner, 470 miles only £8,995
07/07 **NISSAN NOTE 1.6SE AUTO** Sunlit copper/grey, aircon, 1 owner, 11,000 miles £8,750
06/56 **ASTRA 1.8 DESIGN 5-DR AUTO** Metro Blue/black half hide, aircon, 1 owner, 4,000 miles £7,995
07/57 **FIESTA 1.6 STYLE CLIMATE 5-DR AUTO** Panther black/grey, aircon, 7,000 miles £7,995
07/07 **TOYOTA YARIS 1.3 T3 VVTi 5-DR AUTO** Venetian Silver/grey, aircon, 18,000 miles £7,995
05/05 **TOYOTA COROLLA 1.6 T3 VVTi 5-DR AUTO** Blue/grey, aircon, 1 owner, 21,000 miles £7,450
07/07 **CITROEN C4 1.6 SX 5-DR AUTO** Brilliant Silver/grey, aircon, 1 owner, 12,000 miles £7,750
06/06 **FIESTA 1.4 ZETEC CLIMATE 5-DR AUTO** Moondust Silver/grey, aircon, 9,000 miles £6,995
05/05 **FOCUS 1.6 LX 5-DR AUTO** Moondust Silver/grey, aircon, 1 owner, 27,000 miles £6,495
05/05 **ASTRA 1.8 LIFE 5-DR AUTO** Moonland/grey, aircon, 1 owner, 11,000 miles £5,995
05/55 **FUSION 1.4 '2' 5-DR AUTO** Moondust Silver/grey, aircon, 1 owner, 17,000 miles £5,450
06/06 **KIA PICANTO 1.1 LX 5-DR AUTO** Blue/grey, aircon, 1 owner, 15,000 miles £5,250

ESTATES

06/06 **SAAB 9-5 1.9 TDi 150 VECTOR AUTO** Titan Grey/hide, aircon, 16,000 miles £12,995
05/05 **X-TYPE 2.0 DIESEL SPORT PREM ESTATE** Zircon Blue, aircon, 50,000 miles £9,995
07/07 **SKODA ROOMSTER 1.4 '2' 16v** Flamenco Red/charcoal, aircon, 1 owner, 2,000 miles £7,995

4WD & MPV

07/56 **ZAFIRA 1.9 CDTi CLUB AUTO 7-STR** Metro Blue/grey, aircon, 8,000 miles £9,995
07/07 **TOYOTA COROLLA 1.8 VERSO T2 7 SEATS** Carlo blue/grey, aircon, 14,000 miles £9,950
04/04 **JEEP GRAND CHEROKEE 2.7 CRD AUTO** Rioja/beige hide, aircon, 30,000 miles £8,995
05/05 **TOYOTA RAV 4 XT3 3-DR** Carbon Quartz/grey, aircon, 1 owner, 19,000 miles £8,750
05/05 **HONDA CRV 2.0 SE AUTO** Silver/grey, a/c, 19,000 miles £8,450
06/06 **ZAFIRA 1.6 LIFE 7-STR** Star Silver/grey, aircon, 1 owner, 8,000 miles £7,995
05/05 **FORD FOCUS C MAX 1.8 GHIA** Tonic Blue/grey velour, aircon, 1 owner, 22,000 miles £6,850
05/05 **ZAFIRA 1.8 LIFE 7-STR AUTO** Ultra Blue/grey, aircon, 1 owner, 14,000 miles £6,450
04/54 **ZAFIRA 1.8 LIFE 7-STR** Silver Lightning/grey, aircon, 1 owner, 23,000 miles £5,995

OTHER MARQUES

05/55 **HONDA CIVIC 2.2 CTDi SPORT 5-DR** Grey/grey, aircon, 17,000 miles £10,450
05/05 **VOLVO S40 1.8 SE 4-DR** Mauve/beige hide, aircon, 1 owner, 11,000 miles £9,750
07/07 **TOYOTA YARIS 1.3 T3 VVTi 5DR AUTO** Venetian Silver/grey, a/c, 18,000 miles £7,995
02/02 **BMW 318i 2.0 SE AUTO** Brilliant Silver/grey, aircon, 35,000 miles £7,995
05/05 **MAZDA 3 2.0 SPORT 5-DR** Winning Blue/grey, aircon, 1 owner, 34,000 miles £7,750
07/07 **PEUGEOT 207 1.4SE 5-DR** Metallic Grey/grey, a/c, panoramic roof, 15,000 miles £7,750
07/07 **CITROEN C4 1.6 SX 5-DR AUTO** Brilliant Silver/grey, aircon, 1 owner, 12,000 miles £7,750
05/05 **TOYOTA COROLLA 1.6 T3 VVTi 5-DR AUTO** Blue/grey, aircon, 1 owner, 21,000 miles £7,450
06/06 **KIA PICANTO 1.1 LX 5-DR AUTO** Blue/grey, aircon, 1 owner, 15,000 miles £5,250
04/54 **NISSAN ALMERA 1.8 SE 5-DR AUTO** Silver/grey, aircon, 24,000 miles £4,450
03/03 **ROVER 75 1.8 CLUB SE AUTO** Midas/grey, aircon, 34,000 miles £3,995

VW, AUDI, SEAT & SKODA SECTION

03/53 **AUDI TT 3.2 V6 QUATTRO DSG AUTO** Flash Red, 1 owner, aircon, 20,000 miles £12,995
02/02 **AUDI A4 3.0 SPORT CABRIOLET AUTO** Caribbean Blue/grey, aircon, 42,000 miles £11,995
06/06 **SKODA OCTAVIA 2.0 T FSI VRS 5-DR** Blue/grey, aircon, 1 owner, 27,000 miles £11,450
06/06 **SEAT LEON 21.0 TDi DIESEL SPORT** Lunar Grey/grey, aircon, 25,000 miles £9,995
07/07 **POLO 1.4 S 3-DR AUTO** Shadow blue/grey, aircon, 1 owner, 470 miles only £8,995
06/56 **SKODA FABIA 1.9 TDi 130 VRS 5-DR** Corrida Red/grey, aircon, 14,000 miles £8,750
07/07 **SKODA ROOMSTER 1.4 '2' 16V** Flamenco Red/charcoal, aircon, 1 owner, 2,000 miles £7,995
00/W **AUDI CABRIOLET 2.6E FINAL EDITION AUTO** Blue/hide, aircon, 40,000 miles £6,995
03/03 **AUDI A4 2.0 FSI SE** Satin Silver/grey, aircon, 42,000 miles £6,750

HONDA

05/55 **CIVIC 2.2 CTDi SPORT 5-DR** Galaxy Grey/grey, aircon, 17,000 miles £10,450
06/56 **JAZZ 1.4 SE 5-DR AUTO** Tungsten Grey/grey, aircon, 1 owner, 15,000 miles £8,995
05/05 **CRV 2.0 SE AUTO** Silver/grey, aircon, 19,000 miles £8,450

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03 (03) **JAGUAR S-TYPE 3.0 SPORT AUTO** Seafrost Metallic/black Hide, PAS, A/C, alloys, sat/nav, e/windows, c/locking, r/c/locking £7,450
02 (02) **JAGUAR S-TYPE 3.0 SE AUTO** Pacific Blue Metallic/Cashmere hide, PAS, A/C, alloys, e/s/roof, e/windows, c/locking, radio/CD £5,995
01 (Y) **JAGUAR X-TYPE 3.0 SE AUTO** Silver Metallic/beige hide, PAS, A/C, alloys, electric windows, central locking radio/cassette £5,995
02 (51) **JAGUAR S-TYPE 3.0 SE AUTO** Saphphire Blue Metallic/grey hide, PAS, A/C alloys, e/sunroof & windows, c/locking rad/cass/CD £5,450
99 (T) **JAGUAR XJ8 3.2 AUTO** Maderia Red Metallic/doeskin hide, PAS, A/C, alloys, electric windows, central locking, radio/cassette £4,750
00 (W) **JAGUAR X-TYPE 4.0 V8 AUTO** Seafrost Metallic/tan hide, PAS, A/C, alloys, sat nav, e/s/roof, e/windows, c/locking, radio/cass/CD £4,450
02 (02) **JAGUAR X-TYPE 2.0 SE** British Racing Green/Tan Hide, 5-spd, PAS, A/C, alloys, e/windows, c/locking, rad/cass/CD, FSH £3,750
96 (N) **JAGUAR 3.2 SOVEREIGN AUTO** Signal Red/doeskin hide, A/C, alloys, electric windows, central locking, radio/cassette & CD £2,995

MANUALS

97 (R) **PORSCHE BOXSTER 2.5 ROADSTER** Guards Red/black hide, 5-spd, PAS, alloys, p/hood, e/windows, c/locking, radio/CD, fsh £7,450
02 (02) **VOLKSWAGEN GOLF 1.9 GTi TDi (150)** 3-dr, Black Metallic/black trim, 6-spd, A/C, alloys, e/windows, c/locking, radio/cass/CD £5,995
96 (P) **BMW M3 EVOLUTION 3.2 CONVERTIBLE** Silver/black hide, 6-spd, PAS, A/C, alloys, power hood, e/windows, c/locking, radio/CD £5,995
02 (02) **PEUGEOT 206 1.6 SCC CONVERTIBLE** Silver Met/black & red hide, 5 spd, pas, aircon, alloys, e/windows, c/locking, radio/CD £5,450
03 (53) **FORD FOCUS 1.8 C MAX ZETEC** Black Metallic/grey trim, 5-spd, PAS, aircon, alloys, electric windows, central locking, radio/CD £4,995
03 (03) **HONDA CIVIC 1.6 SE EXECUTIVE** 5-dr, Silver Metallic/black hide, 5-spd, PAS, A/C, alloys, electric windows, c/locking, radio/CD £4,995
00 (W) **SAAB 9-3 2.0 t ECO S CONVERTIBLE** Blue Met/Beige Hide, 5-spd, PAS, A/C, E/Windows, c/locking, R/CD £4,450
01 (Y) **VOLVO V70 2.4 ESTATE** Blue Metallic/grey hide, 5-spd, A/C, alloys, electric windows, central locking, radio/cassette/CD £4,450
86 (C) **AUSTIN MINI 1.0 PICCADILLY (LTD EDITION)** Cashmere Gold Metallic/beige/burgundy velour, 4-spd, radio £3,995
03 (03) **PEUGEOT 307 2.0 SE HDi 110 DIESEL** 5-dr, Green Metallic/grey trim, 5-spd, PAS, A/C, alloys, e/windows, c/locking, radio/CD £3,995
03 (03) **SUZUKI GRAND VITARA 2.0** 5-dr, Blue over Satin Met/Grey Trim, 5-spd, PAS, e/windows, c/locking, radio/cassette, ... £3,650
01 (Y) **TOYOTA YARIS 1.3 VVTI SR** 3-dr, Blue Met/grey trim, 5-spd, pas, aircon, alloys, e/windows, c/locking, radio/cassette £3,450
99 (T) **PEUGEOT 306 2.0 CABRIOLET** China Blue Met/Grey Trim, 5-spd, PAS, power hood, alloys, e/winds, c/lock, radio/cassette, ... £3,450
02 (52) **PEUGEOT 206 1.6 GLX** 5-dr, Green Metallic/grey trim, 5-spd, PAS, A/C, alloys, electric windows, central locking, radio/CD £3,350
02 (02) **PEUGEOT 206 1.4 LX** 5-dr, Green Metallic/green trim, 5-spd, PAS, aircon, electric windows, central locking, radio/CD £2,850
02 (02) **TOYOTA AVENSIS 1.8 VVTi VERMONT** 4-dr, Green Metallic/grey trim, 5-spd, PAS, A/C, alloys, e/windows, c/locking, radio/CD £2,650
99 (V) **TOYOTA AVENSIS 1.8 GS ESTATE** Silver Metallic/grey trim, 5-spd, PAS, A/C, alloys, electric windows, central locking, radio/CD £2,250
93 (L) **AUDI COUPE 2.3 E Alpine** White/black trim, 5-spd, alloys, electric sunroof, electric windows, central locking, radio/cassette £995

AUTOMATICS

03 (03) **MERCEDES C180 CLASSIC AUTO** Silver Metallic/beige trim, PAS, A/C, electric windows, central locking, radio/cassette £7,750
02 (02) **AUDI A4 2.0 SE AUTO** Ice Blue Met/blue trim, pas, aircon, alloys, e/windows, c/locking, radio/CD £5,650
00 (X) **BMW 3521 SE AUTO** 4-dr, Silver Metallic/grey hide, PAS, A/C, alloys, e/sunroof & windows, central locking, radio/cassette/CD £5,250
05 (55) **MITSUBISHI COLT 1.3 EQUIPPE AUTO** 3-dr, Ice Blue Metallic/grey trim, PAS, A/C, alloys, e/s/roof, e/windows, c/locking, radio/CD £4,750
99 (T) **BMW 323i SE AUTO** Green Metallic/beige hide, PAS, A/C, alloy wheels, electric windows, central locking, radio/cassette £4,750
03 (53) **ROVER 75 1.8T CONNOISSEUR SE TOURER AUTO** Blue Metallic/beige hide, PAS, aircon, alloys, e/windows, c/locking, r/cassette £4,450
04 (54) **FORD FOCUS 1.6 ZETEC AUTO** 5-dr, Ink Blue Metallic/grey trim, PAS, A/C, alloys, electric windows, central locking, radio/CD £4,995
99 (S) **LEXUS GS 300 SE AUTO** Green Metallic/grey hide, PAS, A/C, alloys, e/s/roof & windows, c/locking, r/cass/CD, gen full service history £4,450
00 (W) **BMW 528i SE AUTO** Silver Metallic/grey hide, pas, aircon, alloys, electric sunroof & windows, central locking, radio/cassette & CD £3,995
01 (Y) **VW GOLF 2.0 CONVERTIBLE AUTO** Black Met/black hide, pas, aircon, alloys, p/hood, e/windows, c/locking, radio/cass/CD, fsh £3,450
01 (Y) **HONDA ACCORD 1.8 VTEC S AUTO** 5-dr, Black/grey trim, PAS, A/C, electric windows, central locking, radio/cassette £2,750
97 (R) **MERCEDES E200 ELEGANCE AUTO** Silver Met/grey trim, pas, aircon, alloys, e/windows, c/locking, radio/cassette £2,750
01 (Y) **RENAULT LAGUNA 3.0 V6 DYNAMIQUE AUTO** Black Metallic/grey half hide, PAS, A/C, alloys, e/windows, c/locking r/cassette £2,650
01 (51) **CITROEN SAXO 1.4 AUTO** 5-dr, Silver Metallic/grey trim, PAS, electric windows, central locking, radio/CD £2,450
99 (T) **VAUXHALL ASTRA 1.6 CLUB AUTO** 5-dr, Jade Green Met/Grey Trim, PAS, a/con, e/windows, c/locking, r/cass £2,350
99 (V) **VAUXHALL ASTRA 1.6 CLUB AUTO** 5-dr, Star Silver Metallic/grey trim, PAS, A/C, electric windows, central locking, radio/cassette £2,450
98 (V) **VAUXHALL CORSA 1.4 BREEZE AUTO** 5-dr, Silver Metallic/grey trim, PAS, c/locking, radio/cassette £1,995
97 (R) **VAUXHALL SINTRA CDX 3.0 V6 7-STR AUTO** Green Metallic/grey trim, PAS, A/C, alloys wheel, e/windows, c/locking, r/cassette £1,650

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2007 (07) **Getz 1.4 CDX 5-dr Hatch Petrol Manual** Ebony Black, cloth, A/C, 5,450 miles.....£6,499
2006 (06) **Getz 1.4 CDX 5-dr Hatch Petrol Auto** Ebony Black, A/C, 3,000 miles.....£6,499
2007 (07) **Getz 1.1 CDX 5-dr Hatch Petrol Manual** Sky Blue, A/C, 11,195 miles.....£6,299
2007 (07) **Getz 1.4 GSi 5-dr Hatch Petrol Manual** Space Silver, A/C, 7,310 miles.....£5,999
2005 (05) **Getz 1.3 CDX 5-dr Hatch Petrol Manual** Clean Silver, A/C, 11,000 miles.....£4,999
2005 (05) **Getz 1.3 GSi 5-dr Hatch Petrol Auto** Seaside Blue, cloth, 16,900 miles.....£4,599

i30 & Coupe

2007 (57) **i30 1.6 Premium 5-dr Hatch Petrol Auto** Vivid Blue, 3,032 miles.....£12,499
2006 (57) **Coupe SIII 2.0 3-dr Petrol Manual** Steel Grey, 8,000 miles.....£11,995
2007 (57) **i30 1.6 CRDi Style 5-dr Hatch Petrol Manual** Shine Red, 5,000 miles.....£11,495
2007 (07) **Coupe SIII 1.6 3-dr Petrol Manual** Stone Black, 6,5000 miles.....£10,985
2001 (51) **Coupe 2.0 SE 3-dr Coupe Petrol Auto** Smart Silver Two-Tone.....£4,999

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2008 (08) **Santa Fe 2.2 CRTD (Euro IV) CDX+ Diesel Auto 4x4 7-Str** Ebony Black, 3,000 miles.....£23,000
2006 (57) **Santa Fe 2.2 CRTD (Euro IV) CDX 5-str Diesel Auto** Blue Onyx, 9,800 miles.....£19,995
2008 (08) **Santa Fe 2.2 CRTD (Euro IV) Limited Diesel Auto 7-Str** Sleek Silver, 8,000 miles.....£19,995
2006 (06) **Santa Fe 2.7 V6 CDX+ 4x4 7-str Petrol Auto** Platinum Red, 7,500 miles.....£15,999
2006 (06) **Santa Fe 2.2 CRTD (Euro III) CDX 5-str, 5-dr 4x4 Diesel Auto** Blue Onyx, 24,500 miles..£15,999
2007 (07) **Tucson 2.0 16v CDX 5-dr 4x4** Marine Blue Leather, 8,500 miles, Petrol, Manual.....£10,999
2005 (05) **Santa Fe 2.0 CRTD CDX 5-dr 4x4 Diesel** Cerise Red Two-Tone, 40,540 miles.....£8,999
2005 (55) **Tucson 2.0 CRTD GSi 5-dr 4x4 Petrol Manual** Marine Blue, leather, 12,000 miles.....£8,999

Trajet & Matrix

2006 (56) **Trajet 2.0CRTD GSi 5-dr MPV** Ebony Black Cloth, 21,001 miles, Diesel, Auto.....£10,999
2005 (05) **Trajet 2.0CRTD GSi 5-dr MPV** True Blue Cloth, 28,400 miles, Diesel, Auto.....£8,299
2005 (05) **Trajet 2.0 GSi 5dr MPV** Glacier Silver Cloth, 27,500 miles, Petrol, Manual,.....£6,899
2007 (07) **Matrix 1.6 GSi 5-dr People Carrier Petrol Auto** Neutral Grey, 6,000 miles.....£6,999

Other Models

2007 (57) **Grandeur 3.3 V6 4dr Saloon** Crystal Silver Leather, 9,001 miles, Petrol, Auto.....£21,499
2007 (07) **Sonata 2.0CRTD CDX 4dr Saloon** Ebony Black, 11,400 miles, Diesel, Auto.....£10,990

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the GoodGarageScheme.com

New national scheme to promote best garage practice

A new initiative to protect Britain's motorists from less reputable garages in the car repair and servicing industry is succeeding where years of political wrangling over trading regulations have failed.

The Good Garage Scheme aims to beat the small number of unscrupulous garages who give the trade a bad name by raising standards within the unregulated independent garage sector. The scheme was set up in September 2006 and has already attracted over 2500 members – more than 10 per cent of the independent garages nationwide – who have pledged to adhere to a strict Code of Conduct.

It comes six years after a government taskforce explored the need for a national voluntary good garage scheme. Leading motor trade associations failed to agree to a scheme but decided to support the development of an OFT-approved code of practice. However, little progress on this has been made. Garages can apply for a BSI Kitemark which involves regular inspections, but can be costly for small businesses.

The Good Garage Scheme was formed because of the need for effective self-regulation of independent workshops and MOT centres. Motorists can use the website **www.goodgaragescheme.com** to find a trustworthy garage in their area

Garages that join the scheme:

- Adhere to a strict Code of Conduct and pledge to have their customers' best interests at heart
- Must agree what work needs doing with their customers before it is carried out
- Work to an industry-standard checklist
- Must supply each customer with a feedback card allowing them to give their views on service directly to the Good Garage Scheme, which operates a stringent complaints procedure
- Are subject to regular mystery shopper-style audits and face removal if they break the code of conduct

The initiative has gone from strength to strength, with member garages carrying out 350,000 car services since September, generating over 20,000 feedback cards from consumers – allowing the garages a valuable insight into their performance as seen through the eyes of the customer. The Good Garage Scheme takes a strong line with its members and removed 73 garages from the scheme.

the GoodGarageScheme

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Cars for Sale

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AUDI A4 2.6SE ESTATE AUTO
1997/R, 2owners, 82.000m, met silver, velour int, climate, cd, e/w, PAS, ABS, roof rails, alloys, remote locking/alarm, FSH, mot Aug09 exceptional cond and value
£2295 Martins Specialist Cars 0208 946 9125

BMW

BMW 530I SE AUTO
2001/Y, 1owner, 58,000m, high spec includes full leather, climate control, cd, e/w, pas ABS remote locking alarm, alloys parking distance control full BMW history, excellent cond + value
£4995 Martins Specialist Cars 0208 946 9125(T)

BMW 3 SERIES
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£3500
020 8395 3955

BMW

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Citroen

CITROEN C5
VTR HD automatic, turbo, 2005 55, diesel, 5door, PAS< aircon, alloys, 1owner, service history, met black, ex condition throughout
£3550
020 8672 0158 or 07711 295720 (T)

CITROEN XSARA picasso, 1.6LX, 2003, 36000 miles, full service history, mtalliac silver, tax & MOT, electric windows, power steering, remote central locking, 3x3 point rear seat belts, abs, drivers airbag, immaculate condition, drives like new, £2750 poss part ex 020 8644 1537 or 07951 042617 (T)

Commercial Vehicles

LEYLAND DAF VAN
2.2T, K-reg, very good runner, white, taxed, MOT & serviced
£600ono
07956 366983

Commercial Vehicles

FORD TRANSIT
diesel, 51 reg, white, 80.000m, new clutch boarded, full length roof rack, mot/tax, drives well
£2850
07879 490 774

ASTRA VAN 1.7 TD, 2000, white, 1 years MOT, VGC throughout, PAS, c/locking, roof bars, CD, new fuel pump & cambelt kit, recent service, ready for work, £1595 ono, Tel: 020 8648 0407 or 07773 908150 (T)

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FIAT PUNTO 1.7, Turbo Diesel Van, R-reg, red, long MOT, VGC throughout, PAS, CD player, ready for work, £675 ono, Tel: 020 8648 0407 or 07773 908150 (T)

FORD RANGER TRUCK XLT, double cab, 2.5 turbo diesel, 4x4, 02 reg, long tax, MOT, truckman top, 98,000m, FSH, 1 owner, alloys, e/windows, central locking, aircon, alarm, roof-bars, £2995 No VAT 01737 765045 or 07788 467516 (T)

Fiat

FIAT PUNTO 03, 1.2, limited edition, 3 door, 5 millions model, 1 owner, 32,000 miles, FSH, met teseo blue, colour coded bumpers, pas, central locking, electric windows, CD, £2995 020 8763 0607 or 07944 933539 (T)

Ford

FORD FIESTA 2001 X, 75000 miles, black, FSH, PAS, r/cassette, s/roof, £1875, Tel: 07704 025223

Ford

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immac colour coded sought after model, full service history aircon, PAS, e/w, CD garaged
£2350 inc of warranty
07503 909 418(T)

FORD KA 1.3 panther black, 3dr, 2002/02, 60k miles, power steering, Radio cassette, very low insurance (group 2), excellent condition, 2 owners, v.long MOT, full ford service history, drives very well. HPi report and warranty available £1995 020 8763 1343 or 07967 199 960 www. omvltd-co.uk (T)

FORD FIESTA 1.2LX zetec 1999/T, mot, service history, power steering, c/locking, e/windows, stereo, colour coded sunroof 5door £1295 020 8949 7472(T)

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£1490
01737 814386

SKODA FABIA 1.4 comfort 2000/W 5door hatch 1owner from new 43,000m 8month mot, PAS, c/locking, e/windows, e/mirrors, aircon, alloys, ex cond in/out £1995 07879 460 211(T)

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FORD FOCUS 1.6, zetec, 2003(03), two owners, 38,000 miles, MDFSH, pas, aircon, abs, e/windows, c/locking, alloy wheels, spot-lights, stereo/CD, twin airbags, MOT-oct 09, metallic green, 3 door, immaculaye throughout, H/p, p/ex, warranty, £3695 020 8542 9099 www.motorscene.uk.com (T)

FORD MONDEO estate, 2001(51), two owners, 65,000 miles, MD Service history, pas, abs, aircon, e/windows, e/mirrors, c/locking, twin airbags, roofrails, stereo/CD, metallic red, MOT-sept 09, fabulous throughout, viewing essential, H/p, p/ex, warranty, £2695 020 8542 9099 www.motorscene.uk.com (T)

FORD MONDEO 2.0 zetec, 2001(Y), 61,000 miles, FSH, pas, aircon, e/windows, e/mirrors, c/locking, alloy wheels, stereo, metallic black, MOT-may 09, 5 door, fabulous throughout, viewing essential, H/p, p/ex, warranty, £1895 020 8542 9099 www.motorscene.uk.com (T)

FORD FOCUS
1.8 zetec, 58,000 miles, MOT-feb, tax-dec, 3 door, e/w, aircon, excellent condition
£2800
07800 564675 or 01737 353026

FORD MONDEO 2.5 V6 Ghia, X 1999 'S' Reg met black, c/locking, leather, e/windows, e/sunroof, air con, e/heated seats, radio/cassette, CD, alloys, alarm, power steering etc, FSH, MOT, perfect drive £695 020 8544 9479/ 07837 262368 (T)

FORD MONDEO 2.0 zetec 1999 'T' reg, silver, c/locking, e/windows, e/seat, radio, CD, power steering, alarm, ABS, alloys, air con, excellent condition, MOT Oct 2009 £795 020 8544 9479/ 07837 262368 (T)

FORD MONDEO 1.8lx estate 2002 '02' met blue, e/windows, c/locking, air con, power steering, radio, CD, 6 airbags, ABS, excellent condition, MOT March 2009, £1695 020 8544 9479/ 07837 262368 (T)

FORD FIESTA 1.25 Ze Tec, automatic, 1998/R (1250cc), cheap taxand insurance. Economical, metallic blue, sunroof, sterro, 50,000mls, power sterring, service records. TAXED and MOT. Looks and drives superb £1,299. 020 8644 1928 (T) Warrenty, credit cards etc.....

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CTDI executive, 04/54, diesel, 55 mpg, Sat Nav, silver, black leather, dual climate, s/roof, every extra, 1 owner, 80,000 miles, FSH, new service and MOT, immaculate
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01737 363209

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auto, 1994, elegance, 108.000m, met silver, blk leather, all electrics, airbag, PAS, stereo, new tyres/exhaust, tax, 1year mot, looks/drives like new
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020 8546 5194

Mercedes

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MINI ONE 1.6 12.000m only, manual, e/windows, R/C/L, ABS, traction control, aircon, radio/cd changer, airbags, 12month BMW warranty, chilli red, 1owner £8995 020 7819 1609 www.fjkeen.co.uk (T),

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Mitsubishi

MERCEDES 320SLK 2001/51, 1owner, total Mercedes history, only 59.000m, black leather, cruise aircon, cd, e/seats, met silver £8500 020 8761 8090 (T)

MITSUBISHI SPACESTAR auto MPV, 2004/04, 1.6 5door, 1owner only 19.000m, mitsubishi history, aircon, cd, e/sunroof, alloys, met grey £3650 020 8761 8090 (T)

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SE, 05, 27,000m, manual, a/c, alloys, c/locking, e/windows, FSH, pas, s/roof
£4295
07778 536672

NISSAN MICRA 1.3 GX, 3 door, automatic, 1999(V), 1 lady owner, 21,000 miles, fsh, met silver, p/s, r/c/l, e/w, s/r, cheap road tax and insurance, stunning condition £2795 020 8763 0607 or 07944 933 539 (T)

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01737 361486

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ROVER 75
Connoisseur SE, CDT, diesel, 2000-reg, silver, 1 owner, FSH, 99k, 50 Mpg, top spec
£1500
01372 747426
Epsom

ROVER 25 1.4, impression, 2003(03), two owners, 33,000 miles, service history, pas, aircon, e/windows, e/mirrors, c/locking, alloy wheels, spotlights, stereo/CD, MOT-june 06, metallic blue, 5 door, fabulous throughout, viewing essential, H/p, p/ex, warranty, £2495 020 8542 9099 www.motorscene.uk.com (T)

ROVER 45 1.8, impression, 2002(02), one owner, 59,000 miles, FSH, pas, abs, aircon, e/windows, e/mirrors, c/locking, alloy wheels, tailgate spoiler, walnut dash, stereo CD, silver, MOT-april 09, 5 door, immaculate throughout, H/p p/ex, warranty £1995 020 8542 9099 www.motorscene.uk.com (T)

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SEAT ALLAMBRA Diesel, 7 seater, 5 speed, 1997/P, silver, new MOT, e/windows, P.A.S, A.B.S, airbag, economical, good condition for year, bargain £2,095, 020 8644 1928(T) warranty, part exchange, credit cards.

SEAT IBIZA
P reg, FSH, tax/MOT until March, good condition
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1.9TDi, ambience, 02-reg, 21,300m, tax & MOT-feb 09, auto, alloys, a/c, e/w, r/cass/CD multi player, r/c/l, one owner from new
£3950ono
020 8770 3630

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Under £1500

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automatic, R reg, mot/tax, 5door hatch, low insurance, cheap tax new shap drives well, 35.000m, 1owner, VGC throughout
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p reg, 1.6 LTD Ed, 5door hatch, 1year mot, 5speed, PAS, rear seat belts, VGC, drives like new, absolute bargain
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coupe, n reg, black owned & loved by vehicle technician. bmw history, 18" bmw alloy's, abs, pas, ew, cd, tax/mot. reluctant sale
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07841 350408 020 8770 9067

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Micra 1.5 dCi 86 3/5dr CO2 120g/km URBAN 54.3mpg/5.2L/100km – EXTRA URBAN – 67.3mpg/4.2L/100km – COMBINED 61.4mpg/4.6L/100km NOTE 1.4 CO2 139g/km - URBAN 38.7mpg/7.3L/100km - EXTRA URBAN 55.4mpg/5.1L/100km - COMBINED 47.9mpg/5.9L/100km QASHQAI 1.6 CO2 159g/km - URBAN 33.6mpg/8.4L/100km - EXTRA URBAN 49.6mpg/5.7L/100km - COMBINED 42.2mpg/6.7L/100km X-TRAIL Range CO2 190-230g/km - URBAN 21.7-32.5mpg/8.7-13.0L/100km - EXTRA URBAN 36.7-45.6mpg/7.7-6.2L/100km - COMBINED 29.4-39.8mpg/7.1-9.6L/100km

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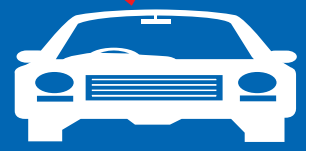

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(52) Vauxhall Zafira 1.6 Club 7 Seater Silver, 2 owners, very good condition **£3,495**
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(99) Honda Shuttle 2.3 LS Auto 7-str Silver, aircon, pas, central locking, electric windows, very clean example **£2,995**
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(01) Vauxhall Omega 2.2 CDX Auto a/c, pas, c/locking, e/windows, s/roof **£2,795**
(98) Honda Prelude 2.0 Auto aircon, e/s/roof, Clifford alarm, s/history. . . . . **WAS £2,495 - NOW £1,995**
(P) Mercedes 200E Auto Dark Metallic Blue, low miles, very clean example **£2,495**
(98) Mitsubishi Spacewagen 2.0 GLXi Auto 7-str sunroof, central locking, electric windows, pas **£2,495**
(P) BMW 316 SEi Auto Dark Red, pas, e/windows, very nice example . . . . . **Just £2,295**
(00) Ford Mondeo Ghia 2.0 X Pack aircon, leather, CD player, sunroof, alloys, fully loaded, 68,000 miles, service history . . . . . Was £1,995 **Now £1,695**
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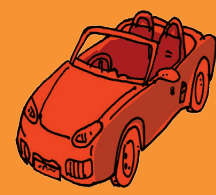

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04 (54) BMW 318 ES MANUAL SALOON 4-dr, Metallic Silver, aircon, CD/radio, alloy wheels, only 34,000 miles, full service history **£7,995**

04 (04) HONDA ACCORD 2.4 VTEC EXECUTIVE AUTO Gloss Black, black leather interior, sat nav, 17" alloy wheels, aircon, electric sunroof, CD/radio, 1 owner, 60,000 miles, full s/history **£6,995**

02 52 LEXUS IS200 SE AUTO 4-dr, Metalic Blue, 1/2 beige leather sports seats, aircon, alloy wheels, electric sunroof, CD/radio, only 33,000 miles, full service history. **£6,995**

04 (54) JAGUAR X-TYPE 2LTR AUTO Bright Blue Metallic, beige velour trim, air con, alloy wheels, all electrics etc, 2 owners, 40,000 miles, full service history, fantastic value. **£6,495**

02 (02) VW GOLF 1.9 TD GTi (150 BHP) DIESEL MANUAL 6-spd, Metallic Black with beige leather seats, aircon, alloy wheels, CD player/radio, all electrics, 79,000 miles **£6,995**

02 52 BMW 318i SE AUTO SALOON Orient Blue Metallic, full sand beige leather trim, aircon, alloys, e/sunroof, all electrics, etc, lovely condition **£5,995**

03 (03) VW PASSAT TDi SE (130BHP) DIESEL SALOON Light Blue Metallic, aircon/climate, CD/radio, all electrics etc, 52,000 miles, full service history . **£5,995**

02 (02) MERCEDES BENZ C200 ELEGANCE AUTO Brilliant Silver, grey cloth trim, climate control, alloy wheels, all electrics etc, 1 owner, 75,000 miles, full service history. **£5,695**

06 (55) VAUXHALL ASTRA 1.4i 16V CLUB 5-dr, 5-spd, Brilliant Silver, grey cloth trim, aircon, remote locking, all electrics etc, just 30,000 miles, full service history, lovely condition, fantastic value **£5,695**

03 (53) JAGUAR X-TYPE 2.5 V6 SE 5-spd, Light Blue Metallic, with full sand beige leather trim, aircon, alloy wheels, all electrics etc, 2 owners, 69,000 miles, full Jaguar service history, lovely condition, fantastic value. **£5,695**

00 (W) BMW 530d SE DIESEL SALOON MANUAL Biarritz Blue with sand beige leather, aircon, alloy wheels, cruise, radio/CD multichanger, 86,000 miles, full service history **£5,495**

02 52 HONDA CIVIC 1.6i VTEC EXECUTIVE AUTO 5-dr, Metallic Silver with black leather, aircon, alloy wheels, CD/radio, electric sunroof, 60,000 miles, full service history. **£4,995**

02 52 BMW 316i SE MANUAL 4-dr, Metallic Silver, 18" alloy wheels, aircon, CD multichanger, cruise control, parking sensors, 99,000 miles, full service history **£4,995**

04 (54) VAUXHALL SIGNUM DESIGN DIRECT 5-dr, Gloss Black, half leather, sports seats, sat nav, aircon, alloy wheels, CD/radio, 59,000 miles, full service history. **£4,995**

05 (05) VAUXHALL CORSA 1.2 16v BREEZE 3-dr, 5-spd, Gloss Black, grey cloth trim, aircon, alloys wheels, electric windows, central locking, CD player etc, 1 lady owner, just 26,000 miles, full service history. **£4,695**

04 (04) PEUGEOT 206 1.4S AUTO 3-dr, Metallic Silver, grey cloth trim, aircon, electric windows, central locking, just 21,000 miles, full service history, lovely condition. **£4,695**

04 (54) MG ZR 120+ 5-dr, 5-spd, Brilliant Silver, half black leather trim, aircon, alloy wheels, all electrics, just 20,000 miles, full service history **£4,495**

02 (02) VOLKSWAGEN GOLF 1.4 S 5-dr, 5-spd, Reflex Silver, grey velour trim, electric sunroof, electric windows, remote central locking, etc, 2 owners, only 55,000 miles, full s/history . . . **£3,995**

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00 X PEUGEOT 607 2.2 HDi AUTO DIESEL SALOON Metallic Silver, grey velour trim, sat nav, climate control, alloy wheels, all electrics, etc, 100,000 miles, full s/history, beautiful condition . . . **£2,995**

00 V BMW 318i SE SALOON 5-spd, Bright Red, charcoal cloth trim, aircon, electric sunroof, alloy wheels, all electrics, etc, high mileage, full service history, beautiful condition **£2,495**

97 (R) BMW 323 COUPE AUTO Moria Green, full tan nappa leather, crusie control, alloy wheels, all electrics etc, 2 owners, only 90,000 miles, service history, lovely example. **£2,495**

01 (51) ROVER 45 1.6 IMPRESSION MANUAL 5-dr, British Racing Green, aircon, radio/CD player, electric windows, central locking, 47,000 miles, full service history. **£1,995**

01 (Y) ROVER 25 1.4 IMPRESSION MANUAL 3-dr, Dark Blue Metallic, alloy wheels, central locking, CD player/radio, 1 owner, 50,000 miles, full service history. **£1,995**

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04 (04) LAND ROVER DISCOVERY 2.5 TDi PERSUIT 7-STR Metallic Silver, grey cloth trim, aircon, alloy wheels, cruise control etc, full service history, fantastic value **£8,495**

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03 (52) MITSUBISHI L200 ANIMAL DOUBLE CAB 2.5 TDi Black over Silver, grey cloth trim, aircon, alloy wheels, all electrics etc . . . . . **£5,995+VAT**

03 (53) HONDA CRV 2.0 VTEC AUTO 5-dr, Metallic Silver with black leather, interior, aircon, CD/radio, electric windows, central locking, 44,000 miles, full service history. **£5,995**

03 (03) NISSAN X-TRAIL 2.2 DCi SVE 5-dr, 5-spd, Gloss Black, full sand beige leather trim, panoramic sunroof, alloy wheels, climate, all electrics etc, 69,000 miles, full service history **£5,995**

02 (02) NISSAN X-TRAIL 2.0 SPORT AUTO Metallic Blue, grey velour trim, electric sunroof, alloy wheels, all electrics, etc. Only 52,000 miles, full service history. **£4,695**

01 51 TOYOTA RAV 4 2.0 NRG AUTO 3-dr, Gloss Black, Grey cloth trim, aircon, alloy wheels, remote locking, CD player, etc, 60,000 miles, full s/history **£4,695**

02 02 TOYOTA RAV 4 VVTi AUTO 2.0 VX 5-dr, Metallic Beige, full black leather trim, aircon, alloy wheels, all electrics etc. 100,000 miles, full service history, lovely condition throughout **£3,995**

00 X HONDA HRV AUTO 5-dr Bright Red, grey cloth trim, aircon, alloy wheels, all electrics, etc, 60,000 miles, full Honda service history, lovely condition . . . **£3,495**

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03 (03) MERCEDES BENZ E320 CDi ELEGANCE ESTATE AUTO 7-STR (FACE LIFT) Metallic Grey, black leather, sat nav, wood, CD, all electrics etc, 1 owner, 95,000 miles, full dealer history, beautiful **£12,495**

02 52 VW SHARAN 2.0 SL MPV ESTATE 7-SEATER MANUAL Metallic Silver, aircon, CD/radio, electric windows, central locking, 60,000 miles, full service history. **£4,995**

04 (04) VAUXHALL ZAFIRA 2.0 DTi DIESEL ELEGANCE 7-STR 5-spd, Gloss Black-Grey velour trim, aircon, alloy wheels, electric sunroof, remote locking, etc, 90,000 miles, full service history, beautiful condition, fantastic value **£4,795**

03 03 PEUGEOT 206 2.0 HDi XT ESTATE 5-spd, Graphite Grey Metallic, grey velour trim, aircon, all electric etc. 1 owner, 60,000 miles, full s/history **£3,795**

98 (S) MERCEDES C200 SPORT ESTATE AUTO Gloss Black with black cloth interior, aircon, alloys, CD/radio, electric windows, central locking, 82,000 miles, full s/history **£3,495**

02 (51) CITROEN PICASSO 1.8 SX 5-dr, 5-spd, Lilac Mist Metallic, 50,000 miles, full service history, aircon, CD player/radio, central locking, electric windows **£3,495**

01 (X) SAAB 9-5 2.3 SE T ESTATE AUTO Brilliant Silver, full black leather trim, climate control, alloy wheels etc, full specification, 95,000 miles, full s/history, lovely condition, fantastic value . . . **£2,995**

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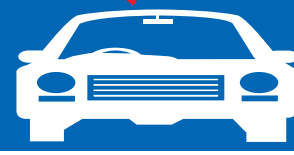

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03 03 KIA SEDONA LX 7-STR AUTO Diesel, 68,000 miles, full service history, pas, electric windows, aircon, remote locking, superb condition throughout.. **£5,495**

03 03 PEUGEOT 307 1.6 GLX AUTO 5-dr, 24k, full service history, pas, electric windows, remote locking, alloy wheels, CD, superb car throughout..... **£4,995**

01 51 AUDI A2 1.4 68k, full sevice history, aircon, pas, electric windows, alloy wheels, low road tax & insurance, super condition throughout..... **£4,995**

04 04 FORD FOCUS 1.8 LX ESTATE 56,000 miles, full service history, aircon, pas, electric windows, CD, alloy wheels, lovely family car..... **£4,995**

05 55 CHEVROLET LACETTI SX 5-dr, 7,000 miles, full service history, pas, aircon, electric sunroof, electric windows, CD player, alloy wheels, airbags, stunning car **£4,995**

04 04 MG ZR 1.8+ 5-dr, 30,000 miles, full service history, pas, electric windows, aircon, CD player, alloy wheels, Bright Yellow, stunning car **£4,995**

01 51 RENAULT ESPACE AUTHENTIQUE AUTO 7-STR 44,000 miles, full service history, pas, aircon, electric windows & mirrors, CD, remote locking, alloy wheels, superb family car..... **£4,795**

03 53 VAUXHALL OMEGA 2.2 CD AUTO 50,000 miles, full service history, pas, electric windows, aircon, CD player, alloy wheels, abs, stunning car..... **£4,695**

02 02 ROVER 75 2.0LT CONNOISSEUR AUTO 30k, full service history, aircon, pas, leather, electric windows, remote locking, airbags, alloy wheels, superb car throughout **£4,695**

03 52 CITROEN C3 EXCLUSIVE 5-dr, 73,000 miles, full service history, pas, electric windows, aircon, r/locking, CD player, outstanding condition throughout **£4,695**

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02 02 PEUGEOT 307 LX AUTO 5-dr, service history, pas, electric windows, remote locking, airbags, CD, superb car throughout..... **£4,295**

05 05 MITZUBISHI SPACE STAR 1.6 EQUIPPE 5-dr, 22k, full service history, aircon, pas electric windows, airbags, alloy wheels, stunning car..... **£3,995**

02 02 RENAULT SCENIC RX4 PRI DCi 49k, full service history, aircon, pas, electric windows, alloy wheels, remote locking, superb family car..... **£3,995**

01 Y FORD PUMA 1.6 66,000 miles, full service history, aircon, pas, electric windows, remote central locking, abs, alloy wheels, outstanding condition throughout **£3,995**

04 54 FIAT PUNTO 1.2 ACTIVE 5-dr, 23,000 miles, full service history, pas, electric windows, CD player, remote central locking, low road tax, outstanding condition throughout..... **£3,995**

01 51 VAUXHALL ASTRA 2.2 COUPE BERTONE 52,000 miles, full service history, aircon, pas, electric windows, alloys, CD, stunning car throughout **£3,995**

01 51 CITROEN PICASSO 2.0 LT HDi SX DIESEL 51,000 miles, full service history, 1 owner plus demo, aircon, pas, electric windows, CD player, superb condition throughout **£3,995**

04 04 FIAT PUNTO 1.2 ACTIVE 3-dr, 17k, full service history, pas, electric windows, CD, central locking, low road tax & insurance group, stunning little car throughout **£3,695**

01 Y VAUXHALL OMEGA 2.2 CDX AUTO ESTATE 56,000 miles, full service history, pas, aircon, leather, alloy wheels, heated seats, abs, outstanding condition throughout **£3,695**

01 51 VAUXHALL ZAFIRA 1.6 CLUB 7 SEATER 60k, full service history, aircon, pas, electric windows, central locking, superb, family car **£3,495**

01 Y HONDA ACCORD 2.0LT SE 5-dr, 62k, full service history, aircon, pas, electric windows, alloy wheels, superb car throughout **£3,495**

98 S VAUXHALL ASTRA 1.8 AUTO CD, 5-dr, 51k, full service history, aircon, pas, alloys, electric windows, airbags, one owner plus demo, must be seen **£2,695**

01 51 FORD KA 1.3 50,000 miles, full service history, pas, electric windows, central locking, low road tax, ideal 1st car **£2,495**

99 S MAZDA 323F 87,000 miles, full service history, pas, electric windows, remote locking, alloy wheels, radio/cassette, superb little family car **£2,495**

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90 H BMW 320 SE 4-dr, 126,000 miles, full service history, pas, electric sunroof, electric windows, alloy wheels, taxed & tested, stunning car for year **£1,295**

99 T ROVER 420D TURBO 5-dr, 81k, full service history, pas, electric windows, central locking, aircon, long MOT, super condition throughout **£1,095**

97 P PEUGEOT 406 EXECUTIVE TURBO Diesel, pas, electric windows, full leather, aircon, electric sunroof, electric windows & mirrors, alloy wheels, very tidy car, taxed & tested **£895**

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CAR OF THE WEEK

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03 53 Toyota Purius 1.5 Grey Metalic Hybrid, electric Auto, 5-dr, hatch back, 2 owners, abs, adjustable seats/steering column, all electics, full service history..... **£7,999**

03 03 Mercedes-Benz CL80 Kompressor Avantgarde SE Auto Metallic Titanite, 38,000 miles, 1 former keeper, exceptional condition, all electrics etc, full service history **£7,699**

03 53 Volkswagen Beetle 2.0 Auto Hatch 3-dr, Gunmetal Grey Metallic, 24,000 miles, alloy wheels, aircon, CD multi-changer, traction control, full main dealer service history, 1 owner..... **£6,399**

52 02 VW Passat 1.9 TDi 130 SE Metallic Silver, 1 former keeper, central locking, electric windows, aircon, full service history, alloys, sunroof, pas, half leather, immaculate condition **£4,599**

03 52 Volkswagen Passat SE 2.0 20V Estate 5-spd, Metallic Silver, 51,000 miles, 1 owner from new, all electrics etc, climate control, alloy wheels, full service history, mint conditiion **£4,299**

01 Y MGF 160 Manual Trophy Blue, 40,000 miles, 5-spd, 2 owners, half leather, remote central locking, alarm, all electrics, CD player, e/windows, e/mirrors, alloy wheels, service history, no offers **£4,299**

04 54 Renault Clio Expression 1.2 16v Metalic Blue, 5-door, hatchback, 42,000 miles, 1 owner, full dealer service history, CD player, all electrics **£4,299**

04 04 Citroen Dispatch 900 HDi Pang Van Red, 1 former keeper, 58,000 miles ..... **£3,799+VAT**

99 T MGF 1.8 75th, Black leather interior, red hood, 67,000 miles, full service history, immaculate, condition **£3,799**

04 54 Fiat Punto 1.2 Dynamic 8v 3-door, hatch, Met Grey, 36k, 1 owner, full dealer history, pas, CD, usual electrics..... **£3,299**

01 Y Toyota Yaris 1.0 GS VVTi Silver, 66,000 miles, 5-door, hatchback, 5-spd, pas, 1 owner from new, fsh, great example, low ins & tax **£3,199**

01 51 Vauxhall Zafira 1.8 Club Hatch Auto 5-dr, 60,000 miles, all electric etc, central locking, pas..... **£2,999**

94 M Mitsubishi Pajero 2.8 D Estate Auto Silver/Met Blue, CD, a/c, s/roof, remote alarm, c/locking, all electrics **£2,999**

01 X Suzuki Grand Vitara 2.0 GS Convertible Metallic Silver, 67,000 miles, all electrics, great condition all round **£2,899**

98 S Mercedes Benz E240 V6 Classic Petrol, 80,000 miles, Champagne Silver, 1 owner, tan leather, aircon, twin airbags, remote lock alarm, full service history, wood effect trim..... **£2,599**

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01 Y Renault Clio 1.4 Alize Hatch 5-dr, Met Dark Green, 62,000 miles, pas, central locking, aircon..... **£2,499**

00 W Ford KA Silver Edition leather, pas, CD player, tinted glass, full service history, central locking, electric windows, colour coded bumpers, aircon..... **£2,499**

99 T Vauxhall Vectra 1.8 Club Auto Hatch 5-dr, 67,000 miles, 2 former keepers electric windows, alloy wheels..... **£1,999**

00 W Renault Lagima 1.8 Sport Grey Metallic, 5-door, hatchback, alloys, 1 former keeper, sport seats, CD, ac, c/locking, e/windows, 5-spd ... **£1,799**

00 W Vauxhall Astra Club 1.6 8v Estate Blue, 1 former keeper, 100,000 miles, all electric, 5-spd **£1,799**

97 P Ford KA 1.3 KA2 Met Black, pas, c/locking, e/windows, rear spoiler, colour coded bumpers, ideal first car **£1,795**

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00 V Ford Fiesta Courier Van 1.8 Diesel 5-spd, White, 1 keeper, new MoT, good runner ..... **£1,599 + VAT**

98 S BMW 520i Light Green Metallic, 5-spd, silver cloth, spares or repair..... **£1,500**

95 N Mercedes Benz C180 Elegance Auto Dark Grey Metallic, 86,000 miles, long MoT..... **£1,499**

00 X Renault Laguna 1.6 Sport Green Met, 5-door, hatchback, 1 former keeper, 5-spd, pas, sports seats, CD, ac, c/locking, e/windows..... **£1,499**

99 T Ford Mondeo 2.0 LX Auto Light Green Metallic, 74,000 miles, 5-dr, hatchback, 2 former keepers, all electric **£1,499**

98 S Ford Ka 1.3 Radiant Red, 73,000 miles, central locking, pas, electric windows, very good throughout, idea first car, alloy wheels, sunroof..... **£1,495**

98 R Peugeot 106 XL Red, 77,000 miles, 5-dr, hatchback, 5-spd, 2 former keepers, long MoT, low tax&ins **£1,299**

UNDER £1,000

97 R Ford Ford Mondeo Ghia 2.0 1.6 Auto Metallic Purple, 5-dr, hatchback, 56,000 miles, CD player, pas, all electrics **£999**

96 P Vauxhall Astra 1.6i LS Blue, 5-dr, estate, 100,000 miles, 1 former keeper, all electrics, pas, e/windows..... **£999**

96 N Vauxhall Corsa Trip 1.2 8v White, 57,000 miles, tax, long MoT, CD player, clean & tidy..... **£950**

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(52)	**MINI COOPER S** 3-dr, Yellow, 38k miles, climate a/c, abs, alloys, leather, sunroof, black roof, black stripson bonet		£7,495
(55)	**CITROEN XSARA PICASSO 2.0 HDi DESIRE (DIESEL)** 5-dr, Met Silver, 31k, service history, 1 owner, aircon, abs, airbags, pas, r/c/locking	£6,295	£5,995
(55)	**CHRYSLER PT CRUISER 2.4 LTD** 5-dr, Metallic Blue, 1 owner, 13k, very low miles, FMDSH, leather, chrome alloys, abs, traction, airbags	£6,295	£5,995
(05)	**FORD MONDEO 1.8 ZETEC** Silver, 5-dr, 1 owner, 29k, MDSH, climate, aircon, abs, traction, alloys, e/windows, e/mirrors	£5,495	£4,995
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Useful Abbreviations

abs	Anti-lock Braking System
a/b or a/bags	Airbag(s)
a/c or a/con	Air Conditioning
auto	Automatic
a/w or alloys	Alloy Wheels
c/coded	Colour Coded
c/control	Climate Control
c/l or c/lock	Central Locking
cruise	Cruise Control
e/m	Electric Mirrors
e/w	Electric Windows
ex cond or ex con	Excellent Condition
fsh	Full Service History
4wd	Four Wheel Drive
h/f/s or h/f/screen	Heated Front Screen
h/s	Heated Seats
immob	Immobiliser
lhd	Left Hand Drive
MoT	Ministry of Transport (Cert)
ono	Or Nearest Offer
ovno	Or Very Nearest Offer
pas	Power Assisted Steering
p/x	Part Exchange
r/c/l	Remote Central Locking
r/w/w	Rear Wash Wipe
sat nav	Satellite Navigation
s/r or s/roof	Sunroof
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vgc	Very Good Condition

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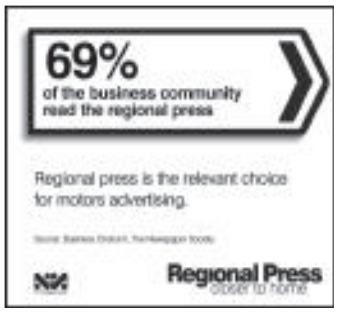

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SPORT*brief*

MOTOR RACING: Ewell's Duncan Tappy had mixed fortunes in his final World Series meeting of the season in Barcelona last weekend. Having qualified in 21st, he finished 10th and third rookie in the opening race of the weekend. But a collision saw Tappy and Marcos Martinez finishing in the gravel, causing Tappy to suffer his first non-finish in his eight Formula Renault 3.5 races. Tappy said: "Joining a championship late is always a case of trying to catch up with car knowledge so now that I have experience of the Renault 3.5, I know that next year will be better."

More motor sport: yourlocalguardian.co.uk

RUGBY UNION: Purley John Fisher face Eastbourne this Saturday after a two-week break from the league. Victory could see them move up to fourth in the table. Old Mid-Whitgiftian have also enjoyed a fortnight rest in London Four South West and head to Camberley on Saturday.

Rugby latest: yourlocalguardian.co.uk

RUGBY UNION: Tadworth's David Freeman finished 19th out of nearly 2,700 runners at the Great Eastern Run, a half marathon in Peterborough. Greeman clocked 1:14:14. Meanwhile, at the Surrey Vets cross-country championships, Geoff Newton finished 43rd in 41:29, and was placed fourth in the men's over-60 class. Also taking part was Stephen Robinson, who was 93rd in 1:05:58.

Athletics round-up: yourlocalguardian.co.uk

HOCKEY: Cheam Ladies suffered their first defeat of the season against Woking in Surrey Division One, losing an even clash to a second-half strike. The seconds went down 2-1 against Epsom despite a late goal from Lara Amato. Ellie Waller earned the thirds a 1-1 draw against Kenley with the last hit of the game, but the fourths lost 4-1 to Bank of England.

More hockey: yourlocalguardian.co.uk

FOOTBALL: AFC Ewell U11s were pipped 3-2 by Angelo Saxon, falling to defeat after the last kick of the game. Charlie Wilcox netted both goals for AFC Ewell, but the visitors snatched victory with a last-gasp penalty.

More hockey: yourlocalguardian.co.uk

RUGBY UNION: Glyn Technology School's U14s were pipped 19-12 by Southampton's King Edward VI on Saturday. After eight successive wins, perhaps a little complacency crept in. The scores were level at 12-12 at half-time, Henry Edge and Ollie Cudd getting Glyn's tries – one of them converted by Sam Smith. But King Edward edged in front in the second half.

School sport: yourlocalguardian.co.uk

RUGBY UNION: Old Walcountians have been drawn at home to Sheppey in the fourth round of the EDF Energy Vase. The tie will be played on Saturday, November 22.

More rugby: yourlocalguardian.co.uk

Champions: Belgrave Harriers' winning team for the National Six Stage Road Relays at Sutton Coldfield. From left: Stephen Sharp, Nick Goolab, Stephen Davies, team manager Alan Mead, Simon Jones, Phil Wicks and Neil Speaight

Wicks does relay well

by ANDREW WESTBROOK
sports@london.newsquest.co.uk

Worcester Park international Phil Wicks helped Belgrave Harriers retain their English national six-stage road relay title at Sutton Park, Birmingham, on Saturday, when he took them to the front on the penultimate stage.

Fellow international Steve Sharp (17:37) brought Belgrave in 11th out of the 79 teams on the opening leg, 31 seconds behind leaders Elswick.

Nick Goolab (17:34) got within eight seconds of leaders Winchester as he stormed through to second place, but then Steve Davies (17:40) dropped back to fifth, 14 seconds behind Winchester.

Simon Jones ran a strong fourth stage in 17:51 to get Belgrave back in the running, handing over seven seconds behind Newham & Essex Beagles.

Then came Wicks' strong run as he raced round the 6km circuit in 17:00, the third fastest time of the day, to take Belgrave to the front, a decisive 47 seconds clear of Notts.

It was left to Neil Speaight to hang on in a nail-biting anchor leg, with both Notts and Newham & Essex Beagles closing.

He managed to do it, clocking 17:36 to bring Belgrave home winners in 1:45:18, 32 seconds ahead of Notts and Newham & Essex Beagles (1:45:51).

There was a double celebration for Wicks, as his girlfriend, Emily Adams, was a member of the winning Aldershot, Farnham & District team which retained the title they won last year.

Full story: yourlocalguardian.co.uk

Evans above all the rest

South London Harriers' Ryan Evans finished 34 seconds clear of the rest in Saturday's Banstead Woods 5km Parkrun event.

Evans clocked 17 minutes, 18 seconds as the first four runners all recorded personal bests.

Sutton & District teenager William Bussell was second (17:52), with Sutton Runners' Chris Catt third (17:58).

Another teenager, Epsom & Ewell Harriers' Isabel Brinsden (18:33), finished fourth overall in winning the women's race for the third time in five appearances.

Sutton & District youngster Alex Penfold was fifth (19:02), with South London Harriers' 14-year-old Max Wheeler (20:40) improving his personal best by 30 seconds and teammate Laurence Rook, also 14, clocking 21:05.

South London Harriers' Kate Hewett was second woman (21:13), three seconds ahead of Adele Farrell.

There were also some fine performances by junior girls, with South London Harriers' 14-year-old Helen Claire Wilson (21:38) taking 24 seconds off her best time, with team-mate Maria Kavanagh, who is the same age, just three seconds behind.

A third 14-year-old, Leanne Kavanagh, of Holland Sports AC, slashed 50 seconds off her personal best in clocking (23:14).

Epsom Allsorts' over-55 veteran Gerri Hart produced the best age-graded performance in clocking 22:44.

● Sue Esslemont, of Epsom Allsorts, presented the winners' trophy for her club's Banstead Challenge for performances from April to September to Christina Harris, who finished ahead of Jacquie Ide and Penny Murphy.

● Kaye Benhamin, David Sinclair, Sue Esslemont and Don Esslemont have joined Chris Phelan as co-directors of the Banstead Woods event.

Collingwood AC's Stephen Cooney (SM35-39) leads the men's league standings with 1,443 points, having run 17 times, closely followed by Dave Wilson, of 26.2 RRC.

Fifteen points separate women's leader Jacqueline Godfrey (SL25-29), of 26.2 RRC, with 1415 points, and Claire Ballhatchet (SL25-29), of Sutton Runners.

Banstead Woods wonders: Ryan Evans and Isabel Brinsden Declan Flynn

Result: 1 Ryan Evans (South London Harriers) 17:18, 2 William Bussell (Sutton & District) 17:52, 3 Chris Catt (Sutton Runners) 17:58, 4 Isabel Brinsden (Epsom & Ewell Harriers) 18:33, 5 Alex Penfold (Sutton & District) 19:02, 6 Robert Sharpe 19:15, 7 David Ross (Sutton Runners) 19:28, 8 Stephen Cooney (Collingwood) 19:36, 9 James Mabbutt 19:40, 10 Steven Barber (Sutton Runners) 19:53, 11 Johnathon Wilson (26.2 RRC) 19:55, 12 Martin Mabbutt (South London Harriers) 20:01, 13 Dave Wilson (26.2 RRC) 20:06, 14 Nigel Davidson (Striders of Croydon) 20:18, 15 Simon Rosser (South London Harriers) 20:26, 16 Bill Arnold (South London Harriers) 20:31, 17 Greg Bryant (Sutton Runners) 20:35, 18 Daniel Pope 20:40, 19 Max Wheeler (South London Harriers) 20:40, 20 Richard Browning 20:48, 21 Andrew Stalley (Collingwood) 20:57, 22 Alan Collis (26.2 RRC) 21:00, 23 Stephen Hewett 21:02, 24 Laurence Rook (South London Harriers) 21:05, 25 Les Huitson 21:08, 26 Kate Hewett (South London Harriers) 21:13, 27 Andy Zonfrillo 21:14, 28 Adele Farrell 21:16, 29 Sam Ackerman 21:18, 30 Daniel Haughton (Sutton & District) 21:32, 31 Helen Claire Wilson (South London Harriers) 21:38, 32 David Rest 21:45, 33 Geoff Wilson (Epsom Oddballs) 21:46, 34 Steven Paddock (Thames Hare & Hounds) 21:57, 35 Susan Boros 22:03, 36 Andy Leigh 22:15, 37 Ben Barry (Sutton & District) 22:25, 38 Thomas Stuart Dunford 22:40, 39 Maria Kavanagh (South London Harriers) 22:41, 40 Darren Malcom Beers 22:42, 41 Gerri Hart (Epsom Allsorts) 22:44, 42 Richard Llewelyn Hughes 22:56, 43 Philip Reader 23:08, 44 Leanne Kavanagh (Holland Sports) 23:14, 45 John Press 23:19, 46 Julie Duke 23:20, 47 Francesca Parris (South London Harriers) 23:21, 48 Richard Ganley 23:22, 49 Paul Thatcher 23:31, 50 Ryan Tollit 23:37, 51 John MacMillan 23:38, 52 Tim Lunn (26.2 RRC) 23:52, 53 Stephen Smullen 24:02, 54 Richard Cotton 24:13, 55 Jack Gossington 24:15, 56 Tony Poyser 24:20, 57 Paula Banner 24:28, 58 Amy Billups 24:37, 59 Alan Matthews (Tadworth) 24:38, 60 John Miller 24:46, 61 Tessa Billups 24:48, 62 Geoff Ellis (Epsom Oddballs) 24:50, 63 Mary Matthews (Tadworth) 25:00, 64 Caroline Thruston 25:11, 65 Gary Millingen 25:22, 66 Georgie Holden 25:23, 67 Hannah-Mai Flynn (Epsom & Ewell Harriers) 25:26, 68 Carol Goodwin (Epsom Allsorts) 25:28, 69 Christopher Shortt (Epsom & Ewell Harriers) 25:29, 70 Christopher Brooke (Collingwood) 25:30, 71 Lynn Box 25;34, 72 Alan Imeson (Tadworth) 25:42, 73 Aldo Tacconelli 25:52, 74 Neil Wood 26:01, 75 Peter Warnock 26:06, 76 Patrick Mitchem 26:17, 77 Stephen Richard Hollaway 26:30, 78 Lucy Ashdown-Parkes 26:34, 79 Neil Sunderland (26.2 RRC) 26:51, 80 Elaine Dodds 26:53, 81 Kathy Wetherall (Epsom Allsorts) 27:00, 82 Mike Vickery 27:03, 83 David Quickenden (Collingwood) 27:14, 84 Geoff Kinlen (Epsom Oddballs) 27:21, 85 Matthew Jeffery 27:34, 86 Trish Ann Coombs (Sutton Runners) 27:42, 87 Tamara Collard-Odle (Serpentine) 27:46, 88 Vanessa Anstee 27:46, 89 Janet Cummings (Reigate Priory) 27:55, 90 Susan Esslemont (Epsom Allsorts) 28:14, 91 Rachel Collins 28:17, 92 Zoe Hocking (Epsom Allsorts) 28:30, 93 Lucille Chitty 23:38, 94 Katie Goodliffe 28:49, 95 Mike Bryant (26.2 RRC) 28:53, 96 Michael Crimmen (26.2 RRC) 29:00, 97 Mark Jeffery 29:03, 98 Jonathan Anstee 29:16, 99 Allan Kuhar 29:41, 100 Sue Goodman 29:51, 101 Melvin Trundley 29:54, 102 Pauline Maxton (Epsom Allsorts) 30:01, 103 Elaine Liu-Preston 30:29, 104 Michele Qualtrough (Sutton Runners) 30:35, 105 Sue McIntyre (Epsom Oddballs) 31:01, 106 Christina Harris (Epsom Allsorts) 31:04, 107 Nicky Dunford 31:11, 108 Sue Brinsden 31:48, 109 Jane Foster 31:57, 110 Kevin Burnett (Striders of Croydon) 32:03.

Full result and entry details: parkrun.com

Well done: Samantha Whiting collects her award from Donna Fraser Graeme Fanner

Sutton stars shine in 10K

Sutton athletes enjoyed plenty of success in the Lexus Croydon 10K, held in Lloyd Park, Croydon, on Saturday.

The staff of Wallington County Boys' School won the corporate challenge held in conjunction with the event, which attracted a field of more than 400.

Samantha Whiting, who finished as fourth individual women, was presented with the award by Donna Fraser, one of three Olympians who attended on behalf of organising club Croydon Harriers.

The others were 400m runners Tasha Danvers, a medallist in Beijing, and former John Fisher School pupil Martyn Rooney.

Among the youngsters aiming to follow in Rooney's footsteps were two more Sutton-based Croydon Harriers.

Wilson's student Jordan Maurice came 22nd overall and second in the U20s category in 38 minutes, 32 seconds.

Meanwhile, Wallington resident Scott Fanner, who attends Wallington County Grammar School, came third in the U20s event.

Good run: Scott Fanner

Double champion: Rebecca Romero Stuart Amos

Romero has firm warning

by STUART AMOS

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Olympic cycling champion Rebecca Romero has warned Britain's record medals haul in Beijing must not be taken for granted.

The Carshalton-born 28-year-old, who won gold in the indivual team pursuit, was one of 47 medalists in the Far East as Team GB finished fourth in the table behind China, the USA and Russia.

The cycling squad alone accounted for 14 gongs – of which eight were gold – to raise expectations of a repeat on home turf in 2012.

But Romero, the first British woman to win medals at two consecutive summer Olympics in two different sports, reckons the country must not expect too much of its athletes between now and the London Games.

"The fact we did so well in China has really raised expectations and it has changed people's attitudes towards the Olympics, especially the so-called minority sports," she said.

"The diffulty is going to come when people start expecting great performances too soon.

"People will have to step things up another level just to cope with the added pressure."

Romero is hoping her success can inspire others to similar achievements in 2012.

"I haven't trained since I got back because I've been so busy with public appearances," she said.

"That is an important part of the four-year Olympic project, because our stories can hopefully inspire the next generation."

Epsom are up and running

Epsom HC's men's team finally got their South Premier Division Two campaign up and running with a 2-0 win at High Wycombe on Saturday.

A home draw with Lewes and defeat at a strong West Hampstead oufit meant a win was badly needed with some tough fixtures coming up.

Epsom were well motivated and took the lead when Gary Scott's quick free hit found centre forward Rob Tong in acres of space and he smashed in a low effort that was turned over the line by James Midmer.

Russell Tebay scored the second, chasing down an aerial pass and clipping the ball past the onrushing keeper.

Going close: Richard Jolly tries to go round the Hastings United goalkeeper on Saturday Tony Nash

Bird: Let's banish errors

by SIMON FITZJOHN

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Hayden Bird has challenged Carshalton Athletic to cut out the errors when they return to league action this weekend.

Saturday's 3-1 defeat at Hastings United curtailed the Robins' interest in this year's FA Trophy at an early stage and, with a crunch Ryman League Premier Division match against Staines Town looming this weekend, the manager has demanded improvement.

Bird said: "If we are to have a blip, then I would much prefer it to be in a cup competition.

"We do have a responsibility to the club in the cup competitions – and in many ways we have let the club down.

"But our focus has always been the league this season.

"I am hoping we have got the errors out of our system, and I don't expect another performance like that on Saturday."

Carshalton had only Junior Kadi's consolation to show for their efforts against their league rivals, leaving Bird a disappointed man.

He added: "We were certainly not at our best. Hastings had three good chances and scored three goals, whereas we had 10 good chances.

"We made mistakes for their goals, and made mistakes in front of goal.

"It was just one of those days."

The second-placed Robins are two points clear of fourth-placed Staines, who have two games in hand, but Bird was keen not to overstress the weekend's clash.

"It would be a much bigger game if it were March or April," he said.

Carshalton's next three matches: Oct 25 Staines Town (h), 28 Heybridge Swifts (h), Nov 8 Tonbridge Angels (a).

Knights fully focused on beating the drop

On the charge: Sutton hooker James Bennett

by STUART AMOS

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Sutton & Epsom head coach Martin Knights has dismissed talk of relegation by insisting his side can beat the drop, despite losing their opening six competitive matches.

Knights' men crashed out of the EDF National Trophy 47-20 at old foes Richmond on Saturday, a game which saw second half tries for 18-year-old Wasps on-loan centre Will East, number eight Anton Kriel and 19-year-old winger Charlie Purvis.

Sutton, currently without five first team regulars, are rooted to the foot of the London Division One table, but have produced a host of performances that have belied their lowly position.

Number two Jimmy Joyce has said the side have not been getting the rub of the green in recent weeks – in particular in the recent defeat to Barnes.

But Knights reckons they need to start making their own luck and believes it is the little things that will count.

"The performances are getting better and better. It is only a matter of time before we start winning, but we must make Lady Luck smile on us as opposed to waiting for it to happen," he said.

"It is the little one per cent things off the pitch that eventually make the difference on it.

"Barnes know they didn't deserve to win that game and Shelford are going to get the back lash this week. It is going to be the reboot for our season.

"We are not going down. I've put too much into this for that to happen.

"This division is not as strong as it was last year. We've targeted games we can win. We will win them and get up to mid-table before the season is out."

Sutton still have Tony Davis, Austin Shepherd, James Clarke, Keith Middleton, Simon Green and Lyndon Burrell on the treatment table ahead of the pre-Christmas league programme.

But Knights has been impressed with the way youngsters like East and Purvis have pressed their claims for a starting slot and insists they can handle the pressure.

"The pressure created of not winning is mine and mine alone. I don't want the players to feel it and I don't want them to go away from what they have been doing," he added.

"We have got to rise above things, get back to basics and, if we can get a win under our belts, the whole atmosphere at the club will change."

Sutton & Epsom's next three games: Oct 25 Shelford (a), Nov 1 Old Albanians (h), Nov 8 Midlands (a).

Carrying the ball: Sutton's Ray Enslin

Philpot's joy at Horsham

by JOHN ASHTON

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Coach Ron Philpot was delighted with Leatherhead Swimming Club's victory in the opening round of the National Swimming League at Horsham on Saturday.

Even though several swimmers were making their first appearance, Leatherhead blew away the opposition.

Philpot said: "This was a fantastic performance, with huge numbers of PBs and with everyone, especially the youngsters, swimming out of their socks."

Leatherhead won 12 of the 50 events, also claiming 16 second places and nine thirds.

Chris Ashton started the ball rolling by leaving his opposition for dead in the men's open 200m individual medley.

He was followed in the very next race by the girls' 11 years 4x50m freestyle relay team of Rachel Dunn, Gabriella Orlich, Eloise Crowther and Suzanne Norman.

Debutante Suzanne Norman powered away from the field to win the girls' 11 years 50m backstroke in a personal best time.

Tyler Hampton took the field apart in an elegant 100m butterfly victory, while one of Leatherhead's senior swimmers, Stuart McCrea, was imperious in winning the men's open 100m backstroke.

David Andrews then blasted his way to victory in the boy's 15 years 100m breaststroke.

Full report: yourlocalguardian.co.uk

It's Rock and Wal in Vase

by ROB MURPHY

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Old Walcountians stormed into the fourth round of the EDF Energy Junior Vase with a thumping 67-7 demolition of Surrey League One opponents Old Paulines on Saturday.

Walcountians notched up 10 tries, with Chris Walsh (3), Chris Drinkwater (2), Callum Stone (3), Ryan McGibbon and Chris Mockford all going over as Paulines struggled to cope with some storming attacks.

With eight of the 10 tries converted by Mockford, who also hit a penalty, Walcountians' eventual winning margin was 60 points.

Hooker Ian Richardson and lock Tom McDowell were outstanding in winning the ball and driving play forwards, as the backs were presented with an avalanche of possession.

The pacy Walcountians wings Chris Walsh and Ryan McGibbon were almost impossible to contain throughout.

Walcountians spent much of the third quarter on the defensive, but their tackling became more assured as the match continued. They were particularly indebted to massive prop Ben Anderson, who rattled Paulines with some thunderous tackles which frequently led to turnovers.

On Saturday, Walcountians return to league action when they take on Old Amplefordians at Clock House (2.45pm).

Full report: yourlocalguardian.co.uk

Sport

also at yourlocalguardian.co.uk/sport

Contact the sports desk on 020 8330 9580

on the INTERNET

TENSE TIMES FOR SWING KING ROSS

yourlocalguardian.co.uk

Hough is the hat-trick hero

Kyle Hough fired his first hat-trick for the club as Epsom & Ewell kept up the pressure at the top of the Combined Counties League.

Hough struck a triple in Epsom's 4-2 win at Sandhurst Town on Saturday, stretching their unbeaten start to the season to 10 games and cutting the gap to leaders Camberley Town to a single point.

Charlie West grabbed the other goal as Epsom ran riot, securing their seventh win of the season.

Lyndon Buckwell's men will look to strengthen their position when mid-table Molesey are the visitors to Merland Rise on Saturday.

Epsom & Ewell's next three matches: Oct 25 Molesey (h), 28 Wembley (a), Nov 1 North Greenford United (a).

More football: yourlocalguardian.co.uk

Bob's back as boss

by SIMON FITZJOHN

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Bob Langford has been installed as the new Leatherhead manager in the wake of Ian Hazel's resignation last week.

The former Croydon Athletic number two (pictured right) arrives at Fetcham Grove having overseen successful spells at Banstead Athletic, Redhill and Tooting & Mitcham among others, and was delighted to take up the hot seat at Leatherhead.

Langford said: "I was very, very happy at Croydon but, when an opportunity comes along to be manager of a club like Leatherhead, you take it.

"It is a good football club – I know the set-up here and am confident I can be a success.

"I would not have quit Croydon for any old job, but Leatherhead was not a difficult decision to make.

"I am a good man-manager and I aim to bring all those skills to the table at Leatherhead."

Langford's first steps in management came at the end of a playing career that included spells at Dulwich Hamlet and Epsom & Ewell.

Starting out on the back-room staff at Tooting & Mitcham, Langford quickly realised that – in his words – "my forte was in coaching".

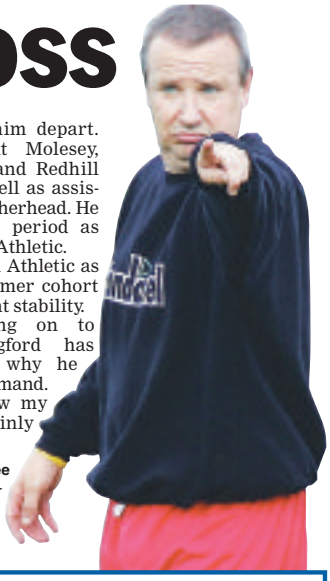
Swiftly appointed first-team manager at Imperial Fields, Langford enjoyed his time before a falling out saw him depart. Coaching spells at Molesey, Banstead Athletic and Redhill followed before a spell as assistant manager at Leatherhead. He then spent a brief period as coach at Carshalton Athletic.

Moving to Croydon Athletic as coach under his former cohort Dave Garland brought stability.

And now, moving on to Leatherhead, Langford has definite views on why he continues to be in demand.

He added: "I know my stuff and I certainly know my football."

Leatherhead's next three matches: Oct 25 Godalming Town (a), 28 Walton Casuals (h), Nov 1 Croydon Athletic (a).



Epsom slip

Epsom Ladies went down to a 2-1 defeat to Buckingham in their latest Women's South Premier Division One clash.

The game was played largely in Epsom's half, but Sarah Wight was in good form in goal and the defence held out well until 10 minutes before the break.

The visitors scored from open play when Andrea Shipwater was allowed into the circle to shoot with no challenges.

Four minutes later, Zoe Shipperly made it 2-0 with a fiercely struck penalty corner.

Epsom held out until half-time, when coach Alex Pizzey changed the formation.

Sarah Scott scored from a corner on 55 minutes to give the home team hope, but it proved to be a consolation goal.

Epsom travel to Oxford Hawks on Saturday.

More hockey: yourlocalguardian.co.uk

Mother and daughter duo say hello to the stars

Veteran athlete Mandy Rowley and her daughter Ellen got up close to several big names during last week's London Olympic parade.

The duo met London Mayor Boris Johnson as well as Beijing cycling hero Chris Hoy at Trafalgar Square as the cream of Team GB passed through the capital's streets.

Mandy is a former international athlete who has just returned to athletics as a vet in long jump and high jump.

More athletics: yourlocalguardian.co.uk

Big moment: Ellen Rowley meets Chris Hoy, and is joined by mother Mandy and Boris Johnson (right)

REGULAR SPORT UPDATES at yourlocalguardian.co.uk

SPORTS*brief*

GOLF: Professional golfer Ross McGowan's hopes of qualifying for the end of season Volvo Masters hang in the balance after a disasterous week at the Portugal Masters. The Cheam-based 26-year-old (pictured above) failed to make the cut for the third successive tournament since a top-10 finish at the European Masters in September. McGowan shot nine over par to finish tied in 117th, which sees him slip to 72nd in the European Order of Merit with one tournament remaining.

Full story: yourlocalguardian.co.uk

ATHLETICS: Tadworth AC's Dave Williamson had a superb run at Twickenham in the Cabbage Patch 10, one of the fastest 10-mile courses in the country. Joining a competitive field of 1,500 runners, Dave was pleased to finish 84th in a time of one hour, one minute and 55 seconds. He was followed by club-mate Steve Hutton, 129th in 1:04:32.

Other Tadworth times: 543 Martin Farrelly 1:17:25, 681 Graham Reid 1:19:07, 805 Roland Hogg 1:21:55, 1395 Nigel Barton 1:46:00.

More athletics: yourlocalguardian.co.uk

FOOTBALL: Banstead Athletic maintained their top-six position in the Combined Counties League when they held unbeaten league leaders Camberley Town to a goalless draw on Saturday. Chances were at a premium as Banstead held on their third clean sheet in four games.

Athletic's next three matches: Oct 25 Ash United (a), Nov 1 Raynes Park Vale (h), 8 Badshot Lea (a).

More football: yourlocalguardian.co.uk

ATHLETICS: South London Harriers' Ryan Evans won Saturday's Banstead Woods 5km Parkrun.

Full results: See page 85 & yourlocalguardian.co.uk

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advertisement feature

Book early for Christmas

Top tips for creating the wow factor

It's almost time for the your next Christmas party. Yes, it's time to get that little black number and sparkly accessories out again!

But if you've ever experienced the misery of turning up at a do looking like a poor impression of the high street's Christmas decorations, or have turned down a party invitation because you haven't a clue what to wear, you'll know what a tough time it can be. Beading, metallic trimmings and shimmer are great, but too much shine can be overwhelming, especially if it appears in places that don't necessarily need highlightighting (such as beading highlighting the chest area on a busty figure). Less is often more when it comes to shine.

Under wraps

Acres of thigh and a deep plunge top might look good on Jodie Kidd, but be honest about your legs. In front of the camera it's easy for a supermodel to strike the right pose, but in a heaving mass of people at the office party you might struggle. Try to leave as much to the imagination as possible. Think sexy, not sleazy.

Be prepared

Shop early so that you have something to hand at short notice. Also, by getting in quick you can have the widest possible choice, especially if you're not an average size.

£69.50 will ensure all eyes are on you in this beaded jewel silver dress from the Per Una Christmas '08 range at M&S

Simple works

If coordination is not your strong point, don't worry too much; accessories can be kept to a minimum and elaborate colour schemes banished from the mind. One colour in a few tones, or a simple accessory will really catch the eye.

Dress just right

Find out what the dress code is before you think about your outfit. And make sure your definition of cocktail dress coincides with the hostess's.

'Dressy Casual' or 'Cocktail Attire' might seem clear enough, but even those labels are open to interpretation. You don't want to be gliding around in a long dress looking like a Disney princess if everyone else is shimmying around in a mini.

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